



Care You
Make Possible.

YOUR 2025
GRATITUDE REPORT



UnityPoint Health
Des Moines Foundation



**LOOKING
BACK ON 2025**
With
Gratitude

You make healing possible.

We are honored to share this year's Gratitude Report and celebrate the extraordinary impact your generosity is making across UnityPoint Health - Des Moines. Your support continues to move health care forward in powerful and meaningful ways.

At UnityPoint Health - Des Moines, our commitment is clear: Expert care. Focused on you. This promise underscores everything we do. We know health care is not one-size-fits-all. It requires listening closely, understanding each patient's unique world and tailoring care to meet their individual needs. Your partnership makes it possible to deliver care that is both highly specialized and deeply personal.

As an investor in our mission, **you are shaping the future of health care for families across Central Iowa - today and for generations to come.** Your generosity strengthens comprehensive cancer services, expands access to mental and behavioral health care, and enhances specialized programs for children and families.

You help fuel innovation, support extraordinary medical teams and ensure that patients facing uncertainty are surrounded by advanced technology and compassionate caregivers.

As you read this Gratitude Report, we invite you to reflect on the lives changed through your partnership. Health care is personal. It touches every person, every family, every neighborhood and every stage of life. Together, we are creating a stronger, healthier future for our community.

Your commitment ensures UnityPoint Health - Des Moines remains the most trusted partner for health. On behalf of all the people whose lives have been changed through your generosity, thank you.

With gratitude,

Erica Axiotis
President, UnityPoint Health - Des Moines Foundation



50 Years of Compassion



For nearly a century, the Sargent family has quietly shaped the future of health care in Central Iowa - first through individual generosity and, for more than 50 years, through the Ernest & Florence Sargent Family Foundation.

What began as a commitment to give back to the community has grown into a multi-generational legacy of compassion - one that continues to expand across hospitals, programs and patient services throughout UnityPoint Health - Des Moines.

Through their initial gifts and the ongoing generosity of children, grandchildren and great-grandchildren, the Sargent family has significantly invested more than \$2 million in support of Iowa Methodist Medical Center, Blank Children's Hospital, John Stoddard Cancer Center,

A legacy of philanthropy supporting patients and families across every stage of life.

Methodist West Hospital, Taylor House Hospice and Eyerly Ball Community Mental Health Services. In addition, family members have provided leadership and service through active participation on boards, committees and fundraisers.

Today, that legacy is carried forward by the next generation. Jane Bishop Fogg, granddaughter of Ernest and Florence Sargent, speaks on behalf of the family as they continue the tradition her grandparents began.

“Our family’s commitment to giving started with a simple belief - that we are called to care for one another,” Jane shares. “Supporting UnityPoint Health - Des Moines has allowed us to invest in programs and people who make a difference in our community, and we are honored to help patients and families during life’s most difficult moments.”

The Sargent family’s philanthropy has never been about a single building or service line. It has been about strengthening the health of the entire community - ensuring all families have access to expert, compassionate care at every stage of life.

From newborns and seniors to emergency care and cancer treatment, their generosity touches lives in ways that often go unseen, but are profoundly felt.





Honoring Charlie

A special expression of the family's legacy is the Charlie Cutler Healing & Wellness Program at John Stoddard Cancer Center.

Named in honor and memory of Charlie Cutler, Ernest and Florence's great-grandson, the program reflects the family's belief that healing is about more than treating disease. The Healing & Wellness Program provides patients and families access to supportive services including massage, music and art therapy, writing circles, nutrition and other resources and other resources that address the emotional and spiritual challenges of a cancer diagnosis.

For Charlie's mother, Diane Sargent Cutler, the program represents the importance of compassionate, whole-person care - something she witnessed firsthand during Charlie's treatment.

"During Charlie's treatment, it became clear how deeply compassionate care matters. Beyond medicine and technology, it was the human connection - the touch of a caregiver, the kindness of a therapist, the presence of someone who truly understood - that made a difference. Charlie valued positivity and did not want to be defined by his illness. It is our hope that the Charlie Cutler Healing & Wellness Program helps patients live with dignity, strength and hope as they navigate their own journeys."

Through this program, Charlie's legacy continues by offering comfort and support to families facing cancer, honoring his life by helping others find moments of healing.

A Foundation Built on Values

While the Sargent family's financial support is significant, what is perhaps most remarkable is the continuity of their commitment.

The spirit of generosity that began with Ernest and Florence did not end with them. It has been embraced and carried forward by each generation, rooted in shared values of gratitude, responsibility and service.

