2026 HeartCode ACLS

Purpose and Intended Audience:
HeartCode ACLS is a blended learning course. The online portion (Step 1) is a self-directed, comprehensive eLearning program that uses adaptive learning technology to allow learners to acquire and demonstrate ACLS skills using a personalized learning path that adapts in real time to the learner's performance. The program is designed for healthcare professionals who need ACLS training for their clinical duties. The hands-on portion (Step 2) is completed with an AHA ACLS instructor.

- Step 1 is completed at the American Heart Association website which uses dramatizations, cognitive assessments, illustrations, knowledge checks, and interactive activities. This program takes approximately 4 hours to complete.
- Step 2 is the hands-on skills practice and testing by an ACLS Instructor at UnityPoint Health – Des Moines and requires approximately 2-4 hours to complete.
- Both steps must be completed to receive an ACLS Provider eCard.

How to Complete Step 1:
Log onto the American Heart Association website at HeartCode® ACLS Online for the HeartCode ACLS Online. Purchase and complete all the lessons.

Print out or download the HeartCode certificate showing completion of the Step 1 online portion. Email to DM_CTC@unitypoint.org.

How to Complete Step 2:
Click to register at this link: 2026 HeartCode ACLS Course Registration

The certificate showing completion of the online portion must be presented prior to the hands-on skills portion of this class. An ACLS Provider eCard will be issued after the successful completion of the hands-on skills portion of this class.

The cost is $140 ($115 for UPH Clinic employees) for the hands-on skills portion of this class. Make checks payable to UnityPoint Health-CTC or call 515-241-6811 to pay with credit card.

CE Credit:
Continuing Education Credit is provided by the AHA upon successful completion of the Step 1 computer portion for physicians, physician assistants, nurses, pharmacists, and EMTs/paramedics.

No CME/CEU/CEH credit will be awarded from the UnityPoint Health – Des Moines Training Center for Step 2.

Location:
Iowa Methodist Medical Center – Des Moines
Education and Research Center
Directions will be sent in confirmation email.

2026 Dates & Times

Jan 21	9am-12pm
Feb 4	9am-12pm
Mar 12	9am-12pm
April 1	9am-12pm
May 13	9am-12pm
June 10	9am-12pm
July 24	9am-12pm
Aug 5	9am-12pm
Sept 2	9am-12pm
Oct 19	9am-12pm
Nov 10	9am-12pm
Dec 9	9am-12pm

** If none of the above dates work, please call to discuss a special session at an additional $50 fee.*

Cancellation Policy:
- The registration fee, minus $50.00 is refundable up to three business days prior to the program.
- UnityPoint Health – Des Moines reserves the right to cancel the program due to insufficient enrollment. If this occurs, registration fees will be refunded.
- Courses canceled due to adverse weather conditions will be rescheduled at no extra charge. Participants will be granted a full refund if there is a conflict with the new date.

Questions – Email DM_CTC@unitypoint.org

American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

American Heart Association
Learn and Live
AUTHORIZED TRAINING CENTER

UnityPoint Health
Des Moines

Community Training Center
1200 Pleasant
Des Moines, IA 50309
Fax:515.241.5038
DM_CTC@unitypoint.org