



Annual Report 2024



UnityPoint Health  
Allen Foundation

## YOUR GIVING IMPACT

We've really taken on and embraced new opportunities in 2024. Sometimes change leads to opportunity and, although change can be difficult, we're often able to find better things ahead. Thanks to many generous donors, Allen Foundation has been instrumental to many great moments in 2024, and we look forward to what's next!

In 2024, charitable donations to the Allen Foundation totaled \$2,318,060, thanks to many generous individuals, corporations and organizations in the community. Roughly \$2.3 million was also granted to UnityPoint Health - Waterloo, supporting Allen Hospital, Allen College, Black Hawk-Grundy Mental Health Center and our local hospice services among other areas.

The Allen Foundation board has some new faces and said goodbye to some longstanding members. We appreciate their commitment to the Foundation, and we look forward to welcoming our new board chair in 2025.

The Allen Foundation team and board have also taken on some important projects to carry forward to our community in search of support. We're excited to see much-needed growth for our Child Protection Center, as well as Allen College's Simulation Lab. You can learn more about these projects in the pages of this report.

It's with gratitude we share the many highlights from 2024 - all thanks to you, the generous supporters of the Allen Foundation.



A handwritten signature in black ink, appearing to read "Lance Vanderloo".

**Dr. Lance Vanderloo**  
2024 Board Chair,  
Allen Foundation



A handwritten signature in black ink, appearing to read "Mike Lind".

**Mike Lind**  
Executive Director,  
Allen Foundation



A handwritten signature in black ink, appearing to read "Jenni A. Friedly".

**Jenni Friedly**  
President,  
UnityPoint Health - Waterloo

# THANK YOU

# Fall For Allen



## SAVE THE DATE: October 3 – 5

You are invited to join our vibrant celebration of history, health and community spirit to honor the 100th Anniversary of Allen Hospital and Allen College.

The public event will take place on the Allen College campus (1990 Heath St., Waterloo) beginning with a brief program at 7:30 a.m. Friday, Oct. 3. The weekend-long exhibit will be open 10 a.m. – 6 p.m. daily through Sunday, Oct. 5 and feature:

**Pumpkin and Horticulture Mega Sculpture Art** – Renowned local artist Bill Close will craft massive, 10-foot structures made of pumpkins and other horticulture materials to create stunning visual arts for guests to enjoy.

**I'm an Allen Baby** – Attendees are invited to submit a baby photo of themselves, family or loved ones to create a photo mosaic honoring generations of families connected by the Allen Birth Center.

**Walk Down Memory Lane** – Guests can enjoy an outdoor walking exhibit recognizing significant moments and the rich history of Allen Hospital and Allen College. Displays created in partnership with Waterloo Career Center.

**Allen Auxiliary Gift Shop Pop-Up Store and Centennial Market** – Unique gifts and memorabilia will be available, with proceeds supporting Allen Hospital programs and services. The Allen Alumni Association will offer fall-themed items for sale with proceeds benefitting scholarships for future healthcare professionals.

**Area Food Trucks** – Savor seasonal favorites such as apple cider donuts, caramel apple bar and other delicious treats.

**Canned Food Drive** – To help combat food insecurity in our community, a canned food drive will support the Northeast Iowa Food Bank.



Visit [unitypoint.org](http://unitypoint.org) and search “anniversary” for more information about Fall For Allen and our year-long celebration.

 **UnityPoint Health**  
Allen Hospital

 **Allen College**  
UnityPoint Health

**100<sup>TH</sup>**  
**ANNIVERSARY**



## UNITYPOINT HEALTH - ALLEN HOSPITAL BREAKS GROUND ON

# Child Care Center in North Waterloo

Thanks to a second round of federal Child Care Business Incentive (CCBI) grants through Iowa Workforce Development, Allen Hospital secured an additional \$500,000 for increased construction costs of its new child care center in north Waterloo. In total, Allen was awarded \$2.5 million to build a new center of 9,146 square feet to support UnityPoint Health's team member recruitment and retention.

