

LASTING IMPACT

Annual
Report



UnityPoint Health
Allen Foundation





YOUR GIFT, YOUR IMPACT

As we look back on 2025 with a great deal of gratitude, it's truly your generosity that's improving the health and quality of life for so many, right here in the Cedar Valley. Every achievement celebrated within this report is yours. The appreciation expressed each day by patients, families, students, community partners and healthcare teams belongs to you. We celebrated 100 years of care and education in 2025, and your investments in the Allen Foundation's mission help ensure service to our community for centuries to come.

This report offers a small glimpse of the remarkable difference you made in 2025. Your generosity brings comfort, hope and healing to patients, students and families in our community. We're deeply honored by the trust you place in us. It truly means the world.

Together, we're building a future where every person has access to expert, compassionate health care and aspiring providers can see their dreams become reality. We hope you feel proud of all you have made possible.

Thank you for being an extraordinary partner in this important work.

2025 BY THE NUMBERS

- Total Contributions: \$4,120,852
- Total Number of Donors: 1,278
- Total New Donors: 326
- Total Granted: \$2,318,823
- Your Return on Investment:
4.05 x (Over \$4 in donations for every \$1 spent)



Brian Aronson
Chair



Mike Lind
*Executive Director,
Allen Foundation*



Carolyn Barko
*Current Interim Market President
Executive Director,
Allen Foundation*



Jenni Friedly
Market President in 2025



Allen Hospital and Allen College Celebrate 100 Years of Service



Allen Hospital is named in honor of Mary Allen, the wife of Henry B. Allen, who donated 80 acres of land from his farm north of Waterloo along with \$200,000 (approximately \$7.8 million today) to establish a hospital.

Allen Hospital and Allen College remain on that land today, and the legacy of the Allen family lives through excellence in health care and giving back to our community.

Allen Hospital opened its doors and immediately admitted 25 patients to its care on Feb. 15, 1925. The Allen School of Nursing opened soon afterward to ensure the hospital could continue meeting healthcare needs of our community.

One hundred years later, on Feb. 15, 2025, Allen Hospital and Allen College received a 100th Anniversary Proclamation from the Waterloo Mayor.

Many celebrations took place over the course of 2025 to honor current team members, providers, retirees, alums, donors, patients, students and community members who supported the Allen vision in some way.

The celebrations culminated with "Fall for Allen," a weekend-long event celebrating the history and future of Allen Hospital and Allen College.

The public event opened on the Allen College campus with a brief program on Oct. 3. Throughout the weekend, patrons enjoyed pumpkin and horticulture mega-sculptures, an Allen Auxiliary Gift Shop pop-up store, area food trucks and a walk down memory lane. In total, more than 3,000 people joined us at Fall for Allen, making for a truly special weekend.

To learn more about supporting Allen Hospital and Allen College for another century of impact, contact the Allen Foundation at (319) 235-3960.



UnityPoint Health
Allen Foundation



GETTING TO KNOW OUR ALLEN HOSPITAL VOLUNTEERS

Veryl Buchholz



HOW LONG HAVE YOU
BEEN VOLUNTEERING AT
ALLEN HOSPITAL?

Almost 20 years!

WHAT MOTIVATED YOU TO BEGIN VOLUNTEERING AT ALLEN HOSPITAL?

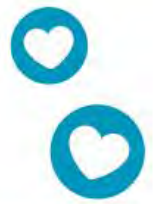
I started in 2007 with my wife, Marlene. She had already been volunteering at Allen, and the hospital was in desperate need for volunteers, so Volunteer Services asked her to bring me with her. I retired at the end of 2006 and started volunteering at Allen in the first week of 2007.

WHAT IS YOUR VOLUNTEER JOB?

I started helping in Medical Records, but once a spot opened as a Patient Escort, I jumped at the chance. I really enjoy the people. Volunteering at Allen has kept me active, and that keeps me healthy... and busy. I volunteer here two times a week.

Thank you to Veryl and the many other volunteers who make Allen Hospital so special for our patients, team members and community. To learn more about volunteering at Allen Hospital, call Volunteer Services at (319) 235-3692.