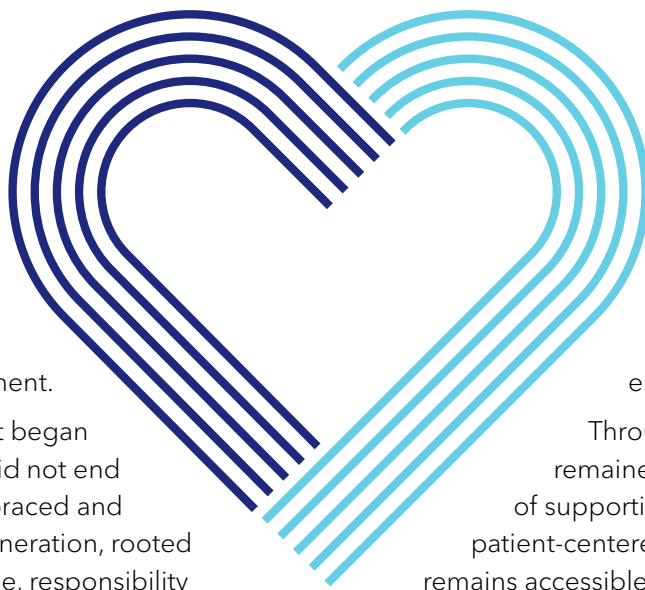
Their philanthropy spans children's health, cancer care, hospice services and mental health - reflecting a belief that strong communities depend on accessible, high-quality health care for all.

In 2025, the family was honored with the Legacy of Impact Award, which recognizes donors who have made a significant, long-term difference across our organization.

This recognition reflects not only the longevity of their support, but the intentional way they have invested - thoughtfully, consistently and with deep care for the people behind the programs.

"Receiving the Legacy of Impact Award is deeply meaningful to our family because it reflects the values that have guided our giving for generations," says Jane. "We are honored to support the work of UnityPoint Health - Des Moines and remain committed to investing thoughtfully in programs that strengthen care for patients and families in our community."

For the Sargent family, the award is less about recognition and more about reaffirmation - a reminder that collective giving, sustained over time, can create meaningful and measurable change.



Continuing the Legacy

Over 50 years, health care has evolved. Technology has advanced. Facilities have expanded. New specialties have emerged.

Through it all, the Sargent family has remained steady in their commitment of supporting innovation, strengthening patient-centered programs and ensuring care remains accessible for families across Central Iowa. Their message to others is simple, yet powerful.

"We believe strong communities are built when we care for one another. Supporting health care - especially programs that focus on children's health, cancer care and whole-person healing - helps ensure future generations have access to compassionate, high-quality care close to home. We hope others will be inspired to invest in the well-being of our community."

Philanthropy, for the Sargent family, is not about a single moment. It is about momentum. It is about investing in systems that care for neighbors, friends and future generations.

It is about recognizing that exceptional health care does not happen by chance - it happens because a community chooses to support it.

Today, their legacy continues through multiple generations - each one carrying forward the belief that giving back is not only a privilege, but a responsibility.

And because of that steady commitment, their impact will be felt for generations to come.

YOUR
IMPACT

Pediatric Care

DEB & BOB PULVER CENTER: TRANSFORMING CARE FOR CHILDREN AND FAMILIES

The Deb & Bob Pulver Center, home to the STAR & Developmental Center at Blank Children's Hospital, reflects a shared commitment to ensuring children and families receive thoughtful, coordinated care. It stands as both a place of healing and a testament to the power of vision guided by generosity.



For more than two decades, Deb and Bob Pulver have supported Blank Children's Hospital, helping advance services for children navigating complex medical, developmental and emotional challenges. Bob's commitment extended far beyond philanthropy. As owner and CEO of All State Industries, he believed deeply in giving back to the community he helped build.

His service on the Blank Children's Hospital Board and leadership in the capital campaign that helped bring the new hospital to life in 2000 reflected a belief in accessible, high-quality pediatric care.

Bob also championed innovation in developmental medicine. When leaders began envisioning a dedicated Developmental Center, he helped advance the work by researching best practices, engaging clinical experts and shape a model grounded in early diagnosis and coordinated support. That vision became reality in 2012,

expanding access to comprehensive evaluations and early intervention for families across the region.

As child advocacy and trauma response services grew, programs evolved into the STAR (Support Teams for Achieving Resilience) Center, providing multidisciplinary, trauma-informed care for children who have experienced abuse or adversity. In 2020, Blank Children's brought STAR services and developmental care together in one purpose-built location in West Des Moines, allowing families to access integrated care under one roof.

"This is a place of hope - a center for families searching for answers and for care that understands their needs," said Dr. Amy Groen, Medical Director of Blank Children's Hospital. "Within one location, children and families receive expert, holistic services designed to support physical, emotional and developmental well-being."

Following Bob's passing in 2022, Deb honored his memory through a significant philanthropic investment in the STAR & Developmental Center. In 2025, this support reached the \$1 million level, resulting in the naming of the Deb & Bob Pulver Center - recognizing visionary leadership and a continued commitment to coordinated care.

The Deb & Bob Pulver Center stands as a lasting expression of generosity, service and hope for generations to come.

Almost all areas of Blank Children's Hospital rely on philanthropic support. In every aspect of the care provided, it is donors like you who are making it possible.

