



UnityPoint Health  
Trinity Regional Medical Center

**2025**  
Community Health  
Needs Assessment  
Report

# **Trinity Regional Medical Center**

## **Community Health Needs Assessment (2025-2027)**

### **Introduction**

#### *Overview of Trinity Regional Medical Center*

UnityPoint Health – Trinity Regional Medical Center serves an eight-county area in North Central Iowa surrounding the city of Fort Dodge. As a designated regional referral center, Trinity offers a wide range of primary and secondary care services. The hospital employs over 1,000 health care professionals, technicians and employees and has a medical staff of more than 100 providers. Trinity is accredited by DNV Healthcare Inc. and has achieved Pathway to Excellence® designation by the American Nurses Credentialing Center.

The main hospital facility has approximately 554,000 square feet of space. Beyond the main campus, Trinity provides outpatient mental health services at Berryhill Center, and primary care and walk-in care at UnityPoint Clinic.

In 2024, Trinity Regional Medical Center had 3,965 inpatient discharges and 326,254 outpatient visits, with 18,471 emergency department visits and 3,836 surgeries. Trinity is the only hospital in Webster County and the only regional referral center in Northwest Central Iowa.

Providing community benefit is a priority of Trinity Regional Medical Center. The organization continues to enhance the services provided to the community every year. The overall approach focuses on addressing community needs while fulfilling the organization's mission *of improving the health of our community*.

The organization's commitment to community benefit goes beyond the work done at the main campus, with programs that educate, engage and support the wellness and wellbeing of the community. Trinity offers health and wellness education, including screening options and access to a public walking path, for those seeking a healthier lifestyle. Trinity's community engagement work is another example of the organization's community commitment to provide services to address the needs of poor and underserved individuals and families. Fort Dodge has a higher-than-average number of students who qualify for free or reduced cost school lunch. To support these families, Trinity started the Back-to-School New Shoes program for students, who meet this qualification, to receive a free pair of new tennis shoes for the first day of school.

Additionally, Trinity serves its community's mental health needs through Berryhill Center. Berryhill Center provides mental health services and treats a range of emotional and behavioral disorders, from short-term problems to the most disabling illnesses for children, adolescents, adults and seniors.

As a tax-exempt organization, Trinity Regional Medical Center embraces the responsibility to reinvest its earnings in its programs and facility to serve the community. Trinity enthusiastically supports more transparency in public reporting.

### *The Community Trinity Regional Medical Center Serves*

Webster County is the primary service area of Trinity Regional Medical Center. There are approximately 36,500 people living in Webster County, of which 15% are minorities.

Race	Percent of Webster County Population
White – Non-Hispanic	84.7%
Hispanic or Latino	6.7%
Black Non-Hispanic	5.2%
Asian	1.2%
All Others	2.2%

In 2024, 65% of Trinity’s inpatient visits were by residents of Webster County, while 71% of the outpatient visits were by residents of Webster County. Trinity’s primary market is defined as Webster County and its secondary market area includes Calhoun and Humboldt counties.

The region Trinity serves is rural with the majority (68%) of the population residing in the county seat, Fort Dodge. Of Webster County’s approximate 36,500 residents, nearly 25,000 live in Fort Dodge. According to the 2023 United States Census data, 20.2% of those living in Webster County are 65 years of age or older, compared to the national average of 17.7%.

The median household income in Webster County is \$68,054 compared to the statewide median household income of \$73,147. 92.3% of Webster County residents are high school graduates, but only 20.5% have received a bachelor’s degree or higher education. These numbers are both below the state averages.

