

2026 Instructor Renewal

Purpose and Intended Audience

To update the knowledge and skills of current American Heart Association Instructors aligned with the UnityPoint Health – Des Moines Training Center.

Objectives

Upon completion of the course, the participant will:

- Demonstrate skills according to the American Heart Association guidelines.
- Complete the written exam with a score of 84% or higher.

Prerequisites

- Current instructor status
- Taught a minimum of four courses in the last two years.
- Completed any required updates and audits.
 - 2025 Guideline updates

Faculty

Certified, discipline specific AHA Training Faculty

Agenda

- AHA Instructor Update
- Provider Skills Evaluations
- Monitoring while teaching a discipline specific course
- Provider Written Test
- Remediation/Evaluation

Dress code

Business casual. NO blue jeans, shorts, or flip flops. MUST wear closed toe shoes.

Continuing Education Credit

No continuing education credits will be awarded for this program.

Location

Iowa Methodist Medical Center – Education and Research Building – 1200 Pleasant Street, Des Moines, IA.
Driving directions will be included in confirmation email.

Cancellation Policy

- The registration fee, minus \$30.00 is refundable up to three business days prior to the program. After that time, no refund is available.
- UnityPoint Health –Des Moines reserves the right to cancel the program due to insufficient enrollment. If this occurs, registration fees will be refunded.
- Courses cancelled due to adverse weather conditions will be rescheduled. Participants will be granted a refund if there is a conflict with the new date.

Register

[2026 Instructor Renewal Registration](#)

Fee

\$100

Includes monitoring & instructor card

Additional mileage fee for UPHDM TF to monitor you at your site.

Questions: Email DM_CTC@unitypoint.org

American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.