The CCBI grant program provides financial support for employers who require new infrastructure for child care centers in their communities. While the center will be primarily used by UnityPoint Health employees, nearly half of the 116 child care slots are available to the general public. This helps address Iowa's deficit in available day care. Statistics from the Iowa Department of Health and Human Services show a shortage of nearly 48,000 slots – a gap of more than 40%.

"Our strategy for retaining the best workers must include creative ways to meet their child care needs,"

says Governor Kim Reynolds. "Child care has long been recognized as a significant need in Iowa. Data from the Iowa Department of Health and Human Services show that 75% of families with children under the age of 6 have all parents working."

Allen Hospital has benefited from strong partnerships throughout this project. It started with a generous donation of nearly three acres of land from developer Ben Stroh, and it includes a \$2 million-plus infrastructure investment by the City of Waterloo and the involvement of Cedar Valley Kids. Indeed, the cooperation and generosity of Allen's partners has been critical to the project's success.

Groundbreaking for the new child care center was August 29, 2024, and it's projected to open in Summer 2025.

**To learn more about Allen Hospital's new child care center, including availability for new enrollees, call (319) 226-2266.**



# 2024 Volunteer Impact

166 Volunteers  
gave 39,267 hours  
TOTAL VALUE  
\$1,315,051.83

Welcomed **33** new volunteers to the Allen family

**28,954** Patient Escorts

**583** Flower Deliveries

**6,211** Referral Letters Mailed Out

**510** Lost & Found Items Logged

**1,850 Hours** Helped in Cardiac Rehab

**\$332,579.90** Gift Shop Merchandise Sold

**340 Hours** Helped in Emergency Department

**40 Hours** Cuddling NICU babies

**\$18,792** Revenue Raised at Auxiliary Fundraisers  
(quota nuts, teas, scrubs, brown shoes, bake sales, etc.)

**13,077** Families Helped in Surgery Waiting Room

**371** Sympathy Cards Sent Out

## Countless Hours of special projects:

Laminating, mail delivery, knitting and sewing, recycling, pet visits, distribution labeling, Santa visit, and so much more!

**2** Volunteer socials, **1** picnic and **1** banquet to celebrate volunteers and spend time with friends.

To learn more about volunteer opportunities at Allen Hospital, please call Allen Volunteer Services at (319) 235-3692.



Mary Kiess,  
Allen Hospital Volunteer

# THANK YOU



# Creating Safe Spaces, Changing Lives

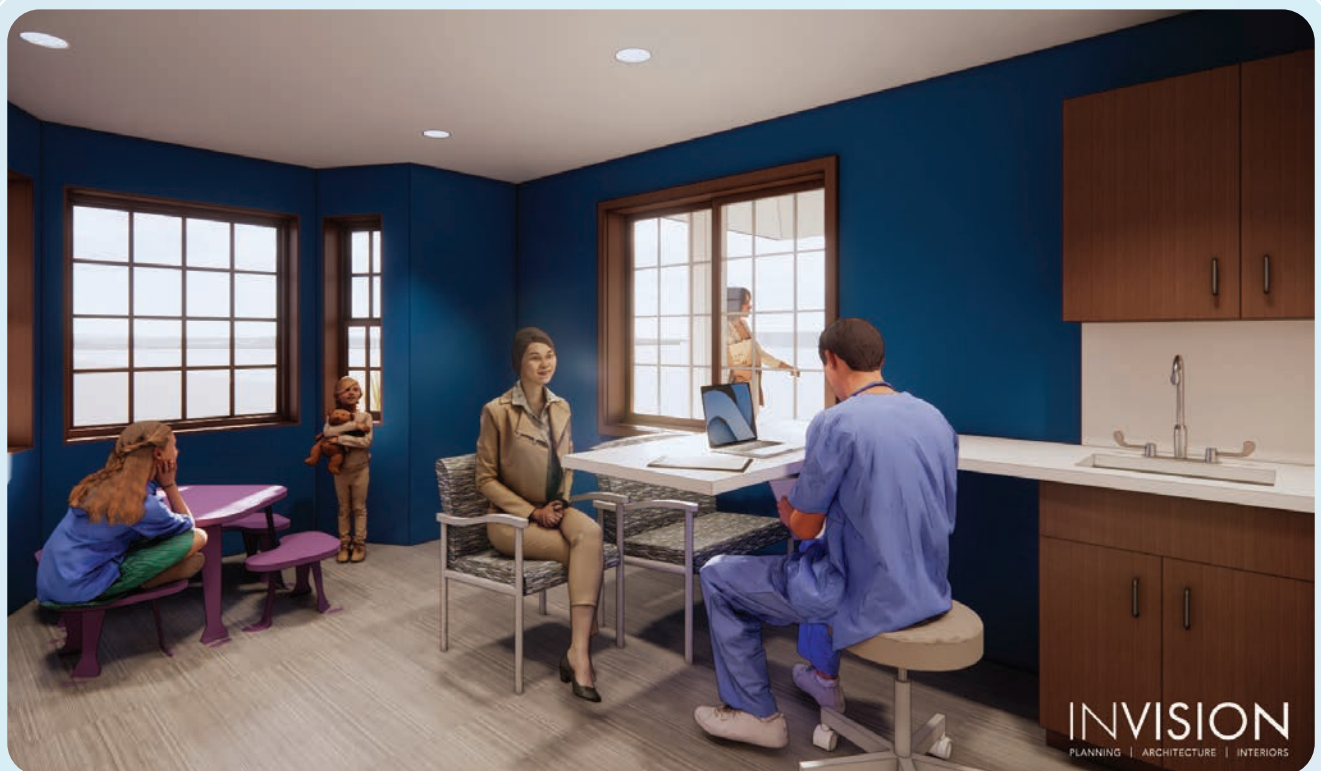
## CHILD PROTECTION CENTER MOVING AND EXPANDING

