Allen Women's Health **Iowa Healthy Pregnancy Program** 2024



The Iowa Healthy Pregnancy Program consists of education and enhanced services for high-risk patients, provided by nurses and social workers.

Our goal is to reduce maternal mortality and to improve birth outcomes, as more than 700 women in the United States die each year from complications in pregnancy and childbirth.



Allen Women's Health **Iowa Healthy Pregnancy** Program strives to reduce the rate of low-birth-weight babies by providing oneon-one, individualized prenatal health education

and support to each of our

patients.

87% of our patients started breastfeeding after delivery Although our maternal health program has changed our name to the Iowa Healthy Pregnancy Program, we still provide the same high-quality education, resources, and support in pregnancy and postpartum!

Allen Women's Health receives funding for four counties, however, we provide services to people from all across Iowa.



- Black Hawk
- Bremer
- Buchanan
- Grundy



Iowa Healthy Pregnancy Program Benefits

- Pregnant women are provided **education** promoting a healthy pregnancy and delivery, to reduce premature birth and increase positive birth outcomes.
- Patients who report **smoking or vaping** received additional information about smoking cessation.
- Our patients are able to receive **WIC services** in our clinic on Wednesdays and Thursdays.
- Eligible patients were offered Pack and Plays or Sleep Sacks for swaddling upon completion of our safe sleep education.
- Patients receive oral health services including oral health screenings, fluoride varnish and assistance in scheduling dental appointments as indicated.
- Patients receive assistance in establishing **mental health supports** and are regularly screened for perinatal mood and anxiety disorders, including postpartum depression.
- Assistance navigating Medicaid transportation is provided.
- Women are provided assistance **enrolling in Medicaid** and helped to schedule early prenatal care.

In 2024, 22% of our patients required language interpretation for a total of 11 different languages.

TOP 3 PRIMARY LANGUAGES:

English
Spanish
Haitian Creole

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