## Assessment Process and Input

### *Community Health Needs Assessment Background*

Trinity Regional Medical Center identified unmet community health care needs in Webster County in a variety of ways. First, Trinity solicited advice and feedback from internal and external participants to help develop a plan and foster collaboration among several agencies in the community. External participants included Webster County Health Department, The United Way and Greater Fort Dodge Community Foundation, Upper Des Moines Opportunity, the city of Fort Dodge and the Federally Qualified Community Health Center. Internal participants came from various hospital departments, including Berryhill Center, Quality & Performance Improvement, Diabetes Center, Community Wellness, and Marketing & Community Relations. The group formed the Webster County Community Health Needs Assessment Planning Committee.

This committee developed the objectives for the assessment: (1) To identify and prioritize the health needs in Webster County; (2) To establish a process to gather community input; (3) To foster and/or develop projects/programs that address health and well-being needs; improving health outcomes and access to health care; (4) To coordinate and leverage resources to support the Community Health Needs Assessment findings.

Over the course of three months, June – August 2024, the committee gathered community input in a variety of ways. They developed a 16-question survey, consisting of eleven demographic questions and five health-related questions. The survey was available in both English and Spanish. A postcard containing information about the survey and how to access it was mailed to every Webster County resident. The survey was available online and paper hardcopy, upon request, at the hospital, public library, public health and community health center. The survey was promoted through radio, Facebook, posters in prominent businesses, e-newsletters, and community events. Local employers also shared it with their employees. In addition to the community survey, business and community leaders, along with city and county officials were interviewed regarding community health needs. Interviews were also conducted with a variety of health care providers in Webster County regarding their opinions of the community's health needs.

Community input was gathered through:

- 274 Confidential Survey Responses (Attachment C)
- 29 Business/Community Leader One-on-One Interviews (Attachment B)
- 5 Health Care Provider and UnityPoint Health Employee One-on-One Interviews (Attachment B)

Finally, the committee reviewed available population data to help determine the health needs for Webster County.

- **County Health Rankings & Roadmaps:** The Community Needs Index identifies the severity of health disparities for every county in the United States and demonstrates the link between health outcomes and health factors. For each county in the United States, the Community Needs Index

aggregates socioeconomic factors and physical environment factors to health outcomes known to influence how well and how long we live.

- **Other Available Data:** Internal patient data and other publicly available data and analysis of the market, demographics and health service utilization were also reviewed.

The material presented in this document is based on Webster County's Community Health Needs Assessment conducted during 2024-2025.

## **Response to Findings**

### *Identified Needs*

In July 2024, the Webster County Community Health Needs Assessment Planning Committee met to review all the data, discuss the findings and determine the strategic priority areas for community health need activities. Prior to the meeting, committee members reviewed all the data gathered and publicly available information to assist in identifying the needs and to ensure the committee was fully informed and prepared for a productive discussion. The committee also took the following questions under consideration while identifying the priority areas:

- How many people does this affect?
- Is it a serious issue?
- At what level are the public aware/concerned about the issue?
- Does this issue contribute to premature death?

During the meeting, the Planning Committee identified the following as priority areas:

- Mental/Behavioral Health and Substance Abuse
- Access to Specialty Care
- Community Safety

## **Prioritized Significant Community Health Needs**

### *Mental/Behavioral Health and Substance Use*

One of the greatest challenges facing the U.S. health care system is the provision of quality, cost-effective mental health care to the significant segment of the underserved population without access to specialty physicians because of factors such as geographic limitations or socioeconomic conditions. According to the National Institute of Mental Health, 57.8 million adults live with mental illness – nearly one in five U.S. adults. 22.2% of U.S. adolescents, aged 13-18, had or have a severe impairment due to mental illness. In addition, the National Alliance on Mental Health's research shows 1 in 6 U.S. youth, aged 6-17, experience a mental health disorder each year. Mental health centers face challenges in recruiting qualified psychiatrists to provide adequate and timely care. They struggle to keep up with the growing need of inpatient beds available to this underserved population.

