

# 2025 Basic Life Support Provider Course

## Purpose and Intended Audience

To enable healthcare providers in the lifesaving skills of cardiopulmonary resuscitation (CPR) for all ages (including ventilation with a barrier device, a bag-mask device, and oxygen), use of an automated external defibrillator (AED), and relief of foreign-body airway obstruction (FBAO) defined by the American Heart Association (AHA). This course can be utilized for renewal training or for providers taking Basic Life Support (BLS) for the first time.

## Objectives/Learner Outcomes

Upon completion of the course, the participant will be able to:

1. Describe the importance of high-quality CPR and early defibrillation.
2. Describe the steps in the chain of survival.
3. Successfully complete BLS skills on an Adult, Child, and Infant as well as choking and AED use.
4. Demonstrate effective use of a barrier device and a bag-mask device.
5. Complete the written exam with a score of 84% or higher.

## Faculty

Certified AHA BLS Instructors

## Fees

Registration \$75

## Registration

Click to register at this link: [2025 BLS Course Registration](#)

## Payment

Provide payment by calling in your credit card number to the Training Center at 515-241-6811

## Course Manual

2020 BLS Provider manual -Product #20-1102 available at [BLS Provider Manual | AHA \(heart.org\)](#)

## Location

Iowa Methodist Medical Center – Des Moines  
Education and Research Building  
Directions will be sent in confirmation email.

## CE Credit

None provided.

## Cancellation Policy

- The registration fee, minus \$25.00 is refundable up to three business days prior to the program. After that time, no refund is available.
- UnityPoint Health –Des Moines reserves the right to cancel the program due to insufficient enrollment. If this occurs, registration fees will be refunded.
- Courses cancelled due to adverse weather conditions will be rescheduled. Participants will be granted a refund if there is a conflict with the new date.

## 2025 Dates

January 15	July 16
January 29	July 30
February 12	August 13
February 26	August 27
March 12	September 10
March 26	September 24
April 9	October 8
April 23	October 22
May 7	November 5
May 21	November 19
June 4	December 3
June 18	December 17
July 2	

Times: 8:00 a.m. – 12:00 p.m.  
or  
1:00 p.m. – 5:00 p.m.

Questions: Email [DM\\_CTC@unitypoint.org](mailto:DM_CTC@unitypoint.org)

*The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.*