



Physical Medicine & Rehabilitation

Inpatient rehabilitation is a 24-hour-a-day commitment to each patient. Individuals recovering from strokes, brain injuries, spinal cord injuries or other serious conditions need intense rehabilitation and nursing care.

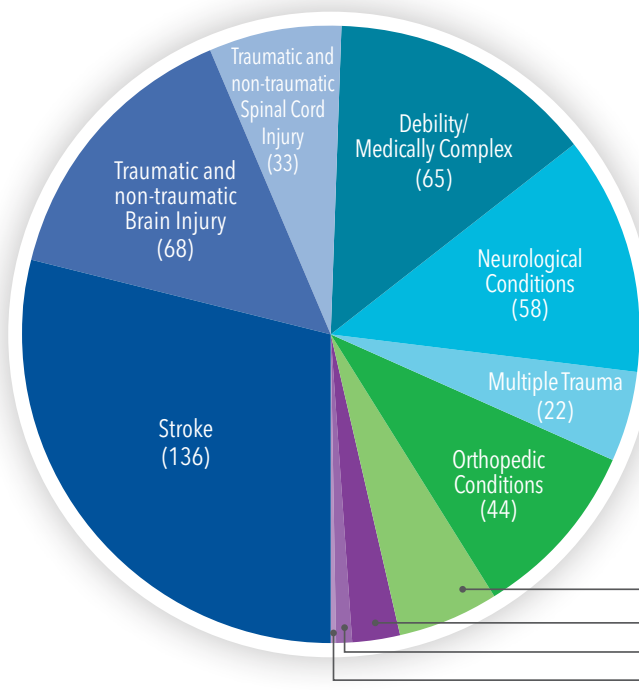
We serve both pediatric patients age eight and older, as well as adults. Our dedicated, experienced staff uses a wide range of therapies (physical, occupational, speech and recreational), as well as counseling and education to create individualized plans for each patient.

St. Luke's has been recognized several times for being a top rehabilitation hospital in Iowa. Our facility is equipped with cutting-edge technology and resources, including a nearly 18,000-square-foot, state-of-the-art rehab gym and the most up-to-date therapy equipment, including HydroWorx aquatic therapy, Solo Step, a Functional Electrical Stimulation bike, Xcite system, and the Balance Master.

Our rehabilitation staff consists of:

- physicians
- nurse practitioners
- health psychologists and neuropsychologists
- physical, occupational, speech and recreation therapists who specialize in brain injuries
- dietitians
- certified rehabilitation registered nurses
- care coordinators
- social workers
- patient care techs

Our Personal Mission: To give the healthcare we want our loved ones to receive.



467

Patients treated across 11 conditions

1/1/24 - 12/31/24



(Average for all conditions)

“Thank you so much for giving me the guidance, strength and mobility to come home with confidence.”



UnityPoint Health
St. Luke's Hospital

Physical Medicine & Rehabilitation
1026 A Avenue NE | Cedar Rapids, IA 52402
(319) 369-8139 | unitypoint.org

98%

of patients would recommend St. Luke's Rehabilitation

Nearly all of our patients gave us a rating of "good" (4) or "very good" (5) on a scale of 1-5. (Based on 137 respondents).



Mobility Gains

Patients recovering at St. Luke’s Rehabilitation discharged at a higher level of independence with mobility (67.7) as compared to the national average of (67.0).



Days in the hospital
Average length of stay for all rehab patients

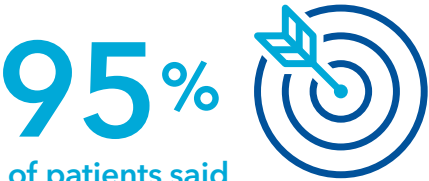
Stroke 14.8 | Brain Injury 10.1 | Spine 14.2

Rehab team certifications include:

- Assistive Technology Professional (ATP)
- Certified Brain Injury Specialist (CBIS)
- Certified Rehabilitation Registered Nurse (CRRN)
- Medical Rehabilitation Management (MRM)
- Neurologic Clinical Specialist (NCS)



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Certified Rehabilitation Registered Nurses (CRRNs)



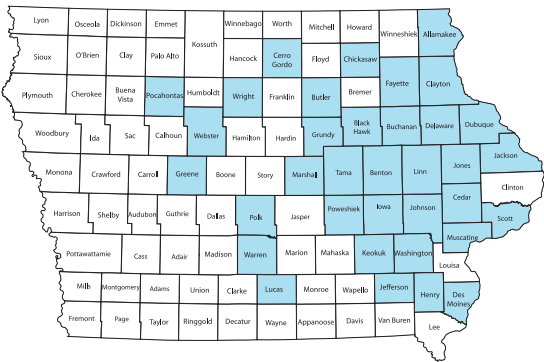
95%
of patients said they were very satisfied or satisfied with their rehabilitation progress
(Average for all conditions, based on 137 survey respondents)

Stroke 100% | Brain Injury 100%



3.4
Therapy hours per day
Average amount of time each patient receives treatment (3.7 hours for stroke patients and 3.5 hours for those with brain injuries)

Industry Benchmark: 3 hours



35
Counties in Iowa where our patients reside, plus six additional states (2024 data)

Supporting you after a hospital stay

St. Luke’s Neuro Rehabilitation Clinic

- Outpatient Therapy
- Physical Therapy
 - Occupational Therapy
 - Speech Therapy
- Neuropsychology
- Megan Adams, Ph.D.
 - John Lace, Ph.D.
 - Marie Volbrecht, Ph.D.

- Physiatry
- Nicholas Appleby, D.O.
- Psychology
- Courtney Brennaman, Ph.D.

- Podiatry
- Roy Lidtke, DPM
- Spinal Cord Injury Clinic
- Elissa Zakrasek, M.D.

- Rehab & Pain Center
- Pain Management
- Health Psychology
- Outpatient Rehabilitation Medicine
- Stroke Clinic
- Stanley Mathew, M.D.
 - Roman Magid, D.O.

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Phenomenal Rehabilitation Providers

Our rehabilitation staff consists of physicians; nurse practitioners; psychologists; physical, occupational, speech and recreation therapists, who specialize in brain injuries; dietitians; certified rehabilitation registered nurses; care coordinators; and social workers.



Stanley Mathew, MD
Physiatrist,
Medical Director



Devin RH Smith, MD
Physiatrist



Nicholas Appleby, DO
Physiatrist



Elissa Zakrasek, MD
Physiatrist



Roman Magid, DO
Physiatrist



Megan Adams, PhD
Neuropsychologist



Marie Volbrecht
PhD, ABN
Neuropsychologist



Courtney Brennaman
PhD
Health Psychologist



Kyle Preuninger
ARNP