

# Tips for Grandparents



How exciting to become a Grandparent! Here are some helpful suggestions to prepare you for your new role from the nurses and education specialists at Siouxland's premier birth center.

- Support the new parents.
- Offer to help with house chores. Or offer to watch the baby for a few hours while you let the new parents take a nap.
- Call before you visit.
- Respect the method of discipline that the parents have chosen – even if it's different than what you did.
- Don't give advice unless it's asked for.
- Be sure to treat all your grandchildren equally.
- Acknowledge your grandchild's feelings. Be a good listener and a confidant.
- Let your grandchildren help with chores.
- Always transport your grandchildren in car seats.
- Think child safety right away. Childproof your home. Watch hot liquids. Don't leave children in a tub alone. Get used to placing purses in unreachable places.
- Spend time reading to your grandchildren. This may become a favorite memory to your grandkids.
- Be respectful of other family members. Do not be competitive with other grandparents

