



A publication of
UnityPoint Health –
Allen Foundation

Dr. Pradeep Ramesh and Dr. Rachana Krishna have called the Cedar Valley home for 18 years. They came to the Cedar Valley to practice medicine, and both have been with UnityPoint Health - Waterloo for more than a decade. The couple have two children who were both born at Allen Hospital, as well. The Waterloo/Cedar Falls area was their first home away from India, and over the past several years they have continued to build relationships with colleagues, patients and friends in the area. One additional connection, Dr. Ramesh also serves on the Allen Foundation Board of Directors.

Why are you inspired to give back to the Allen Foundation and give so generously to local health care? Dr. Krishna shared that her father made philanthropy a big priority and he was quite generous. This philanthropic mindset of helping others was instilled in her and her brother at a young age. Dr. Ramesh has been inspired to give because of their time in the Cedar Valley. They have settled in, calling it a home away from home. He says he felt like they needed to give back to something that had given them so much. Both consider themselves blessed and truly have a satisfaction in sharing with others. As physicians, both feel that giving back to local health care is important to achieving not only good health, but also access to care, access to medications, and other social determinants of health. They've seen the growth of UnityPoint Health - Waterloo since moving here 18 years ago and want to give forward to the next generation.

What does being a member of Gerard Circle mean to you? Both say it is a privilege to be members of Gerard Circle. Dr. Krishna says she is honored to be a part of a group that collectively has given so much. Both have found role models in the group, including other physicians like Dr. Russell Adams and Dr. Dan Glascock. Dr. Ramesh and Dr. Krishna feel it is important to instill this giving spirit with their children. Both of their children have given back monetarily as well as through the gift of time. Their daughter volunteers at Allen Hospital and both their son and daughter have aspirations of serving as physicians in the future.

Why is philanthropy in our community/workplace important to you? As clinicians, both doctors feel they need to lead by example in giving back to support health care. They feel that if those in health care don't give back, we can't expect the non-medical community to support organizations like UnityPoint Health. They see an income disparity in the Cedar Valley and understand the importance of supporting those in need. As Dr. Ramesh says, "We are able to share with others and then everyone is happy."

New Members of Gerard Circle ● ● ● ● ● ● ● ● ● ● ● ● ● ● ● ●

Sandra J. Scherb



UnityPoint Health
Allen Foundation



FOCUS ON PHILANTHROPY

Thank you to the Community Foundation of Northeast Iowa!



Recently, the Community Foundation awarded a \$50,000 Mission Fulfillment Grant to the Allen Child Protection Center to support a campaign to expand space and services.



The Community Foundation also made a \$30,000 grant in October to the Black Hawk-Grundy Mental Health Center to support their ongoing mission and programming.



A Community Celebration to Remember! *3,000 Strong for 100 Years of Allen*

We're so grateful to the 3,000+ people who joined us at Fall for Allen to experience Bill Close's megasculptures, 1,500 pumpkins, a walk down memory lane and food trucks. It was truly a weekend of celebration—and impact! As we mark 100 years of advancing healthcare in the Cedar Valley, we're proud to extend that care beyond the hospital walls.

Here's to the next 100 years!

This Giving Tuesday, join the Allen Foundation in supporting the Community Cancer Center at UnityPoint Health – Allen Hospital. Each year, hundreds of Cedar Valley patients rely on Allen's Community Cancer Center for expert treatment, personalized support, and compassionate care close to home.



December 2, 2025

Your gift helps expand patient programs, enhance technology, and provide vital resources—from comfort items to innovative treatment options—ensuring exceptional cancer care remains accessible to everyone in our community.

How to Give:

- Scan the QR code to make a gift online
- Mail your gift to Allen Foundation or call (319) 235-3960



Hops for Hospice Fundraiser a Success!

Thank you to KWWL and United Beverage, our 2025 Hops for Hospice Dignity Sponsors, along with our other sponsors, supporters, volunteers and guests, for making our event a success! What a terrific night we had celebrating and raising \$43,000 for hospice patients and families. We are so grateful. Plans are already in the works for Hops for Hospice 2026 so mark your calendars for Thursday, Oct. 8, 2026. We hope to see you there!