To accommodate increased demand of services provided by the Allen Child Protection Center (ACPC), the Allen Foundation has taken on a \$1.5 million campaign to renovate a new space for the center's services. Fundraising began in late 2024 for the Creating Safe Spaces, Changing Lives campaign, which allows the ACPC to continue serving an increasing number of vulnerable children in northeast Iowa.

The ACPC, which serves 27 counties, will move to a newly renovated space currently owned by Allen Hospital. The new location nearly doubles the floorspace of the current location from 5,200 square feet to almost 9,000. The added space allows for growth as the Allen Child Protection Center's services continue expanding to include a Family Resiliency Program, child abuse prevention programming and mental health counseling along with continued investigative and medical services.

Among the improvements will be a third forensic interview and observation room, larger medical exam rooms, multidisciplinary team space and centralized operations for ACPC team members. Also, there will be an improved Family Resiliency Program clubhouse space, which allows the team's nurse practitioner to conduct developmental assessments of children who were exposed to harmful substances prenatally or in their environment. The assessments include a physical exam, while observing a child's play activity, motor skills and interaction with caregivers.

Now in its 15th year of service, the ACPC looks to begin renovations to the new space later this year. Fundraising for the project is near the \$1 million mark, thanks to lead gifts from individuals and organizations.





The very first gift commitment came from the Henry B. Allen Family Foundation, a private foundation established by the Allen family. The group pledged \$250,000 toward the renovation. The Pauline R. Barrett Charitable Foundation also made a \$250,000 gift.

Additionally, a gift from the estate of Nancy Showalter provided \$118,000 to the project and the Allen Hospital Auxiliary has pledged \$125,000.

"Our team is so excited about this opportunity to move to a bigger space and grow," says Miranda Kracke, Child Protection Center Lead. "More importantly, this is an opportunity to provide more and more critical services to the little ones who represent our most vulnerable population."

"We're incredibly grateful for this commitment from UnityPoint Health and the Allen Foundation," says Katie Strub, Senior Clinic Administrator of the ACPC and Allen Women's Health. "We embrace the UnityPoint Health mission, which is to improve the health of the people and communities we serve. I believe this project is what it looks like when the entire organization believes in that vision."

**The Creating Safe Spaces, Changing Lives campaign will be fully funded through gifts to the Allen Foundation. To learn more about this project, or to make a gift, contact the Allen Foundation at (319) 235-3960 or scan the QR code.**



## Uniting for a Safer Future

### ALLEN CHILD PROTECTION CENTER AT LOST ISLAND THEME PARK

UnityPoint Health - Allen Hospital partnered with Lost Island Theme Park for the second annual #BeSomeoneDay on July 19, 2024, to support the Allen Child Protection Center (ACPC).

