

ACLS Instructor Course – Summer 2026

Purpose and Intended Audience

To teach ACLS providers the skills necessary to become an instructor of the American Heart Association ACLS Courses.

Learner Outcomes – Core Competencies

Upon completion of the course, the participant will have demonstrated the key ACLS instructor competencies:

1. Proficient in all the skills of the ACLS Courses
2. Teach AHA courses according to instructor manual
3. Test students effectively and according to the skills checklist
4. Maintain a high standard of ethics and professionalism when teaching AHA courses
5. Manage time, space, materials, and paperwork in compliance with AHA guidelines

Requirements prior to starting the instructor process:

- Willingness to teach a minimum of four courses in a 2-year period
- Submit a copy of your current AHA ACLS card to DM_CTC@unitypoint.org
- Complete the [2026 ACLS New Instructor Course Registration – Fill out form](#)
- Complete the [2026 Training Center Alignment Form – Fill out form](#)
- Demonstrate proficiency ACLS Skills during the Skills Validation session
- Provide credit card payment by calling the 515-241-6811
- Receive confirmation of enrollment by Training Center Coordinator

Part 1 – Online	Part 2 – In-Person Course	Part 3 - Monitoring
<p>Order & Complete the ACLS Instructor Essentials Online Course</p> <p>ACLS Instructor Essentials Online & Core</p>	<p>Attend the in-person ACLS Instructor Course</p> <p>This course will include:</p> <ul style="list-style-type: none"> • teaching principles • course management • renewing provider ACLS skills 	<p>Teach first course under the supervision of a Training Center Faculty</p> <p>This MUST be completed prior to instructors teaching independently and within 6 months of the in-person course.</p> <p>Additional fee for mileage if facility is outside of Des Moines metro area.</p>
<p>Due Date:</p> <p>At least two weeks prior to in-person course, email certificate to the Training Center at:</p> <p>DM_CTC@unitypoint.org</p>	<p>Dates:</p> <p>Skills Validation See registration Form for options</p> <p>Instructor Course See registration Form for options</p> <p>Fee: \$250 (lunch not included) Faculty: ACLS Training Center Faculty Location: Iowa Methodist Medical Center – Simulation Center</p>	<p>Monitoring Date Options:</p> <p>Will discuss with Training Faculty at the conclusion of the in-person course</p>

Cancellation Policy

- The registration fee, minus \$100, is refundable up to five working days prior to the program. After that time, no refund is available. If a participant cancels and reschedules within 90 days, a \$50.00 discount will be applied to a rescheduled course.
- UnityPoint Health –Des Moines reserves the right to cancel the program due to insufficient enrollment. If this occurs, the registration fees will be refunded.
- Courses cancelled due to adverse weather conditions will be rescheduled. Participants will be granted a refund if there is a conflict with the new date.

CE Credit

IBON Provider #31, UnityPoint Health – Des Moines, awards 8 contact hour(s) for full attendance.
\$12.00 nursing contact hour recording fee for non-UnityPoint Health employees

Questions: Email DM_CTC@unitypoint.org

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.