A LIFETIME OF GIVING: JAN AND LLOYD TAYLOR'S \$1 MILLION MILESTONE

For more than 22 years, Jan and Lloyd Taylor have given not only their resources, but their hearts to Blank Children's Hospital.

In 2025, the Taylors reached a remarkable milestone - more than \$1 million in lifetime giving - reflecting decades of generosity inspired by a deeply personal family story.

The Taylors' connection to Blank Children's began when their grandson Ryan was diagnosed with leukemia at the age of 9. During his treatment, Jan and Lloyd spent months in Colorado supporting their family and helping care for Ryan during a critical time.

Through those long days at the hospital, the Taylors developed a deep appreciation for programs that support children beyond medical treatment alone.

Much of their giving has focused on the Child Life Program and children's cancer care, programs they believed are essential to helping children cope with the emotional and social challenges of serious illness.

"Helping a child get through the hardest thing they will ever face is incredibly important," Jan said. "Child Life Specialists help children know it's okay to feel angry or scared, and that support matters more than people realize."

For Jan and Lloyd, the Child Life Program helps children express emotions, cope with isolation during treatment and experience moments of normal childhood during difficult times.

"If you can give five dollars, it makes a difference," Jan said. "It adds up. If people open their hearts and give what they can, it can change someone's life."



Though the Taylors once considered an estate gift, they chose to redirect support during the COVID-19 pandemic to help Child Life when funding was uncertain. They gave \$500,000 to make sure the program was fully funded that year.



In 2022, Lloyd passed away, though his legacy is still very much alive.

Today, Jan continues giving because of the difference she has seen firsthand.

"Children are special," she said. "Helping them through illness and giving families support during such a hard time is incredibly important."

The Taylors legacy is shaped by love for their grandson and a belief that every child deserves the opportunity to heal and thrive.

POWERING COMMUNITY IMPACT



For more than three decades, Commonwealth Electric Company of the Midwest has been a steadfast partner to UnityPoint Health and Blank Children's Hospital.

What began as a working relationship supporting hospital facilities and construction projects has grown into a meaningful friendship rooted in shared values of service, community and commitment to children and families.

Commonwealth is also a longtime supporter of Festival of Trees & Lights, contributing hundreds of volunteer hours since 2012 to help with event setup, teardown and technical support for the children's train.

In 2024, through the Commonwealth Cares Program, Commonwealth presented a

\$100,000 gift to support the Child Life Program, bringing their total giving to more than \$300,000.

Beginning in 2026, Commonwealth will serve as the new presenting sponsor for Festival of Trees & Lights, continuing their long history of supporting children and families across Central Iowa.

"Our company has worked with Blank Children's for more than 30 years. It was a natural connection to support Festival of Trees & Lights.

It's a passion of ours - we know it's going to a great cause and we love helping kids," said Mike Duffy, Retired Vice President of Commonwealth Electric Company.

We are deeply grateful for Commonwealth Electric Company's long-standing friendship and commitment to helping kids in Central Iowa.



MORE THAN A MEAL: JERSEY MIKE'S MONTH OF GIVING



Through their annual Month of Giving campaign, Jersey Mike's Subs has made a meaningful impact supporting kids in our community. In 2024, their donations supported the Fire Safety House and in 2025 helped provide child safety resources including car seats through the Advocacy & Outreach Program and continued support of Festival of Trees & Lights.

"Giving back is at the heart of Jersey Mike's. Through our Month of Giving, we're honored to partner with Blank

Children's Hospital to support programs and services that make a meaningful difference for children and families across Iowa," said Scott Miller, DSM Metro Owner.

Each year, Jersey Mike's Day of Giving brings the community together to make an impact. Through participation in Month of Giving activities and the purchase of subs, 100% of proceeds support local charities and children's health programs that help create safer, healthier childhoods.

CELEBRATING 20 YEARS OF IMPACT



For 20 consecutive years, Iowa Realty has served as our presenting sponsor of Festival of Trees & Lights, standing beside Blank Children's Hospital through unwavering partnership and generosity.

Together, Iowa Realty and their team have helped raise more than \$1.1 million to support programs, Child Life services and families across Central Iowa. We are deeply grateful for two decades of impact, leadership and commitment to our mission.

SHINING STARS SPOTLIGHT

When Paisley spent 35 days at Blank Children's Hospital last summer, she faced a serious infection that led to acute kidney failure and required dialysis, ultrasounds, spinal taps, feeding tubes and other intensive treatments.

Through her experience, Paisley was inspired by the compassion and support she received from her medical team and Child Life Specialists. Wanting to help other children feel the same comfort and encouragement

she felt, she created the "Brightening Days for Brave Kids" fundraiser.

Paisley raised more than \$3,800 to support children and families receiving care at Blank Children's. Her message to other brave kids reflects her own strength and kindness: "You are strong. You are brave. You can do hard things. You are never alone."

Paisley's story is a shining example of generosity, courage and the power of giving back.