According to Mental Health America, Iowa ranks 25 out of 50 states in the number of psychiatrists per capita. This trend has had a catastrophic effect on the ability to appropriately manage behavioral health consumers in our region. When the increasing demand for behavioral health services is layered against the national shortage of psychiatrists, Webster County faces a serious and growing problem. Webster County is designated as Health Professional Shortage Area (HPSA) for mental health providers. According to Department of Health and Human Services, there is 1 mental health provider for every 340 people in Webster County.

According to the Department of Health and Human Services, in Iowa the most commonly used substances are tobacco, alcohol, marijuana, methamphetamines, opioids, and prescription drugs. The state ranks in the top ten for reported alcohol use at 57%, compared to 53% of adults reporting alcohol use nationally. In Webster County, 23% of adults report binge drinking. According to County Health Rankings, alcohol use also influences safe driving, with 30% of motor vehicle deaths involving alcohol. Iowa recently had a 64% increase in opioid involved overdoses. Substance use can be deadly, but in many cases, it can also mean the need for treatment. According to Mental Health America, 15.73% of adults in the U.S. struggle with substance use disorder, while 47.2% of adults with mental illness didn't receive treatment.

### *Access to Specialty Care*

There are several barriers that contribute to the access to specialty care issue in Webster County. First and foremost, the biggest barrier is the number of health care providers per resident of Webster County and in the state. According to County Health Rankings and Roadmaps, in 2024 there was one primary care physician per 2,320 Webster County residents, along with Iowa's average of only one primary care physician for every 1,390 residents. Specialty care is even more difficult to recruit to a rural market, like Webster County. In 2021, the American Hospital Association (AHA) reported that although 20% of Americans live in rural communities, fewer than 10% of physicians practice there. And, unfortunately, those percentages are not improving.

According to *The Complexities of Physician Supply and Demand: Projections From 2021 to 2036* from the Association of American Medical Colleges, it is predicted that for the next few years, most of the shortages

will be non-primary care physicians. The increased demand in medical specialties is tied to an aging population requiring specialized care. There will also likely be a greater demand for surgeons. The National Library of Medicine also reported that 1/5 of the US population lives in rural counties, while less than 10% of clinicians practice in rural areas. This means there are less rural specialists, and these rural residents are required to travel to more urban communities to receive needed specialty services. The lack of care close to home creates a barrier for patients to receive timely care.

### *Community Safety*

For the first time since conducting a Community Health Needs Assessment in Webster County, community safety was identified as a priority. Contributing to this response is Webster County's increased crime rate. Webster County ranks third in Iowa counties for crime per capita, with a crime rate of 79.09 per 1,000 people. Webster County is in the 8th percentile for safety. Meaning 92% of Iowa counties are safer and 8% are more dangerous. There are 12 active gangs in Webster County whose target audience for recruitment is teenage males. The majority of the gun violence involves young males ages 14-17.

Additionally, workplace violence impacts healthcare greater than any other industry. In fact, OSHA estimates 70% – 74% of all workplace violence occurs in healthcare or social services settings. According to IAHS, 93% of simple assaults and 83% of aggravated assaults that occur in the healthcare environment are visitor/patient attacks on staff. Workplace violence is a major concern due to the high rate of verbal and physical attacks on staff. In addition, there are downstream impacts to hospitals including costs related to staff injuries, lower staff engagement and retention rates, and loss of revenue due to disruption of services.



## Potential Available Resources

As a result of the survey findings, the Webster County Community Health Needs Assessment Planning Committee developed subcommittees to identify opportunities for collaboration for the strategic priority areas. Through the subcommittees, the following potentially available resources were identified:

### *Mental/Behavioral Health & Substance Use*

- Beacon of Hope – Men’s Homeless Shelter
- Berryhill Center
- Catholic Charities of the Diocese of Sioux City
- Central Iowa Community Services
- CFR – Community and Family Resources
- Children & Families of Iowa
- Community and Family Resources
- Community Health Center
- Crisis Childcare
- Crisis Intervention
- DSAOC – Domestic Sexual Assault Outreach Center
- Families First Counseling Services
- Family Medicine Clinics
- Family Support Groups
- Grace Counseling & Consulting
- Integrated Health Home Programs for Adults and Children
- Integrated Mental Health Services in all Webster County Schools
- Iowa State University – Strengthening Families
- Lutheran Family Services
- NAMI of Central Iowa
- Peer Support Groups
- Webster County Health Department
- Youthnet – United Way program designed to bring providers together to coordinate services for youth in Webster County
- Youth Empowerment – It Gets Better FD
- Youth Shelter Care Lutheran Family Service
- YWCA

### *Access to Specialty Care*

- Children and Families of Iowa
- Community Health Center
- Elderbridge
- Emergency Department

- Express Care (Walk-In Clinic)
- Family Medicine Clinics
- Iowa Department of Human Services
- I-Smile – Oral Health Assistance through Webster County Health Department
- Pediatric Clinic
- Proteus – Migrant Health Program
- Provider Recruitment
- Together We Care – UnityPoint Health (a social services resource tool)
- Trinity Foundation
- Trinity Regional Medical Center Certified Financial Counselors
- United Way of Greater Fort Dodge
- UnityPoint at Home Specialty Pharmacy
- UnityPoint Clinic – Family Medicine (Fort Dodge and Regional Locations)
- UnityPoint Clinic – Specialty Clinics
- Upper Des Moines Opportunity
- Virtual Care – Telehealth
- Webster County Health Department

#### *Community Safety*

- AFES
- CICS
- City of Fort Dodge
- Crime Stoppers
- Fort Dodge Fire Department
- Fort Dodge Police Department
- Iowa State Patrol
- SALT Center
- Webster County Health Department
- Webster County Sheriff's Department
- Webster County Emergency Management

## Evaluation of Impact

The following information is in regard to UnityPoint Health – Fort Dodge’s response to the 2022 Community Health Needs Assessment Strategic Priorities.

### **Strategic Priority #1: Mental/Behavioral Health and Substance Abuse**

Berryhill Center addressed mental health and substance abuse needs by increasing provider availability in Webster County. Berryhill Center added a full-time child/adolescent Psychiatrist. Additionally, therapy and medication management have been integrated to several rural UnityPoint Clinic Family Medicine locations in the market area. There was also a substance use disorder counselor added to increase capacity with substance use disorder services. A Clinic Peer Support role was added to work with any Berryhill patient, providing additional support.

Berryhill Center made the decision to sunset the Behavioral Health Urgent Care two years ago as it structured during COVID. However, the support didn’t stop, it just looks a little different. Berryhill Center now manages crisis calls and walk-ins on a daily basis. Patients can call or walk in during business hours and talk to someone who can support them in crisis. Trained team members support the patient by getting care at the Center or seeking a higher level of care, if needed. 24-hour care is available by calling their after-hours phone line.

Berryhill Center continues to provide substance use disorder services, as well as onsite primary care, a CLIA-waived lab, pharmacy services, and health and wellness classes to support this underserved population. Additionally, services have been added to support patient needs. New programs include WRAP (Wellness Recovery Action Plan) and WHAM (Whole Health Action Management) groups.

Berryhill Center offers telehealth services to improve access to care at more accessible times as well as evidence-based practices and modalities in treating patients like parenting support groups, pet therapy, school-based services, and parent child interaction therapy.

### **Strategic Priority #2: Encouraging healthy behaviors and disease prevention across the life span.**

As the largest employer in Webster County, Trinity committed to supporting our team members’ health. On our employee wellness platform, “OnPoint for Health,” it is stated, “During these busy and stressful times, it is more important than ever to take care of our bodies and minds, so we can take care of others. One of the best ways to prioritize your health and well-being is to receive an annual physical, and we encourage you to continue this practice this year as well.” Various health challenges and resources (nutrition, exercise, mental health, sleep, stress, etc.) are offered, which can be completed for points. These points are reimbursed for monetary rewards.