VOLUNTEER Impact 2025



172
Volunteers

Gave **41,829** hours
total value of
\$1,400,853.²¹

35



Volunteers Welcomed
to the Allen family



\$27,587

Revenue raised from
22 auxiliary fundraisers



480

Lost and Found
items logged



26,814
Patient Escorts



12,016

Families helped in
surgery waiting room



\$348,555.³⁵

Gift Shop
merchandise sold

570

Gift Shop deliveries



1,656
Referral letters
mailed

391

Sympathy
cards mailed

Countless hours of
special projects including
recycling, tank route, IV tubing,
knitting/sewing, Santa visit, etc.



UnityPoint Health
Allen Hospital



**Interested in
volunteering?**
Scan the QR code
for more details.



Hours
served

145 Pet Visits

521 ER

3,715 Cardiac Rehab

249 Cancer Center

60 Baby Cuddles



creating safe spaces
CHANGING LIVES
THE ALLEN CHILD PROTECTION CENTER

COMING SOON

New Home for the Child Protection Center

Since 2010, the Allen Child Protection Center (ACPC) has served children and dependent adults who may be victims of abuse or witnesses to crime. All patients seen at the ACPC receive care at no cost and are never billed for services.

The center uses a multi-disciplinary team approach and works closely with the Department of Health and Human Services, as well as law enforcement. The ACPC also partners with many other agencies throughout a 27-county service area to bring awareness to child abuse.

The ACPC's services continue to grow to meet the needs of Northeast Iowa children. In 2019, the Family Resiliency Program launched through a grant secured by the state of Iowa and the ACPC. The program is dedicated to helping young children overcome medical, developmental and social-emotional barriers attributed to prenatal and environmental substance exposure.

In 2024, services expanded again when the Family & Children's Council approached the center about carrying forward their child abuse prevention

education program. With this growth came an increase in staffing and ultimately the need for a newly expanded home.

Plans are underway for a newly renovated and larger center across from Allen College in Waterloo. Thanks to lead gifts from the Henry B. Allen Family Foundation (\$250,000), Pauline R. Barrett Charitable Foundation (\$250,000), Allen Hospital Auxiliary (\$125,000), Estate of Nancy Showalter (nearly \$120,000), Black Hawk County Gaming Association (\$100,000) and the R.J. McElroy Trust (\$100,000), roughly \$1.4 million of the \$1.5 million goal has been committed.

We're so grateful for the support of our lead donors and the many others who supported this impactful project. Every gift has brought us closer to our \$1.5 million goal and together we can make it happen.

If you'd like to hear more about how your gift can truly make a difference in a child's life, contact the Allen Foundation at (319) 235-3960.

Construction Begins on Allen College's Simulation Lab Expansion



In early November 2025, construction began on the expansion of the simulation lab at Allen College – UnityPoint Health.

The expansion adds more than 8,000 square feet to the south side of McElroy Hall and essentially quadruples the current lab space. The addition will enhance simulation learning for the students in nursing and health sciences programs. The project is expected to be completed in August 2026.

"With the growth of simulation education in nursing, we've outgrown our space," says Dr. Ashley Ollendieck, a member of the nursing faculty and certified healthcare simulation educator. "This simulation project will provide a more realistic, hands-on learning environment for us to train our future healthcare workforce. With this expansion, we'll be able to accommodate many more students and integrate a simulation experience that's proven to produce superior graduates."

The project received a generous \$1 million naming gift from the Van G. Miller Family Charitable Foundation in July. This lead gift carries naming rights for the entire simulation center, which will be called the "Van G. Miller Family Charitable Foundation Simulation Center for Clinical Excellence." The goal is to fully fund this expansion through private donations.



To date, Allen Foundation has received major gifts from the Van G. Miller Family Charitable Foundation (\$1 million), Pauline R. Barrett Charitable Foundation (\$500,000), Jim & Judy Fogdall (\$500,000), Mike McBride (\$300,000), R.J. McElroy Trust (\$250,000), Henry B. Allen Family Foundation (\$250,000) and Gail and David Nielsen (\$100,000).