YOUR
IMPACT

Cancer Care

THE FUTURE OF CANCER CARE STARTS HERE

The new Medical Oncology & Hematology Clinic at John Stoddard Cancer Center provides expert care for cancer and blood disorders under one roof. The clinic expands access to chemotherapy infusion services delivered by certified nurses who combine skill with compassion.

"With these services, patients and families across Central Iowa can access comprehensive care, from diagnosis through survivorship, all in one place," said Jon Rozenfeld, President of UnityPoint Health - Des Moines.

The clinic complements Stoddard Cancer Center's full continuum of services, including radiation oncology, inpatient care, the Adolescent & Young Adult (AYA) program and essential support services such as navigation, counseling, nutrition and wellness programs. Through community partnership and support, Stoddard Cancer Center continues to advance patient-centered care that helps patients focus on healing.



A LEGACY THAT LIVES ON

For Kent Lehr, honoring his wife Stacey meant doing something lasting.

Stacey was the heart of their family - a devoted wife, an extraordinary mother and someone who celebrated life's moments with intention and joy. More than anything, she loved being a mom. Her children were her greatest gift and her deepest pride. Following her passing, Kent knew her legacy needed to reflect not only the strength she showed during cancer, but the way she loved - fiercely, creatively and without limits.

Through a \$500,000 gift from the Stacey G. Lehr Foundation, the Adolescent & Young Adult Cancer (AYA) Program at John Stoddard Cancer Center will now be named in her honor - ensuring Stacey's

spirit continues to surround young families facing cancer for generations to come.

Stacey's diagnosis brought conversations most couples hope to postpone for decades. Yet even in the hardest moments, Kent recalls that she would pause to reflect on how blessed she felt - grateful for their family, their friends and the support system that carried them through treatment.

"It became clear during those conversations that part of Stacey's legacy would be helping others in a similar situation," Kent shared. "Not necessarily the clinical side of cancer, but the emotional and psychological challenges of being a young person - and in her case, a mom - facing something so serious."



After Stacey's passing, Kent searched for the right way to honor that vision. When the opportunity arose to support the growth of the AYA program, he knew it was the one.

Meeting Young Patients Where They Are

Adolescents and young adults with cancer (ages 15 to 39) face challenges that differ greatly from those of children or older adults. Approximately 89,000 adolescent and young adults are diagnosed each year in the United States, yet their needs often go underserved.

As the first program of its kind in Iowa, the AYA Cancer Program - developed in partnership with Blank Children's Hospital - was created to better support young patients through services such as counseling, fertility education, genetic testing, social work, nutritional support, survivorship programming and more.

For Kent, the program reflects exactly who Stacey was.

"Stacey had a gift for making people feel seen and for making milestones special," he said. "She didn't let cancer stop her from living. Whether it was meals, transportation, lodging or simply helping someone feel cared for, those are the things she was passionate about. That's the heart of this program."

Stacey, founder of Pink Print Company, built her business and her life around elevating life's moments with creativity and intention. Kent sees that same spirit woven into a program designed to help young patients continue living fully - even while facing cancer.

A Name That Carries Forward

Naming the program was about more than remembrance.

"Selfishly, I want our kids to see how amazing their mom continues to be," Kent shared. "Her legacy will live on in this community, and in the lives of the young people this program serves." He remembers sitting beside Stacey during infusions when she would look around the treatment room and ask how they could help other young families walking the same path.

"It was during those discussions that I knew we would be committed to this work forever."

Through the **Stacey G. Lehr AYA Cancer Program**, young patients and their families will receive not only expert medical care, but also the emotional, practical and personal support Stacey believed mattered most.

And in that way, a piece of her continues on - creative, compassionate, strong and full of life.



CASTING FOR KODY

In early 2025, John Stoddard Cancer Center patient Kody passed away following his journey with cancer. Inspired by his love of fishing and the care he received at Stoddard Cancer Center, his parents created Casting for Kody, a fishing tournament held in his memory.

Friends and family gathered to celebrate his life and raised more than \$6,000 to support local AYA cancer patients - a tribute that turns love and loss into lasting impact.



DRAIN FOR THE CURE: \$100,000 AND GROWING

Springfield Plastics has surpassed \$100,000 in total giving to John Stoddard Cancer Center through its Drain for the Cure fundraiser - a milestone that reflects years of dedication to patients and families facing cancer.

Drain for the Cure was inspired by Lori Baker, a beloved member of the Springfield Plastics family who was diagnosed with stage 4 triple-negative breast cancer at just 32 years old. Lori's strength, faith and determination to fight every day left a lasting impact.

After opening an Iowa location, company leaders knew it was important to bring the fundraiser here and partner with Stoddard Cancer Center to make a meaningful difference close to home.

"Cancer has touched nearly every life, either personally or through a family member or friend," said Jennifer Furkin, President of Springfield Plastics. "Our greatest hope is that these funds will spark breakthroughs in treatment and bring life-changing therapies to patients as quickly as possible, so more people can win their fights and more families can keep the moments that matter most."