A “Wellness Credit” is given to employees, each pay-period, who obtain an annual physical from their healthcare provider and complete an annual Health Risk Assessment (HRA) via OnPoint for Health. The HRA focuses on biometric results, risk scores for cancer, diabetes, emotional health (depression, stress, and sleep), and heart disease, and modifiable behaviors (nutrition, physical activity, medication adherence, and

weight management). Completing those two steps is another way Trinity employees can earn a monetary reward by giving themselves the same quality care that they give patients.

Wellbeats is an on-demand fitness and wellbeing benefit to inspire employees to stay healthy and feel better than ever. It includes over 600 workouts, including: yoga, HIIT, strength training, walking, running, barre, Pilates and cycling. It also has over 20 motivating challenges, along with nutrition education and healthy recipes. Classes are available for all ages, levels, and interests, and available from a phone, computer, tablet or on Apple TV.

Trinity Regional Medical Center's family medicine clinics have been focusing on encouraging patients to complete their annual wellness visit. Preventative visits should start at birth with well child visits and continue annually. In 2022, TRMC family medicine clinics completed 8,637 Medicare Annual Wellness Visits. For youth, 569 well baby visits (under age 3) and 7,437 well child physicals, ages 3-18, were completed. The impact of this work is evident by the continued improvement in the numbers in 2023 and 2024.

2023:

- Annual Wellness Visit: 9,195
- Well Baby Visits: 591
- Well Child Physicals (Ages 3-18): 7,625

2024:

- Annual Wellness Visit: 9,448
- Well Baby Visits: 696
- Well Child Physicals (Ages 3-18): 7,980

Additionally, Trinity holds an annual Health Fair for the community. The purpose of the Health Fair is to educate the community regarding the health services available in the community. Providers and specialists are available to help answer specific questions and schedule appointments for the attendees. Attendees also received a free skin cancer screening and lab draws could be completed.

Trinity also addressed a need for the community when the local mall closed, removing the free indoor walking option in Fort Dodge. As the community's partner in health, Trinity mapped out a walking path inside the hospital for individuals to walk in a safe, climate-controlled space.

### **Strategic Priority #3: Improving Access to Care**

The opening of UnityPoint Clinic Express, a new walk-in clinic in the Crossroads Corridor, a high traffic area in Fort Dodge, significantly improved access for acute patient needs. Additionally, there was improvement in recruitment for the family practice clinics opening up primary care availability.

Through programs and funding from Trinity Foundation, the organization was able to assist patients with the costs of medications, co-pays, co-insurance, medical expenses and other assistance. The following represents the individuals served by this assistance:

- 2022 – 561
- 2023 – 1,337
- 2024 – 616

Additionally, bus passes are provided to patients in need to assist in getting to doctor's appointments, procedures, etc. The following is the number of bus passes provided:

- 2022 – 639
- 2023 – 943
- 2024 – 889

## **Additional Reading Links:**

[U.S. Census Bureau QuickFacts: Webster County, Iowa](#)

[Webster, Iowa | County Health Rankings & Roadmaps](#)

[Mental Illness - National Institute of Mental Health \(NIMH\)](#)

[Mental Health By the Numbers | NAMI](#)

[2024-State-of-Mental-Health-in-America-Report.pdf](#)

[HPSA Find](#)

[Substance Use and Misuse | Health & Human Services](#)

[Opinion: Iowans are using, and dying from, lethal drugs more than ever](#)

[rural-report-2019.pdf](#)

[Access to specialty healthcare in urban versus rural US populations: a systematic literature review - PMC](#)

[Webster County, Iowa Sheriff's Office - RVCRI](#)

[Webster County, IA Violent Crime Rates and Maps | CrimeGrade.org](#)

[Guidelines for Preventing Workplace Violence for Healthcare and Social Service Workers](#)

[2023 IAHS Foundation Crime Survey](#)