To learn more about this impactful project, or to make a gift, contact the Allen Foundation at (319) 235-3960 or visit give.unitypoint.org/simlab.

MARK YOUR CALENDAR

FOR ALLEN COLLEGE'S SIM LAB OPEN HOUSE

Allen College is near completion of its \$4 million addition and renovation to McElroy Hall, and we'll be giving you an inside look at an open house on Sept. 16 from 2 to 6 p.m. A ribbon-cutting will be held at 4 pm.

2025 HOPS FOR HOSPICE

Breaks in New Venue



We had a great turnout for Hops for Hospice in 2025. As in past years, the annual event featured beer and wine sampling along with light appetizers to support the patients and families of UnityPoint Hospice in Waterloo. New for 2025 was our venue, the Diamond Event Center, as well as our entertainment, which featured acoustic guitarist Beau Timmerman.

Thank you to KWWL-TV and United

Beverage, our 2025 Hops for Hospice Dignity Sponsors - along with our other sponsors, donors, volunteers and guests - for making our event a success. In total, the event raised \$43,000 for UnityPoint Hospice.

Due to positive feedback, we're repeating the location and entertainment in 2026. Be sure to check out the Save the Date for the 2026 event.

SAVE *the* DATE



Thursday
OCTOBER 8
5:30 - 7:30 P.M.

Diamond Event Center
5307 Caraway Lane
Cedar Falls, IA

 *Live music by*
Beau Timmerman

<https://uph.link/hops-for-hospice-waterloo>

 **UnityPoint Hospice**



ANOTHER SELLOUT CROWD

Raises Nearly \$120,000 at Mental Health Awareness Breakfast

Thanks to more than 700 guests, along with several sponsors and donors, the 2025 Mental Health Awareness Breakfast raised nearly \$120,000 for clients of the Black Hawk-Grundy Mental Health Center.

Keynote speaker Gary Kroeger shared powerful words from his experience in show business and his own struggles with mental health. The actor and comedian used a bit of humor to tell his story and convey his message on a very serious matter.

The Saturday Night Live alum built a career making people laugh. However, behind the humor, he faced personal challenges. Kroeger shared his journey and stressed the importance of mental health awareness.

The Mental Health Awareness Breakfast was started by a group of caring community members who saw the need to shed a light on mental illness. Since its beginning in 2019, the event continues to attract a large audience, taking place on the Friday before Mother's Day. Proceeds from the breakfast support the vital programming and services of Black Hawk-Grundy Mental Health Center. In past years, funds have supported therapy services for



students in the Waterloo and Cedar Falls schools, vehicles to provide access to care and recruitment efforts for mental health providers.

Thank you to our Premier Sponsor, Professional Office Services with Mike and Kate Williams, for their generous support of the 2025 event.

Be on the lookout for information about this annual event. To learn more about supporting the Black Hawk-Grundy Mental Health Center, call (319) 235-3960.

A PARTNERSHIP BUILT ON PURPOSE

Cedar Valley United Way and the Allen Foundation

Nearly three decades of generosity have shaped health and wellness across our community.

Some partnerships are defined by a single gift. Others are defined by years of shared vision and a belief that a healthy community is built one investment at a time. Since 1996, Cedar Valley United Way has contributed more than \$2.6 million to the Allen Foundation – a remarkable record of sustained generosity that has touched nearly every corner of health and human services in the Cedar Valley region.

Championing Access to Care

Cedar Valley United Way's investment has helped keep the DeBonis Free Medical Clinic open for patients who are uninsured or facing financial hardship – ensuring the ability to pay never stands between a person and the care they need. This support also sustains the Allen Child Protection Center, where children navigating the trauma of abuse receive compassionate evaluation and expert support services in a child-friendly environment.

Strengthening Mental Health Services

Support for the Black Hawk-Grundy Mental Health Center has helped bridge critical gaps in behavioral health care by providing counseling, crisis intervention and psychiatric

support to individuals and families across two counties. In an era of growing mental health needs, these services are lifelines.