The event offered discounted tickets and activities promoting child and family safety. Local police, fire rescue, first responders and ACPC team members provided resources and answered questions.

A national observance by Project Harmony, #BeSomeoneDay aims to end child abuse and neglect. ACPC serves 27 Northeast Iowa counties, partnering with law enforcement to assist victims and witnesses of abuse.

Learn more or support ACPC at [unitypoint.org](https://unitypoint.org) or call the Allen Foundation at (319) 235-3960.

# Allen College Simulation Lab

## ALLEN FOUNDATION KICKS OFF \$3 MILLION FUNDRAISING CAMPAIGN

In fall 2024, representatives from the Allen Foundation and Allen College began sharing plans for a \$3 million expansion of the Allen College Simulation Lab with interested donors.

The expansion will add more than 8,000 square feet to McElroy Hall on the south side of the Allen College campus and essentially quadruple the current lab space. It will also enhance simulated learning for the students in nursing and health sciences programs. In addition to the expansion, an existing space in McElroy Hall will be renovated to accommodate the Skills Lab.

The project will feature:

- Three new classrooms/simulation debriefing rooms
- Nurses' station
- Four medical/surgical simulation rooms
- Four clinic simulation rooms
- Supply and medication room
- Home health suite
- Faculty office space
- New main entrance and reception area
- Student study spaces

"This is a very exciting project for our team," says Dr. Jared Seliger, president of Allen College. "Our country is facing a healthcare provider shortage, and this commitment to our nursing and nurse practitioner programs will help supply the next generation of caregivers."

The project expects to break ground later this year and could be completed as soon as 2027.

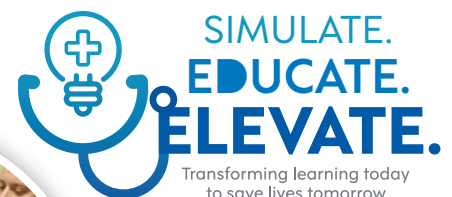
Fundraising efforts kicked off with a major boost from donors Jim and Judy Fogdall, who have committed \$500,000 to the project. To date, this serves as the lead gift along with an additional \$500,000 commitment from the Pauline R. Barrett Charitable Foundation. Both donors have a long history of generosity to Allen College and Allen Hospital, including lead support in past projects from Mrs. Barrett herself.

The Foundation welcomed another significant gift of \$300,000 toward this project from regular Allen College supporter, Mike McBride. McBride made the gift in memory of his wife, Virginia, a 1962 graduate from the Allen Memorial Hospital School of Nursing.

The project received yet another major gift commitment in late 2024 in the form of a \$100,000 pledge from Gail and David Nielsen. These impactful gifts, coupled with many other generous donations, equate to roughly \$2.1 million raised to date.

"In nursing, simulation offers numerous advantages that help us thrive in the future," says Allen College student Ellie Bobinet. "By practicing clinical procedures, we can make mistakes that won't affect lives in real life. Increasing our simulation space will better equip aspiring nurses like me to increase patient safety and develop resilience."

The goal is to fully fund this expansion through private donations. To learn more about this impactful project, or to make a gift, contact the Allen Foundation at (319) 235-3960, visit [give.unitypoint.org/simlab](https://give.unitypoint.org/simlab) or scan the QR code.





# 2024 Hops for Hospice

## MAJOR TURNOUT IN SUPPORT OF LOVED ONES

Thanks to many sponsors, caring community members and families who came out to support those we serve, the 2024 Hops for Hospice event raised more than \$45,000! All funds support the patients and families of UnityPoint Hospice - Waterloo.

New in 2024, the event featured a Tasting Guide, allowing attendees to mingle and test a variety of samples from vendors near and far. Also, guests enjoyed live music from the duo of Brad & Kate. Special thanks to United Beverage, Inc., and Hy-Vee for providing refreshments and hors d'oeuvres, as well as our presenting sponsor, Cedar Valley Dental Associates.