## Attachment A

### Webster County Community Health Needs Assessment Planning Committee Members

<b>Name</b>	<b>Title</b>	<b>Organization</b>
Tricia Winninger	Program Coordinator	The United Way and Community Foundation of Greater Fort Dodge
Megan Hicks	Manager, Surgical Services and Diabetes Center	Trinity Regional Medical Center
Alisa Schlieff	Family and Community Services Director	Upper Des Moines Opportunity
Jennifer Sumpter	Director	Webster County Public Health Department
Bre Case	Operation's Specialist	Webster County Public Health Department
Regina Suhrbier	Outreach Coordinator	Community Health Center
Lori Brandershorst	Parks, Recreation & Forestry Director	City of Fort Dodge
Jennifer Pullen	Executive Director	UnityPoint Health – Berryhill Center
Shannon McQuillen	Vice President of Operations	UnityPoint Health – Fort Dodge
Bianca Aquino	Community Health Needs Assessment Intern	UnityPoint Health – Fort Dodge

## **Attachment B**

### **Community Health Needs Assessment Interview Participants**

#### **Business/Community Leaders:**

- Alisa Schlieff, Upper Des Moines Opportunity
- Alyssa Vitzthum, Community Health Center
- Astra Ferris, Fort Dodge Greater Growth Alliance
- Beth Wickwire, Webster County Department of Human Services (DHS)
- Bre Case, Webster County Public Health Department
- Brian Bidleman, Beacon of Hope
- Charles Clayton, Athletics for Educational Success (AFES)
- Dave Flattery, Fort Dodge City Council
- Elizabeth Stanek, Linking Families and Communities
- Erin Arndt, Parks and Recreation
- Jennifer Sumpter, Webster County Public Health Department
- Jesse Ulrich, Iowa Central Community College
- Josh Porter, Fort Dodge Community School District
- Julie Thorson, Friendship Haven
- Justin Daggett, Manson Northwest Webster School District
- Kenny Shannon, Manson Northwest Webster School District
- Linnea Newell, Community Health Center
- Mary Solverson, Foster Grandparent Program
- Matt Bemrich, Mayor of Fort Dodge
- Melanie Fierke, Lord's Cupboard
- Neven Conrad, UnityPoint Health – Fort Dodge Board of Directors Chair
- Nici George, Fort Dodge YWCA
- Ryan Flaherty, Duncombe Elementary
- Shelly Zabel, Community and Family Resources
- Stacia Timmer, Elderbridge
- Staci Laird, Fort Dodge Senior High
- Stan Herndon, Beacon of Hope Chaplin
- Tabitha Acree, St. Edmond Catholic School
- Wendy Stephan, Fort Dodge Housing

#### **Interview Questions and Key Findings:**

- What health problems are most troubling to you as a community member?
  - Mental Health
  - Substance Abuse
  - Cancer
  - Homelessness



## **Attachment B, continued**

- In your opinion, what is the biggest social concern facing our community?
  - Mental Health
  - Cell Phones and Social Media
  - Isolation and Disconnection
  - Crime and Violence
  - Substance Abuse
  - Low Income
- What groups or individuals are you aware of that have special health needs?
  - Elderly
  - Mentally Ill
  - Homeless
  - Youth
  - Disabilities

### **Health Care Providers and UnityPoint Health Employees:**

- Jen Pullen, Executive Director, Berryhill Center
- Jennifer Condon, ARNP, UnityPoint Clinic Kenyon Road – Pulmonology
- Dr. Jennifer Jensen, UnityPoint Clinic Pediatrics
- Dr. Sharmini Suriar, Trinity Hospital Medicine
- Dr. Lincoln Wallace, UnityPoint Clinic Kenyon Road – Family Medicine

### **Interview Questions and Key Findings:**

- What health problems are most troubling to you as a community member?
  - Access to Care
  - Finding and Retaining Healthcare Providers and Employees
  - Mental Health
  - Substance Abuse
- In your opinion, what is the biggest social concern facing our community?
  - Financial Barriers
  - Homelessness
  - Housing
- What groups or individuals are you aware of that have special health needs?
  - Elderly
  - Mentally Ill
- Do you feel like there is a resource missing that could help you better serve your patients?
  - Higher Level of Specialty Care in Our Community

## Attachment C

ZIP Code \_\_\_\_\_

**Gender**

- ☐ Female
- ☐ Male
- ☐ Transgender
- ☐ Prefer not to Identify.