Since launching locally in 2022, the fundraiser continues to grow each year - strengthening the community while directly supporting adolescent and young adult cancer patient care in Iowa.



CAREGIVERS WHO MAKE A LASTING DIFFERENCE

Nurses like Deb Cosgrove are the heart of the care teams at John Stoddard Cancer Center. For many years, Deb worked on the oncology unit, forming meaningful relationships with patients and families and inspiring a legacy of compassionate care.

Recently, the Burnett family honored Deb with a \$5,000 gift to the Charlie Cutler Healing & Wellness Program in recognition of the care she provided to their family.

"I was elated, shocked, at a loss for words and emotional," Deb said. "Words can't express my gratitude for this gift made in my honor."



Through this gift, the Burnett family helps ensure that compassionate care continues to support patients and families for years to come.

You want to say thank you. We can help.

Whether you want to celebrate a special caregiver or share your story with others, our Foundation team works closely with the health care team to ensure gratitude is conveyed in the most meaningful way.

To learn more, scan the QR code.



DIGNITY THROUGH INNOVATION: SCALP COOLING

John Stoddard Cancer Center has become the first in Central Iowa to offer scalp cooling with Cooler Heads' Amma™ system. This FDA-cleared, portable therapy gently lowers the temperature of the scalp before, during and after chemotherapy, helping reduce hair loss and support patients' confidence during treatment.

This important advancement was made possible through philanthropic support, including a leadership gift from the Gartner Family Foundation.

For the Gartner family, the decision to give was easy.

Through support of family members and friends during their cancer journeys, they know how much dignity and choice matter during treatment.

"Everyone's cancer journey is different. With all of the given uncertainties, stress, possible setbacks, and more, Scalp Cooling is an incredible technology that can give patients a sense of themselves back," shared Michelle Gartner, Gartner Family Foundation. "While it may seem small, in the bigger picture it is a tool that can mean so much to someone."

Scalp cooling is already helping patients like Shioben feel more like themselves during treatment.

"When I learned I could use scalp cooling, it gave me a sense of hope and control during a time when so much felt uncertain," Siobhan shared. "Because the change in my appearance is minimal, I'm able to move through my daily life with the same confidence I had before my cancer diagnosis. I'm grateful this option is available at John Stoddard Cancer Center."



**YOUR
IMPACT**

Mental + Behavioral Health

A NEW PLACE FOR HOPE: EYERLY BALL COMMUNITY MENTAL HEALTH SERVICES CLINIC



The opening of the new Eyerly Ball Community Mental Health Services Clinic represents a transformative step forward for mental health care in Central Iowa.

The centralized facility brings critical services together under one roof - improving access, coordination and dignity for individuals seeking care at every stage of their mental health experience.

Since 1969, Eyerly Ball has carried forward a simple but powerful mission: to provide compassionate, community-based mental health care for anyone in need across 22 counties in Central and Northern Iowa.

Designing Care Around People

The new clinic was intentionally designed as a welcoming, trauma-informed space that reduces barriers to care.

Services are centralized to provide a more seamless experience, connecting patients with clinical care, peer support resources and pharmacy services in one location.

Inside the building, patients can visit a peer-led drop-in center where individuals can connect with others, prepare for employment opportunities and build supportive community relationships. An onsite pharmacy also provides convenient and immediate access to medications for both clinic patients and the surrounding community.



\$1 Million Gift Strengthens the Future of Mental Health Care

The opening of the clinic was strengthened by an anonymous \$1 million gift that established the first-ever endowment for Eyerly Ball.

The unrestricted investment provides leadership with flexibility to respond to evolving community needs, support staff and programs, and sustain high-quality mental health services for years to come.

“This gift is a profound vote of confidence in our mission, our leadership and our team,” said Cynthia Steidl-Bishop, President of Eyerly Ball. “Unrestricted support allows us to meet people where they are, adapt to changing needs and make thoughtful investments that create lasting impact.”

The anonymous donor shared a belief that lasting change requires sustained investment in mental health care. Their hope is that the gift will strengthen Eyerly Ball’s future while inspiring continued community support.

The opening of the Eyerly Ball Community Mental Health Services Clinic reflects a shared commitment to accessible, integrated behavioral health care - today and for the future.



Care is designed to feel coordinated, compassionate and dignified - helping individuals focus on healing, stability and hope.

50 Years of Excellence in Family Medicine

STRENGTHENING THE FUTURE FOR PHYSICIANS

For 50 years, the Family Medicine Residency Program at UnityPoint Health – Des Moines has trained physicians who care for families across Iowa and beyond. Generations of residents have learned not only the science of medicine, but the compassion and community connection that define family medicine.

As the program celebrated this milestone, donors and graduates stepped forward raising more than \$180,000 for the Innovation Fund to strengthen the future of the residency.

The fund allows leadership to update resident spaces, invest in new technology, adopt evolving educational tools and maintain the program's standing as a residency of choice.