Investing in the Future of Healthcare

Cedar Valley United Way's generosity also extends to Allen College, where the next generation of nurses and health professionals are being trained – a long-view investment that shapes the quality of care Cedar Valley residents will receive for decades to come.



"We are honored to stand alongside an organization whose work makes such a meaningful difference in

our community. Their commitment inspires our continued partnership and shared vision for a healthy and compassionate community.

We are grateful to play a small role in supporting their mission and supporting those who need it most."

- Cedar Valley United Way President, Debbie Roth



**Cedar Valley
UNITED WAY**

Allen Legacy Program Continues to Thrive



2025 - BY THE NUMBERS:

- 83 Allen Legacy Program participants currently working at Allen Hospital.
- Surpassed 100 applicants to the Allen Legacy Program, most of which will start their career at Allen Hospital.
- Have awarded more than \$1.8 million in Allen Legacy Program funding.

To learn more about the Allen Legacy Program and how you can support the future of our nursing workforce, call the Allen Foundation at (319) 235-3960

15th Annual Donate to Educate Sees Biggest Year



Allen Foundation extends our gratitude to everyone who donated, bid or contributed to the 15th Annual Donate to Educate scholarship benefit. Thanks to your generosity, we raised nearly \$34,000 in 2025 - the largest amount in the event's history.

A special thank you to our Platinum Level sponsors Steve & Debbie Caughron, Drs. Jerry & Kathy Durham and Failor Hurley Construction.

Donate to Educate is hosted annually by the Allen College Alumni Association, and all funds raised go to support students through scholarship, campus enhancements and classroom/lab needs.

To learn more about supporting Allen College, visit allencollege.edu.

GIVING TUESDAY

Allen Foundation Encourages Cancer Care Support During Giving Tuesday



Diane Anderson pictured with her physician Dr. Bilal Rahim.

At UnityPoint Health Allen Hospital, our mission is simple yet powerful: to improve the health of the people and communities we serve.

On Giving Tuesday, Dec. 2, 2025, the Allen Foundation invited the community to join us in supporting compassionate, comprehensive cancer care close to home through the Community Cancer Center in Waterloo.

Cancer touches nearly every family in some way. Each year, hundreds of patients in the Cedar Valley rely on the Community Cancer Center for lifesaving treatment, personalized care and the support needed to face a cancer diagnosis with hope and strength. Our dedicated team of experts walks alongside each patient, offering medical excellence, emotional support and a healing environment designed to care for the whole person.

Giving Tuesday 2025 featured matching gift opportunities from regular Community Cancer Center supporters Edward and Gayle Juhl, and Diane Anderson. In addition to providing a generous matching gift, Anderson also shared her story as a former patient, in hopes of inspiring others to give back.

Thank you to all who made a gift during Giving Tuesday. Your support helped us enhance patient care programs, while investing in leading-edge technology and expanding supportive care services for patients and families navigating cancer. Thanks to the generosity of many during this global day of giving, high-quality cancer care will remain accessible in our community for years to come.

To learn more about supporting oncology services at the Community Cancer Center, contact the Allen Foundation at (319) 235-3960.



ALLEN HOSPITAL EXTENDS RECORD-BREAKING YEAR

with 300th Open-Heart Surgery

UnityPoint Health – Allen Hospital performed its 300th open heart surgery in early December, extending a record year that finished with 328 open-heart procedures. The cardiothoracic surgery team surpassed its previous record of 262 set in 2003, which was nearly broken in 2023 with 260 procedures.

“We’re proud of achieving this milestone,” said Dr. Bhavik Patel, a cardiothoracic surgeon with Allen Hospital. “Certainly, our team prioritizes quality over quantity, but this number also symbolizes a lot of hard work, long hours and a deep commitment to caring for our community.”

As the Cedar Valley’s “Heart Hospital,” Dr. Patel leads the area’s only open-heart surgery program. Experience matters, and the surgery team at Allen Hospital is on track to reach 9,000 open-heart surgeries all-time in 2026.

Learn more about supporting innovative cardiac care by calling the Allen Foundation at (319) 235-3960.