**What is your sexual orientation?**

- ☐ Straight or heterosexual
- ☐ Gay or Lesbian
- ☐ Bisexual
- ☐ Other

**Age**

- ☐ 18-24
- ☐ 25-34
- ☐ 35-44
- ☐ 45-54
- ☐ 55-64
- ☐ 65-74
- ☐ 75-84
- ☐ 85+

**Marital Status**

- ☐ Single
- ☐ Married
- ☐ Married with children under 18
- ☐ Single with children under 18
- ☐ Widowed

**Ethnicity**

- ☐ African-American
- ☐ American Indian or Alaska Native
- ☐ Asian
- ☐ Caucasian
- ☐ Hispanic
- ☐ Two or more Races

**Work-Employment**

- ☐ Disabled
- ☐ Employed – Full time
- ☐ Employed – Part time
- ☐ Retired
- ☐ Unemployed
- ☐ Full time student
- ☐ Part time student

**Do you have health insurance?**

- ☐ Yes
- ☐ No

**If you answered 'no' is it because of:**

- ☐ Unemployment
- ☐ Self-employed
- ☐ Employer does not offer health insurance

**Household Income (per year before taxes)**

- ☐ Less than \$25,000
- ☐ \$25,000-49,999
- ☐ \$50,000-74,999
- ☐ \$75,000-99,999
- ☐ \$100,000 or more
- ☐ Full Time Student

**Education Level**

- ☐ Less than high school
- ☐ High school/GED
- ☐ Some college
- ☐ 2 year college degree (Associates)
- ☐ 4 year College Degree (BA, BS)
- ☐ Master's Degree or Higher

**What types of FREE health education/information would you like? (Check all that may apply.)**

- ☐ In Person Classes
- ☐ Community Event
- ☐ Email
- ☐ Newsletter/Publication
- ☐ None
- ☐ Social Media
- ☐ Website
- ☐ Virtual Learning
- ☐ Other \_\_\_\_\_

**Do you have any of the following health problems?  
(Check all that apply.)**

- |  |  |
|--|--|
| <input type="checkbox"/> Alcohol/Drug Abuse          | <input type="checkbox"/> High blood pressure   |
| <input type="checkbox"/> Autoimmune disease          | <input type="checkbox"/> High Cholesterol      |
| <input type="checkbox"/> Anxiety/depression / stress | <input type="checkbox"/> Kidney problems       |
| <input type="checkbox"/> Arthritis                   | <input type="checkbox"/> Liver disease         |
| <input type="checkbox"/> Asthma                      | <input type="checkbox"/> Lung disorder/disease |
| <input type="checkbox"/> Back pain                   | <input type="checkbox"/> Memory loss           |
| <input type="checkbox"/> Behavioral/mental health    | <input type="checkbox"/> Thyroid disease       |
| <input type="checkbox"/> Breathing problems          | <input type="checkbox"/> Suicidal thoughts     |
| <input type="checkbox"/> Cancer                      | <input type="checkbox"/> Skin damage           |
| <input type="checkbox"/> Chronic pain                | <input type="checkbox"/> Seizures              |
| <input type="checkbox"/> Dental problems             | <input type="checkbox"/> Sleeping problems     |
| <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> Stomach problems      |
| <input type="checkbox"/> Headaches                   | <input type="checkbox"/> Vision Loss           |
| <input type="checkbox"/> Heart problems              | <input type="checkbox"/> Weight problems       |
|  | <input type="checkbox"/> Other _____           |
|  | <input type="checkbox"/> N/A                   |