The anniversary was made even more meaningful by the strong participation of former residents who helped make the fund possible.

Family medicine physicians are often the first call in a patient's health journey. Thanks to generous supporters, the next 50 years of training and care will be even stronger.



“As a residency program, our greatest measure of success is the physicians our graduates become. To have so many past residents invest in the Innovation Fund is deeply affirming. They are paying forward the training, mentorship and experience they received - and strengthening this program for those who follow.” - Dr. Alexandra Hubbell, Family Medicine Residency Program Director



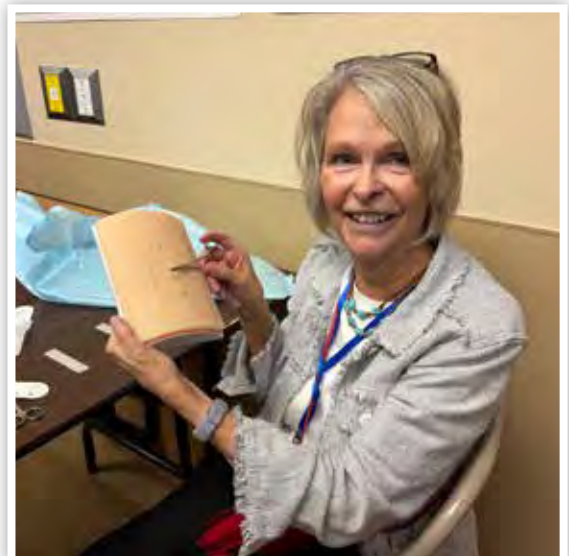
SCRUBBING IN FOR WHAT MATTERS

At UnityPoint Health - Des Moines, advancing care means investing in people. Through the Carlstrom Resident Award Endowment, Dr. Carlstrom is equipping the next generation of surgeons with the tools they need to succeed.

Each year, the endowment provides surgical loupes for incoming residents at Iowa Methodist Medical Center. These precision tools are essential in the operating room, helping residents see clearly as they refine the skills their patients depend on. For physicians just beginning residency, often carrying significant educational debt, this support eases financial pressure and sends a powerful message of encouragement from someone who once stood in their shoes.

In health care, "scrubbing in" marks the moment you become part of something critical - focused, ready and essential. Endowments like this one ensure residents are prepared for that moment, now and in the future - strengthening patient care and advancing health across our community.

That impact was on display during the inaugural Scrub In event hosted by the Foundation. Community supporters experienced live simulations and hands-on skill stations, guided by residents who demonstrated the focus and precision their training demands every day.



Legacy of Giving



A LEGACY ROOTED IN STUDENTS AND COMMUNITY

Betty Hyde's commitment to the Auxiliary began in 1973 with a gift to support Iowa Lutheran Hospital. What started as a single act of generosity grew into a lifetime of volunteer service and giving focused on helping students succeed.

Education has always been central to Betty's life and work. As a school leader, she believed learning should extend beyond the classroom, helping students build confidence, curiosity and practical skills.

For Betty, access to books and learning resources is especially meaningful. She believes reading creates opportunity, particularly for students who may not have books at home. "I believe reading opens every door," she shares. "If you know how to read and enjoy reading, you can learn across generations and across time."

Hyde's connection to student-focused programs continues through her service on the Auxiliary scholarship committee and the Volunteer Program, where she invests in opportunities that help young people grow in confidence and explore future careers in health care.

Recently, Betty made a planned gift to help sustain the Auxiliary's mission and create opportunities for future students.

Looking back, she hopes to be remembered as a teacher who helped students leave her classroom feeling more capable than when they arrived. "I want students to leave feeling more confident - knowing they are capable of more than they imagined."



A LEGACY OF COMPASSION FOR BEHAVIORAL HEALTH

Susan Evans dedicated more than 30 years of her career to advancing the mission of UnityPoint Health, including 20 years supporting fundraising efforts at Iowa Lutheran Hospital. Her work with behavioral health and addiction programs shaped her belief that mental illness and addiction are diseases - not choices.

Through conversations with patients in the Powell Chemical Dependency Center, Susan heard the emotional pain many individuals carry. "Patients don't want this life," she said. "They want a path to restore their families and their futures. Addiction is a disease, and mental illness is not a matter of simply being strong enough."

Susan was inspired by the resilience of patients managing their recovery long after treatment and by families who gave in gratitude for renewed health and stability. After years of supporting hospital programs as a team member and donor, she chose to make a planned gift to continue supporting the mission she helped advance throughout her career.

"I hope my planned gift will help people who are battling mental illness and addiction," Susan said. "These are good, deserving people who want to live the lives they truly desire."

Her gift will help sustain behavioral and mental health services through Eyerly Ball Community Mental Health Services. Susan hopes her legacy will help provide compassionate care that restores dignity, supports recovery and creates opportunity for patients and families for years to come.