ALLEN COLLEGE Institutional Scholarships



The following Allen College institutional scholarships were awarded for the first time during the 2025-2026 academic year:

- Marian E. (Hoelz) Baderschneider Endowed Nursing Scholarship
- Vivian Chestnut Annual Memorial Scholarship
- Mark & Deborah Collett Endowed Scholarship
- Enzo Gebara Annual Scholarship
- Rick & Debbie Morris Endowed Scholarship
- Darlene Shipp Memorial Endowed Scholarship
- Katherine Stuart Medical Lab Science Annual Scholarship

The following Allen College institutional scholarships were established in 2025, but not awarded:

- Marge & Hovey Brom Family Endowed Scholarship
- Vivian Chestnut Endowed Memorial Scholarship
- Pamela & Richard Delagardelle Family Endowed Scholarship

The following Allen College scholarships were awarded through memorial gifts during the 2025-2026 academic year:

- Allen College Scholarship in Memory of Ellen Stapella
- Allen College Scholarship in Memory of Kathleen Janssen

To view the list of all scholarships available to students of Allen College, visit allencollege.edu. If you are interested in learning more about establishing a scholarship, contact the Allen Foundation at (319) 235-3960.



BE SOMEONE DAY 2025

A Day of Fun with a Purpose at Lost Island Parks



On Monday, July 21, the Allen Foundation, in conjunction with the Allen Child Protection Center, hosted the annual Be Someone Day. This special event took place at Lost Island's parks and it was filled with fun activities and educational experiences focused on child and family safety.

Patrons received discounted tickets with a portion of proceeds provided to the Child Protection Center, all while helping to raise awareness and support for vulnerable children in our community. Thank you to Lost Island's themepark and waterpark for your continued partnership!

To learn more about supporting the services of the Allen Child Protection Center, call the Allen Foundation at (319) 235-3960.

Allen College Renames Free Medical Clinic in Honor of Dr. Ruselle DeBonis

The Allen College Engagement & Salvation Army Partnership (ACE-SAP) clinic has been renamed the Allen College DeBonis Free Medical Clinic in honor of Dr. Ruselle "Rus" DeBonis, an Allen College emeritus professor and adjunct professor. DeBonis was involved with the formation of the clinic in 2008 and has remained involved.

Dr. DeBonis has impacted many Allen College students through instruction and clinical experiences at the clinic. The DeBonis Free Medical Clinic offers a variety of services, and care is provided by registered nurses who are students in Allen College's nurse practitioner program. The students are supervised by a certified nurse practitioner, while their clinic participation satisfies part of their clinical and service-learning requirements.

The DeBonis Free Medical Clinic is made possible through generous support from local donors.

To learn more or to donate, visit allencollege.edu.



Suzanne Gettman, DeBonis Free Medical Clinic Director and Dr. Jared Seliger, Allen College President alongside Dr. Rus DeBonis.

YOUR LASTING IMPACT

Making a Difference



We had much to celebrate in 2025 as we met an important milestone of caring for patients and educating students for 100 years. We strive to offer the best experience for those we serve, and your generosity is important as we deliver on that promise.

Every impact we make together, both big and small, is important to the variety of services we provide to the Cedar Valley. Support from generous donors benefits patients at Allen Hospital and our many local UnityPoint Clinics. Your gifts help thousands of clients of the Black Hawk-Grundy Mental Health Center find the care and medications they need. Your generosity extends to families and their loved ones in UnityPoint Hospice care in Waterloo. That generosity also extends student scholarships at Allen College.