**What kept you from visiting your doctor when you were sick, injured or needed health care in the past 12 months? (Check all that apply.)**

- |  |  |
|--|--|
| <input type="checkbox"/> Nothing                           | <input type="checkbox"/> Difficult to get an appointment                       |
| <input type="checkbox"/> Cost                              | <input type="checkbox"/> Discrimination  |
| <input type="checkbox"/> Doctor does not take my insurance | <input type="checkbox"/> No transportation or difficult to find transportation |
| <input type="checkbox"/> Fear of the procedure or doctor   | <input type="checkbox"/> Not having insurance                                  |
| <input type="checkbox"/> Language barrier                  | <input type="checkbox"/> Difficult to find a doctor                            |
| <input type="checkbox"/> Cannot get time off from work     | <input type="checkbox"/> Hours are not convenient                              |
| <input type="checkbox"/> Cannot find childcare             | <input type="checkbox"/> Other _____   |

**What do you think are the top 3 health problems in Webster County that should be focused on over the next few years? (Select only 3 answers.)**

- |  |  |
|--|--|
| <input type="checkbox"/> Access to specialty care  | <input type="checkbox"/> Food Insecurity                                 |
| <input type="checkbox"/> Access to dental care/dental problems                                 | <input type="checkbox"/> Heart Health and Stroke                         |
| <input type="checkbox"/> Alcohol/Drug Abuse  | <input type="checkbox"/> Maternal Health                                 |
| <input type="checkbox"/> Aging Problem (Arthritis, Hearing/Vision Loss, Dementia, Falls, etc.) | <input type="checkbox"/> Teen pregnancy                                  |
| <input type="checkbox"/> Behavioral/mental health  | <input type="checkbox"/> Tobacco Use/Smoking/E-Cigarettes/Vaping/Chewing |
| <input type="checkbox"/> Cancer  | <input type="checkbox"/> Sexually transmitted disease/infection          |
| <input type="checkbox"/> Child Abuse/Neglect   | <input type="checkbox"/> Stress  |
| <input type="checkbox"/> Community Violence  | <input type="checkbox"/> Suicide   |
| <input type="checkbox"/> Cost of Healthcare  | <input type="checkbox"/> Unsafe/Unaffordable Housing                     |
| <input type="checkbox"/> Diabetes  | <input type="checkbox"/> Weight control (Overweight)                     |
| <input type="checkbox"/> Domestic Violence   | <input type="checkbox"/> Other _____                                     |

**What keeps you from living a healthy lifestyle?  
(Check all that may apply.)**

- |  |  |
|--|--|
| <input type="checkbox"/> Nothing                             | <input type="checkbox"/> Lack of time/busy schedule                      |
| <input type="checkbox"/> Access to healthcare                | <input type="checkbox"/> Money   |
| <input type="checkbox"/> Age                                 | <input type="checkbox"/> Motivation                                      |
| <input type="checkbox"/> Alcohol use                         | <input type="checkbox"/> Not sure how to start                           |
| <input type="checkbox"/> Bad eating habits                   | <input type="checkbox"/> Putting other's needs before your own needs     |
| <input type="checkbox"/> Cost of healthy food                | <input type="checkbox"/> Stress  |
| <input type="checkbox"/> Drug use                            | <input type="checkbox"/> Transportation                                  |
| <input type="checkbox"/> Fear of the doctor                  | <input type="checkbox"/> Tobacco Use/Smoking/E-Cigarettes/Vaping/Chewing |
| <input type="checkbox"/> Lack of knowledge of healthy living | <input type="checkbox"/> Other _____                                     |
| <input type="checkbox"/> Lack of exercise                    |  |
| <input type="checkbox"/> Lack of support                     |  |

**Any other information you want to share?**