

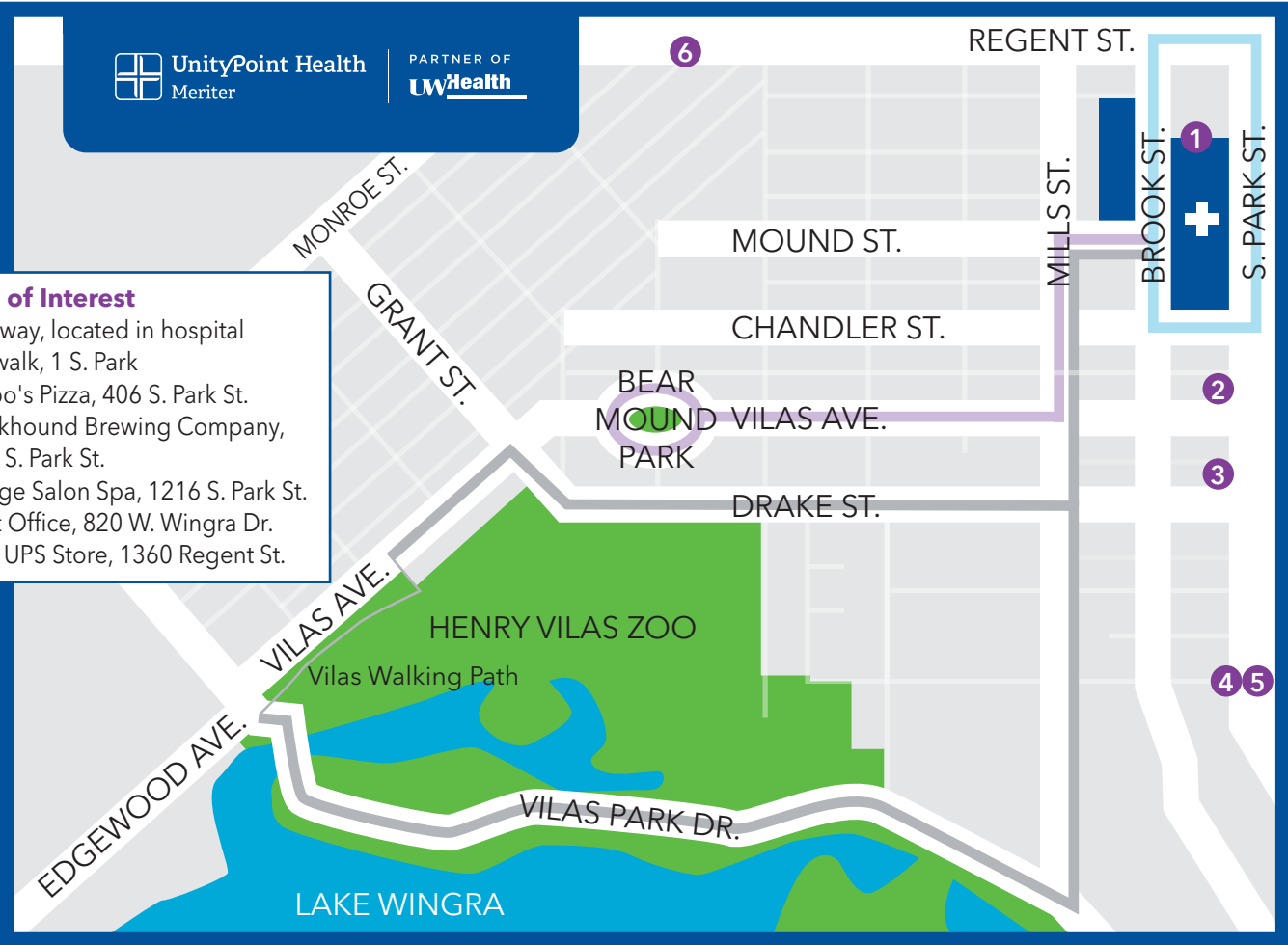


UnityPoint Health
Meriter

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Points of Interest

- 1 Subway, located in hospital skywalk, 1 S. Park
- 2 Falbo's Pizza, 406 S. Park St.
- 3 Rockhound Brewing Company, 444 S. Park St.
- 4 Fringe Salon Spa, 1216 S. Park St.
- 5 Post Office, 820 W. Wingra Dr.
- 6 The UPS Store, 1360 Regent St.



We are in the midst of several major construction projects. If the construction noise is especially loud in your room, please speak to your nurse about options to help mask construction noise such as requesting a sleep kit – which includes earplugs and mask, or listening to relaxing music on channels 52 and 53.

Walking Routes

Taking care of a loved one can be stressful. We encourage you to take time for yourself during long hospital visits. A short walk can help improve your emotional and physical well-being. For your convenience, we have included a map of outdoor walking routes.

½ Mile Route

Head south onto Brooks Street. Take a left onto Chandler Street. Proceed and turn left onto South Park Street. Turn left onto Regent Street. Finally, turn left back onto Brooks Street.

1 Mile Route

As you exit the main hospital entrance cross the street and proceed directly onto Mound Street. Turn Left onto Mills Street. Turn right onto Vilas Avenue. Walk around Vilas Circle, and return to Vilas Avenue. Turn left onto South Mills Street. Turn right onto Mound Street.

2.5 Mile Route

As you exit the main hospital entrance cross the street and proceed directly onto Mound Street. Turn left onto Mills Street. Turn right onto Drake Street and follow to the Grant Street intersection. The Vilas walking path begins at the zoo parking lot exit and continues parallel to Vilas Avenue. Turn left onto Vilas Park Drive and continue to walk completely around the park. Turn Left onto South Mills Street. Turn right onto Mound street.