

# 2025 HeartCode BLS

## Purpose and Intended Audience:

HeartCode BLS is a blended learning course. The online portion (Step 1) is a self-directed, comprehensive eLearning program that uses adaptive learning technology to allow learners to acquire and demonstrate Basic Life Support skills using a personalized learning path that adapts in real time to the learner's performance. The program is designed for healthcare professionals who need BLS training for their clinical duties. The hands-on portion (Step 2) is completed with an AHA BLS instructor.

- Step 1 is completed at the American Heart Association website which uses dramatizations, cognitive assessments, illustrations, knowledge checks, and interactive activities. This program takes approximately 1.5 hours to complete.
- Step 2 is the hands-on skills practice and testing by a BLS Instructor at UnityPoint Health – Des Moines and requires approximately 1.5 hours to complete.
- Both steps must be completed to receive a BLS Provider eCard.

## How to Complete Step 1:

Log onto the American Heart Association website at [HeartCode® BLS Online | AHA eLearning](#) for the HeartCode BLS Online. Purchase and complete all the lessons.

Print out or download the HeartCode certificate showing completion of the Step 1 online portion. Email to [DM\\_CTC@unitypoint.org](mailto:DM_CTC@unitypoint.org).

## How to Complete Step 2:

Click to register at this link: [2025 BLS HeartCode](#). The certificate showing completion of the online portion must be presented prior to the hands-on skills portion of this class. A BLS Provider eCard will be issued after the successful completion of the hands-on skills portion of this class.

The cost is \$85.00 for the hands-on skills portion of this class. Make checks payable to UnityPoint Health-CTC or call 515-241-6811 to pay with credit card.

## CE Credit:

Continuing Education Credit is provided by the AHA upon successful completion of the computer portion for physicians, physician assistants, nurses, pharmacists, and EMTs/paramedics.

No CME/CEU/CEH credit will be awarded from the UnityPoint Health-Des Moines Training Center for Step 2.

## Location:

Iowa Methodist Medical Center – Des Moines Education and Research Center  
Directions will be sent in confirmation email.

## Cancellation Policy:

- The registration fee, minus \$40.00 is refundable up to three business days prior to the program. After that time, no refund is available.
- UnityPoint Health – Des Moines reserves the right to cancel the program due to insufficient enrollment. If this occurs, registration fees will be refunded.
- Courses cancelled due to adverse weather conditions will be rescheduled. Participants will be granted a refund if there is a conflict with the new date.

## 2025 Dates

January 14	9:00-10:30 a.m.
February 18	1:00-2:30 p.m.
March 18	9:00-10:30 a.m.
April 17	1:00-2:30 p.m.
May 30	9:00-10:30 a.m.
June 25	9:00-10:30 a.m.
July 29	1:00-2:30 p.m.
August 22	9:00-10:30 a.m.
September 22	1:00-2:30 p.m.
October 29	9:00-10:30 a.m.
November 20	1:00-2:30 p.m.
December 16	9:00-10:30 a.m.

*\* If none of the above dates work, please call to discuss a special session at an additional \$50 fee.*

## Questions – Email [DM\\_CTC@unitypoint.org](mailto:DM_CTC@unitypoint.org)

American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.