Here are even more ways you made a difference in 2025:

- Establishment of a food pantry at the Community Cancer Center
- Support of the Project Search Program, a program that helps individuals with disabilities receive training and gain employment
- Certifications and other professional development opportunities for team members
- More than \$830,000 toward Allen College student scholarships and awards
- Support to renovate a space to house the Allen Child Protection Center
- Help with Allen College's Summer Health Careers Camp
- Ongoing support of the GIFT (Giving It Forward Together) fund to assist patients and families of UnityPoint Hospice in Waterloo with end-of-life wishes
- Transportation accommodations allowing patients to safely discharge from the hospital
- Provided dedicated care of Prairie Parkway Gardens
- Routine support of Allen's cardiovascular services, as Allen Hospital is the Cedar Valley's "Heart Hospital"
- Food, personal care items, rent assistance and other necessities for homeless clients of Black Hawk-Grundy Mental Health Center
- Funding for a simulation manikin for the nursing program at Allen College
- Investment in the Career Pathways Program, a UnityPoint Health provider trainee program
- A stretcher for bedbound hospice patients to get out of their rooms, improving quality of life
- Recruited three additional therapists for the Outpatient Program at the Black Hawk-Grundy Mental Health Center
- Development of a pediatric therapy gym at Prairie Parkway
- Programming including comfort therapies, education and medical equipment to provide comfort for patients of UnityPoint Hospice in Waterloo
- Training, veterinarian visits, food and supplies for Allen Hospital's K9 unit

In addition to the many generous gifts from individuals and businesses, Allen Foundation's Grant Services team secured \$3.8 million from 37 local, state and federal programs during 2025. Grants to Allen Hospital helped support renovations for a new Allen Child Protection Center facility, Allen Child Protection Center operations, child abuse prevention, the family resiliency program, maternal health and family planning programs, and registered nurse career pathways.

Allen College grants supported the construction of a new simulation laboratory, DeBonis Free Medical Clinic operations and new virtual reality equipment. Black Hawk-Grundy Mental Health Center benefitted from grants for its school-based mental health program (operating in the Waterloo and Cedar Falls school districts), Transition from Homelessness program, mental health peer support services, care coordination and general operations.

Of the total grant dollars, 38% came from state and federal sources, which go directly to the institutions rather than to Allen Foundation. Even so, Allen Foundation's investment in these efforts generates widespread and positive returns across our area organizations and for the people and communities we serve.

Thank you for your support of the Allen Foundation!

If you'd like to continue your generous support, here are some giving options for you to consider:

- Gifts of cash or securities
- Pledges
- Memorials and tributes
- Gifts of grain
- Employee matching programs
- In-kind gifts
- Real estate gifts
- Retirement plan gifts
- Stock transfers
- Automatic withdrawal
- Donation of PTO (for UPH employees only)
- Planned gifts, such as bequests or life insurance
- Charitable remainder annuity trusts
- Charitable gift unitrusts
- Charitable gift annuities
- Charitable lead trusts
- Give online by scanning the QR code



CONTACT US! To learn more about current projects, initiatives, events or other opportunities to give, we'd love to hear from you. Contact Mike Lind, Executive Director of Allen Foundation, at (319) 235-3960 or michael.lind@unitypoint.org.

*Allen Foundation is a nonprofit organization, and all donations qualify for any available federal income tax deductions. This information is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor.

Periscope Path: A Service of Thompson & Associates

The Allen Foundation has partnered with Thompson & Associates for nearly 25 years. Because we invest deeply in the supporters who make our mission possible, we offer a complimentary service through Thompson & Associates called Periscope Path - designed to help you gain clarity about the legacy you want to leave and the path to make that possible.

Periscope Path involves much more than just traditional planning documents such as a last will and testament. It's an elevated review of your estate plan that helps you discover what your plan says about your values, your family's needs, and the impact you hope to make.

Periscope Path is fully confidential, and there is no obligation to include the Allen Foundation in your plans. But many supporters discover they can care for their loved ones and support charitable causes in ways they didn't know were possible.

If you'd like to learn more about Periscope Path, call Allen Foundation at (319) 235-3960.



*Dr. Eddie Thompson,
Thompson & Associates*

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**Believe what
you do makes a
difference.
Because it does.**



UnityPoint Health Allen Foundation

1825 Logan Avenue
Waterloo, IA 50703

If you no longer wish to receive fundraising communications from UnityPoint Health - Allen Foundation, please send an email to michael.lind@unitypoint.org or call us at (319) 235-3960 to request that we remove you from our contact list to receive communications for this purpose.

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