



UnityPoint Health
Grinnell Regional
Medical Center Foundation

GRMC IN FOCUS



In this issue...

Philanthropic Impact

- Grateful Patient Donation
- New Equipment
- Your Plan, Your Legacy

Hospital News

- GRMC President in the Community
- Obstetrics Construction Update
- New Providers

For more information or to opt-out of future newsletters, call (641) 236-2079 or email donna.fischer@unitypoint.org.

[Salutation],

It is my pleasure to introduce the newest board members of UnityPoint Health – Grinnell Regional Medical Center (GRMC) Foundation: **Rachel Bly** and **Tanner Jansen, D.C.** I'm so grateful they have chosen to share their time and expertise with the GRMC Foundation and, by extension, you – our donors.

Rachel, who resides in Grinnell, is the Assistant Vice President of Auxiliary Services at Grinnell College, a member of the Grinnell City Council, and an active local volunteer. *"I am truly excited to join the GRMC Foundation Board,"* she shares. *"The hospital is such an important part of the vibrancy and health of our communities and it takes all of us to make sure it is thriving."*



Tanner is a board-certified chiropractor and the owner of Jansen Chiropractic located in Brooklyn, where he also lives. *"I chose to join the GRMC Foundation Board because I value community involvement,"* he says. *"The work GRMC does to strengthen the health of the communities it serves is key to sustaining and growing our rural areas."*



Rachel and Tanner join continuing GRMC Foundation Board members **Dawn Disney-Bruggeman**, Chair; **Lauren Gant, PhD, CPE**; **Jacque Goodman**; **Shane Hart**; **Stacy Helm**; **Laura Manatt**; **Michael McKeag**; **Jeff Menary**, Secretary/Treasurer; and **Shannon Reding**, Vice Chair.

I'm grateful every day for the commitment of the GRMC Foundation Board of Directors. Their service and involvement is a real gift to me, personally and professionally.

And, as always, *I'm grateful to you* for choosing to make a difference at GRMC with your donations. In 2025, you were part of a community of donors who supported more than 20 different programs and services at GRMC. You impact patient care in many ways every day.

Thank you for making a difference at GRMC.



Donna Fischer
Director of Development

PHILANTHROPIC IMPACT



Glenn and Ginger, front row center, are pictured with several members of the rehab team.

GRATEFUL PATIENT DONATES ASSORTED EQUIPMENT TO PHYSICAL THERAPY

In January, the physical therapy and rehabilitation (rehab) department gathered as a team to thank **Glenn and Ginger Sterk** for their generous donation which led to the purchase of multiple pieces of equipment. Ginger, a former rehab patient commented, *"The therapists were all so patient; Thomas was particularly instrumental in my recovery. They were very encouraging."* After the rehab team showed each item and explained their uses, Glenn stated, *"It's overwhelming to know we did something good today."*

Items purchased were a high-low table with pregnancy cushion, a vital sign monitor and stand, an ultrasound/electrical stimulation machine, equipment for blood flow restriction therapy, and a spin disc for pediatric therapy. Sharon Burke, manager of the department, shared, *"Glenn and Ginger's generosity will touch many lives. We are beyond grateful."*

NEW EQUIPMENT PROVIDES PROMPT CARE

Thanks to your support, the laboratory (lab) recently purchased a vitals cart to better serve patients who experience an acute situation while in the lab. It will shorten the response time because responding nurses



Amelia Mullins, Laboratory Assistant

no longer have to locate a vitals cart to bring with them. A bonus: When a patient or visitor falls or collapses in the parking lot, a lab team member can be quickest at the scene with a vitals cart because of the department's close proximity to the hospital entrance.

Also, thanks to you, the obstetrics (OB) unit was able to purchase a kangaroo

board. Developed by a neonatologist, it is a tool that gives medical professionals an organized system for storage and quick access to all equipment and drugs necessary for the first ten minutes of infant resuscitation. With one in ten deliveries categorized as high risk, saving time means saving lives.

Because of you, the GRMC team is better equipped to provide prompt care which can make all the difference to our patients.



Shown with the kangaroo board are OB team members, l-r, Denali Conover, RN; Devinn Clayton; Alyssa Heider, RN; and Kami Walters, RN

HOSPITAL NEWS



YOUR PLAN, YOUR LEGACY

This is a great time to consider a gift that pays you. Payout rates for charitable gift annuities (CGAs) are now better than they have been in almost two decades. Seize the moment by considering this amazing gift that provides you with stable, regular income. After your lifetime, the remaining amount becomes part of your legacy at GRMC, allowing us to help those we serve far into the future. You will also enjoy a partial income tax charitable deduction for your gift when you itemize, and part of each payout will be income tax-free throughout your estimated life expectancy.

To learn more, visit our website at <https://plannedgiving.unitypoint.org/grinnell> or contact Donna Fischer at (641) 236-2079 or donna.fischer@unitypoint.org. Please consult your financial advisor to determine if this opportunity is right for you.

GRMC PRESIDENT CONNECTING WITH COMMUNITY

Since the beginning of 2026, you may have attended one David-Paul Cavazos' several recent speaking engagements. He has enjoyed connecting with our community at the Forum at Mayflower on 2/3⁽¹⁾, the Cancer Conversation in Grinnell on 2/12⁽²⁾, and the Grinnell College Rural Health Discussion on 2/25⁽³⁾. *"It's been my honor to engage with the Grinnell community,"* states David-Paul. *"I appreciate everyone's interest in rural healthcare in Iowa, and value the conversations and connections developed at these events."*



DELIVERING OUR FUTURE: CONSTRUCTION UPDATE

We are gearing up for **Phase II** of the expansion of GRMC's obstetrics unit. This phase consists of renovating the **nursery, medication room, nurses' station** and **break room**. While this work is being done, we will temporarily relocate these rooms to maintain comprehensive patient care for our 24/7 unit.

The renovated nursery will increase in space to accommodate five bassinets and additional storage. The updated nursery will include a sink for newborn baths and a dedicated space for newborn procedures. A new layout will create easier access for ancillary staff, such as x-ray technicians. Windows from the hallway will remain for families to view their little ones during nursery time.

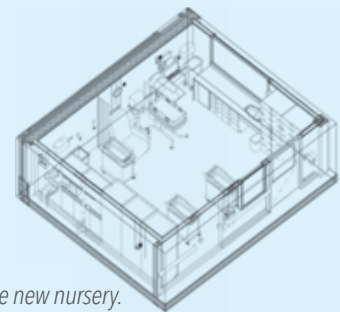


Image is a 3-D view of the new nursery.

NEW PROVIDERS



Amber Wright, LCSW, has joined our Behavioral Health Clinic as a telemedicine provider. Amber received her undergraduate degree in psychology and sociology from McPherson College, followed by a master's degree in social work from the University of Oklahoma.



Kristina Beck, ARNP, FNP-C, has joined the General Surgery and Weight Loss Surgery Clinic Team. Specializing in bariatric care and weight loss management, she earned her Master of Science in Nursing degree from Clarkson College and most recently practiced as a family nurse practitioner at UnityPoint Health - Marshalltown. Kristina is a Grinnell native, returning to the community where she was born and raised.



**YOU MATTER
TO US AND TO
YOUR WORLD.**