YOUR IMPACT

2025 by the Numbers

Looking back on 2025, we see you, our generous donors, behind each and every moment of impact and reason to celebrate. We are deeply grateful to everyone who made, and continues to make, our mission possible.

The accomplishments we celebrate are YOURS.

The appreciation we receive from patients, families, community partners and our health care teams BELONG TO YOU.

Here is just a sampling of the ways you've supported patients, families, caregivers and our community through the UnityPoint Health - Des Moines Foundation.

ADULT CARE

YOU PROVIDED A LIFELINE FOR PATIENTS AND NEIGHBORS

- Iowa Methodist Medical Center, Iowa Lutheran Hospital and Methodist West Hospital served **36,302** patients from **99** Iowa counties and all **50** states with compassionate, expert care.
- More than **25,590** surgeries, **46** kidney transplants, **13,363** cardiac catheterization and **237** open heart procedures were performed.
- Iowa Methodist, Iowa Lutheran, and Methodist West Emergency Departments cared for patients through **121,740** visits. LifeFlight completed **1,126** patient flights.

YOU GAVE ONE LAST FLIGHT

Through the Legacy & Last Wishes Program, hospice and hospitalized patients are able to experience meaningful final moments - including helping Bob Mills take one last flight, 46 years after leaving the cockpit.



CARE TEAM

YOU CARED FOR OUR DEVOTED CAREGIVERS

- More than **120** nurses advanced their education and practice through continuing education, certifications and conference attendance.

JOHN STODDARD CANCER CENTER

YOU PROVIDED SUPPORT THROUGH PROGRAMS AND SERVICES FOR CANCER PATIENTS

- Connected **1,012** patients to the Oncology Navigator Program.
- Provided **4,897** meals through Meals That Matter and offered virtual nutrition classes to more than **66** participants through Meals That Matter at Home.
- Supported **268** patients and families through our What's On Your Mind? free counseling program.
- Provided music therapy to **184** patients.
- Provided **5,408** gift cards for groceries and gas along with **310** Uber rides.
- Provided **422 hours** of massage therapy and comfort for patients and families.

YOU HELPED GIVE PATIENTS THE EDGE

With the addition of *The Edge* linear accelerator, John Stoddard Cancer Center continues to expand advanced radiation options - delivering greater precision, shorter treatment times and renewed hope for patients.



BLANK CHILDREN'S HOSPITAL

YOU GAVE HOPE AND HEALING TO KIDS

- Supported **44,000** Child Life interactions, 100% philanthropy funded.
- Transported **900** newborn babies and critically-ill children by teams that specialize in this care - by ground in our Pediatric Critical Care Ambulance or by air in our LifeFlight helicopter.
- Supported **53** newly diagnosed cancer patients along with **40** clinical trials, and ongoing treatment for **hundreds** of children and teens in the Cancer & Blood Disorders Center.
- Provided **28,481** Emergency Department visits for patients with injuries and illnesses that couldn't wait.
- Offered important childbirth education classes to **1,750** people in addition to **207** tours to **1,050** patients and families.

YOU HELPED OUR SMALLEST PATIENTS AND THEIR FAMILIES

- Provided **4,634** patients, including **1,523** NICU babies, staying in the hospital with compassionate, expert care.
- For the tenth year in a row, more babies in central Iowa were born in our hospitals than anywhere else. We helped welcome **5,307** babies.