We look forward to an even bigger and better event in 2025. To learn about the next Hops for Hospice event, contact the Allen Foundation at (319) 235-3960.



## Hops for Hospice

**SAVE THE DATE**  
**OCTOBER 9, 2025**  
**5:30 - 7:30 P.M.**

Join us for an evening of beer and wine sampling, live music, and light appetizers to support the patients and families of UnityPoint Hospice.



UnityPoint Hospice

# A Mother's Story Inspires Community Action



At the fifth annual Mental Health Awareness Breakfast hosted by UnityPoint Health – Black Hawk-Grundy Mental Health Center (BHGMHC) in partnership with the Allen Foundation, keynote speaker Joanna Rahnavardi, MA, shared her deeply personal journey through loss and healing. Her son, Zach, died by suicide at age 24, a tragedy that propelled her to advocate for mental health awareness and support.

Rahnavardi recounted the morning she found Zach wrapped in his favorite blanket after taking his own life. Her candid narrative, interwoven with biblical references and moments of levity, resonated with the audience of nearly 700 attendees, and it moved many to tears. Zach's football jersey was draped over a chair nearby, a poignant reminder of the young life lost.

As the curriculum chair and department head for health and physical education at Waterloo East High School, Rahnavardi highlighted the unique pressures faced by student-athletes. She emphasized the need to change the prevailing mindset that equates vulnerability with weakness, and she urged coaches, administrators and lawmakers to lead by example in prioritizing mental well-being alongside physical health.

The breakfast event not only served as a platform for sharing powerful stories but also contributed to tangible community support. In 2024, the event raised an outstanding \$108,000. That amount will fund the purchase of a new patient transportation van, which is a critical resource that will help remove barriers to

care by ensuring individuals can attend their mental health appointments safely and reliably.

Over the past four years, the Mental Health Awareness Breakfast has raised more than \$300,000, underscoring the community's commitment to mental health initiatives. BHGMHC continues to

expand its services, including telehealth options and staff training in evidence-based practices, to meet the growing needs of the Cedar Valley region.

Rahnavardi's message was one of hope and resilience, emphasizing the importance of faith, family and community support in navigating grief. Her story serves as a powerful reminder of the ongoing need to destigmatize mental health issues and provide accessible, compassionate care for all.



*Joanna Rahnavardi and her support dog, Mocha*

## Other 2024 accomplishments for the Black Hawk-Grundy Mental Health Center:

- Successfully recruited four new providers
- Implemented home psychiatric nursing services
- Started substance use disorder services
- Began a Dialectical Behavioral Therapy (DBT) skills group for adults with borderline personality disorder
- Trained clinical staff in treating eating disorders, DBT, Eye Movement Desensitization, Theraplay and Reprocessing (for individuals with trauma)
- Saw landmark legislation passed, which integrates the field of mental health and substance use in the state of Iowa

For more information on BHGMHC and how to support its mission, visit [unitypoint.org](https://unitypoint.org).



*Troy Belmer from Alive and Running Iowa  
presents a donation to the Allen Hospital  
Mental Health Unit for new patio furniture.*



## A MISSION ROOTED IN HOPE

# Alive & Running Iowa

Alive & Running Iowa was founded on love, loss and a deep commitment to making a difference. Its founders understand the devastating impact mental health struggles have – not just on individuals, but on families and communities. Motivated by personal experiences, they're dedicated to promoting mental health awareness, education and resources across Iowa.

A natural partner in this mission is UnityPoint Health's mental health services. Our compassionate care and critical interventions align perfectly with the goal of ensuring no one feels alone in their battle with mental health. By supporting these essential services, the organization helps expand access to counseling, crisis intervention and community support, creating a safety net for those in need.

Through annual events, fundraising efforts and community outreach, Alive & Running Iowa spreads a message of hope and resilience. Alive & Running reminds us that together we can break the stigma surrounding mental health and build a world where everyone feels supported, seen and valued.





