

2025 Basic Life Support and Heartsaver Instructor Renewal Course

Purpose and Intended Audience

To update the knowledge and skills of current Basic Life Support and Heartsaver Instructors and renew their status.

Objectives

Upon completion of the course, the participant will:

- Demonstrate CPR skills according to the American Heart Association guidelines.
- Complete the written exam with a score of 84% or higher.
- Teach a BLS Course with successful monitoring.

Prerequisites

- Current instructor status
- Taught a minimum of four courses in the last two years.
- Completed any required updates and audits.

Faculty

Certified AHA BLS Training Center Faculty

Agenda

- AHA Instructor Update
- BLS/HS Provider Skills Evaluations
- BLS/HS Teaching Monitoring
- BLS Provider Written Test
- Remediation/Evaluation

Dress code

Business casual. NO blue jeans, shorts, or flip flops. MUST wear closed toe shoes.

Continuing Education Credit

No continuing education credits will be awarded for this program.

Location

Iowa Methodist Medical Center – Education and Research Building – 1200 Pleasant Street, Des Moines, IA.
Driving directions will be included in confirmation email.

Cancellation Policy

- The registration fee, minus \$25.00 is refundable up to three business days prior to the program. After that time, no refund is available.
- UnityPoint Health –Des Moines reserves the right to cancel the program due to insufficient enrollment. If this occurs, registration fees will be refunded.
- Courses cancelled due to adverse weather conditions will be rescheduled. Participants will be granted a refund if there is a conflict with the new date.

Course Dates and Times

January 21	12:00-4:30 p.m.
March 20	12:00-4:30 p.m.
May 12	12:00-4:30 p.m.
August 7	12:00-4:30 p.m.
September 11	12:00-4:30 p.m.
November 13	12:00-4:30 p.m.
December 11	12:00-4:30 p.m.

Register

[BLS/Heartsaver Instructor Renewal Registration](#)

Fee
\$75

Questions: Email DM_CTC@unitypoint.org

American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.