YOU HELP PATIENTS LIKE SULLY

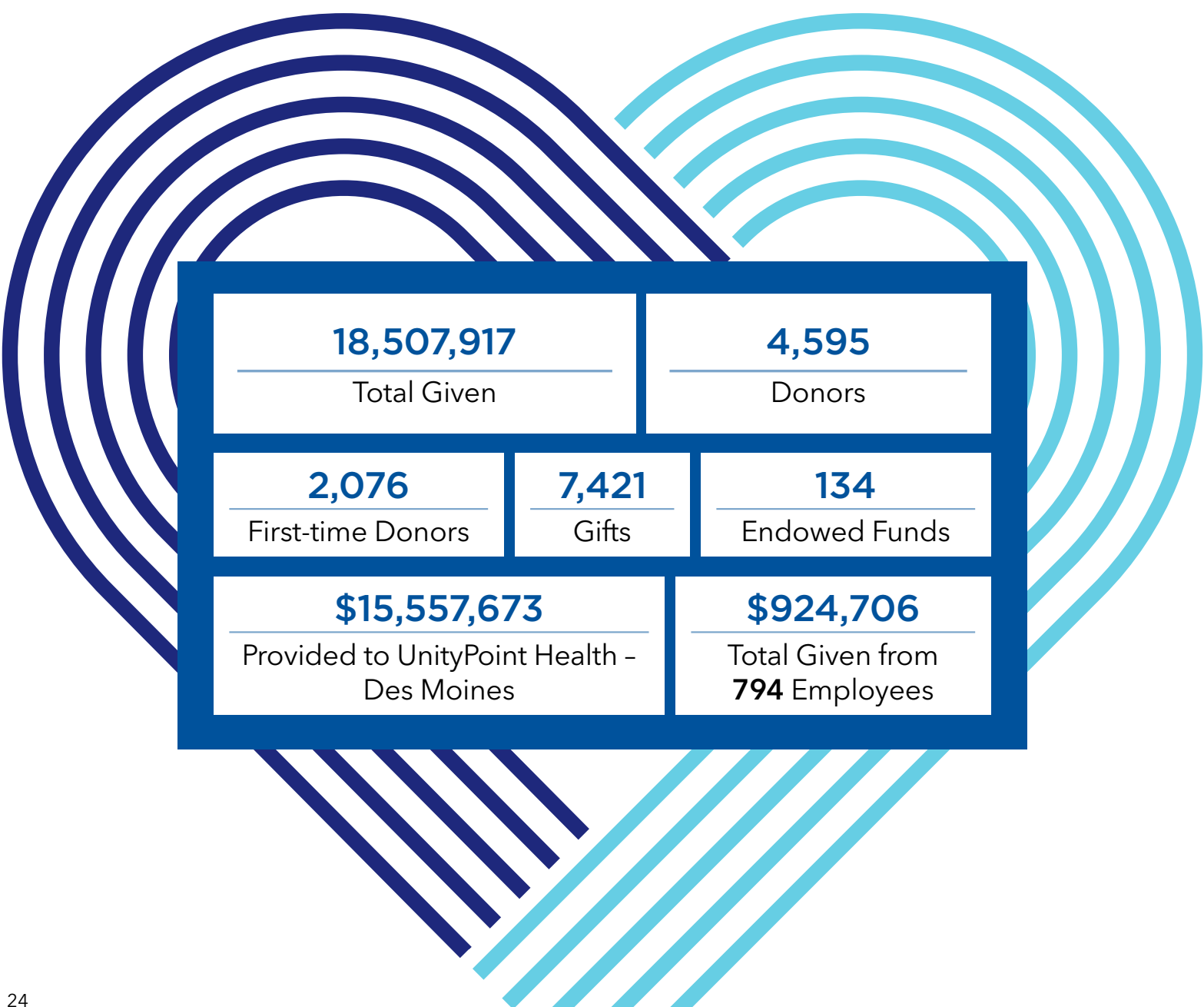
Sully's journey is a testament to resilience and hope - and to the compassion of Child Life at Blank Children's Hospital. Donor support makes this comforting presence possible for kids and families every day.



Scan the code to see more of Sully's story.

Your Giving Impact

When you give to the UnityPoint Health - Des Moines Foundation, your gift unites with others to provide a collective impact that makes a difference for thousands of Iowans each year.



18,507,917		4,595	
Total Given		Donors	
2,076	7,421	134	
First-time Donors	Gifts	Endowed Funds	
\$15,557,673		\$924,706	
Provided to UnityPoint Health - Des Moines		Total Given from 794 Employees	



LOOKING BACK ON 2025 WITH GRATITUDE

Thank you for making our work - and this impact - possible, for being by our side, and for helping us finish 2025 strong. We have only the highest of hopes for 2026.

Sign up for our e-newsletter at:  bit.ly/UPHFoundationNewsletter or use this QR code



Keep up with what's going on at the Foundation all year!



Facebook: facebook.com/UnityPointDesMoines
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YouTube: youtube.com/@unitypointdesmoines

Believe what you do makes a difference.
BECAUSE IT DOES.

ABOUT UNITYPOINT HEALTH - DES MOINES FOUNDATION

It begins with our vision: Improving the health of our communities through philanthropy, service and volunteerism.

Today and everyday, we live our mission. To develop community and financial resources necessary to support UnityPoint Health - Des Moines in providing premiere quality health care for the communities we serve, now and into the future.

unitypointfoundation.org

UNITYPOINT HEALTH - DES MOINES FOUNDATION TEAM MEMBERS

Erica Axiotis, *President*

Tristan Carman, *Associate Director of Development, John Stoddard Cancer Center*

Carla Chambers, *Executive Assistant*

Katelyn Deutmeyer, *Director of Development, Blank Children's Hospital*

Janet Fisher, *Sr. Director of Development, Blank Children's Hospital*

Adam Haselhuhn, *Sr. Director of Development*

Aimee Lane, *Development Coordinator*

Matt Lyons, *Director of Development*

Elizabeth Minnie, *Annual Giving Coordinator*

Sarah Mowery, *Director of Development*

Emily O'Baker, *Development Coordinator*

Charles Snyder, *Sr. Director of Prospect Research & Donor Engagement*

Liz Tesar, *Director of Development & Communications*

Katie Vine, *Director of Development*

Erin Wendt, *Sr. Director of Operations*

Meghan Wypych, *Director of Grants*

UNITYPOINT HEALTH - DES MOINES FOUNDATION

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UnityPoint Health

Des Moines Foundation

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