2026 HeartCode BLS

Purpose and Intended Audience:
HeartCode BLS is a blended learning course. The online portion (Step 1) is a self-directed, comprehensive eLearning program that uses adaptive learning technology to allow learners to acquire and demonstrate Basic Life Support skills using a personalized learning path that adapts in real time to the learner's performance. The program is designed for healthcare professionals who need BLS training for their clinical duties. The hands-on portion (Step 2) is completed with an AHA BLS instructor.

- Step 1 is completed at the American Heart Association website which uses dramatizations, cognitive assessments, illustrations, knowledge checks, and interactive activities. This program takes approximately 1.5 hours to complete.
- Step 2 is the hands-on skills practice and testing by a BLS Instructor at UnityPoint Health – Des Moines and requires approximately 2 hours to complete.
- Both steps must be completed to receive a BLS Provider eCard.

How to Complete Step 1:
Log onto the American Heart Association website at Heartcode® BLS Online for the HeartCode BLS Online. Purchase and complete all the lessons.

Print out or download the HeartCode certificate showing completion of the Step 1 online portion. Email to DM_CTC@unitypoint.org.

How to Complete Step 2:
Click to register at this link: 2026 BLS HeartCode Registration

The certificate showing completion of the online portion must be presented prior to the hands-on skills portion of this class. A BLS Provider eCard will be issued after the successful completion of the hands-on skills portion of this class.

The cost is $90 for the hands-on skills portion of this class. Make checks payable to UnityPoint Health-CTC or call 515-241-6811 to pay with credit card.

CE Credit:
Continuing Education Credit is provided by the AHA upon successful completion of the computer portion for physicians, physician assistants, nurses, pharmacists, and EMTs/paramedics.

No CME/CEU/CEH credit will be awarded from the UnityPoint Health-Des Moines Training Center for Step 2.

Location:
Iowa Methodist Medical Center – Des Moines Education and Research Center
Directions will be sent in confirmation email.

2026 Dates

January 21	1:00pm-3:00pm
February 4	1:00pm-3:00pm
March 12	1:00pm-3:00pm
April 1	1:00pm-3:00pm
May 13	1:00pm-3:00pm
June 10	1:00pm-3:00pm
July 24	1:00pm-3:00pm
August 5	1:00pm-3:00pm
September 2	1:00pm-3:00pm
October 19	1:00pm-3:00pm
November 10	1:00pm-3:00pm
December 9	1:00pm-3:00pm

** If none of the above dates work, please call to discuss a special session at an additional $50 fee.*

Cancellation Policy:
- The registration fee, minus $50.00 is refundable up to three business days prior to the program. After that time, no refund is available.
- UnityPoint Health – Des Moines reserves the right to cancel the program due to insufficient enrollment. If this occurs, registration fees will be refunded.
- Courses canceled due to adverse weather conditions will be rescheduled. Participants will be granted a refund if there is a conflict with the new date.

Questions – Email DM_CTC@unitypoint.org

American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

American Heart Association Learn and Live | AUTHORIZED TRAINING CENTER

UnityPoint Health Des Moines

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