# Allen Legacy Program

Donations made to the Allen Legacy Program are some of the most important investments made in our community. Using this generous support, UnityPoint Health – Allen Hospital is addressing a critical nursing staffing shortage to ensure exceptional care continues to be provided to the patients we serve. Many of the best Allen College BSN graduates are choosing to stay in Waterloo and keep their talent and expertise in the community!

Since the inception of the Allen Legacy Program, participation by Allen College Bachelor of Science in Nursing (BSN) graduates has rapidly grown. As demonstrated in the chart below, the percentage of eligible students who are participating in the Allen Legacy Program has grown from 6.7% in 2021-2022 to 43% in 2023-2024.

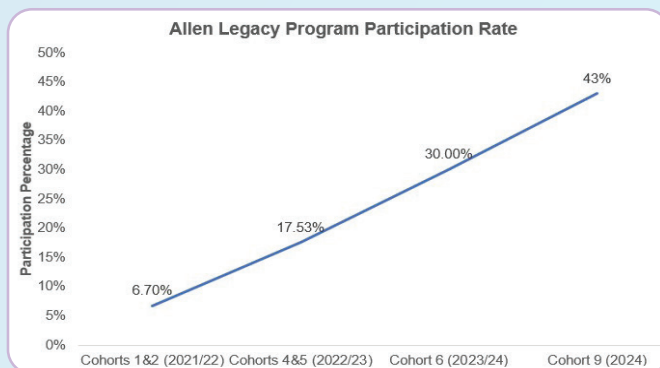
The future for the Allen Legacy Program is unlimited. While the focus has primarily been on recruiting BSN students, other areas of need have been identified in radiology and sonography.

The Allen Legacy Program requires a two-year commitment. Any participating students can earn up to \$20,000 toward their tuition at Allen College.

To date, we've hired (or pre-hired) a total of 85 registered nurses at Allen Hospital, through the work of the Legacy Program. Through 2024, nearly \$1.5 million has been awarded through the program.

## ALLEN LEGACY PROGRAM GROWTH

### Allen Legacy Program Participation Rate



Thank you!

FROM MEMBERS  
OF THE  
PROGRAM

*"I am one of the fortunate students to be picked for the Allen Legacy Program. I am in the traditional program at Allen College.*

*I have decided to work at Allen Hospital after graduation because it has been a great place to work for the past 4 years. I have been working at Allen Hospital as a patient care tech and student nurse tech. Working at Allen Hospital has given me a lot of experience that I have been able to apply in nursing school. I couldn't think of a better place I want to work than for Allen, it has truly been a wonderful experience.*

*I've known I wanted to be a nurse for as long as I remember. My dad has been a nurse for over 30 years, and he is someone I look up to. I wanted to give my sincere thank you. Without your donations, students like me wouldn't be able to have this amazing opportunity."*

– Anna Schultz,  
December 2024 graduate



# Allen College Institutional Scholarships

THE FOLLOWING WERE AWARDED  
FOR THE FIRST TIME DURING THE  
2024-2025 ACADEMIC YEAR.

- Richard & Patricia Arenholz Family Endowed Scholarship
- Pauline R. Barrett Charitable Foundation Endowed Scholarship
- Jean E. Beck Endowed Scholarship
- Class of 1996 - Dave Harberts and Heather Randall Nursing Scholarship
- Community Foundation of Northeast Iowa's Mabel A. Burrow Memorial Scholarship
- Edward Johnson Memorial Endowed Scholarship
- Anne & Oscar Lanich, M.D. Endowed Scholarship
- J&L Leistikow Family Endowed Scholarship
- Shirley Bolton Llewellyn Memorial Endowed Scholarship
- Joyce Louise Redman Memorial Endowed Scholarship
- Donald and Marianne Reynolds Endowed Scholarship
- Alyssa Woods, ARNP Scholarship
- Allen College Scholarship in Memory of Jim Baldwin
- Allen College Scholarship in Memory of Vivian Chestnut

To view the list of all scholarships available to students of Allen College, visit [allencollege.edu](http://allencollege.edu). If you are interested in learning more about establishing a scholarship, contact the Allen Foundation at (319) 235-3960.



# Donors go #ALLinforAllen

## ALLEN COLLEGE'S DAY OF GIVING

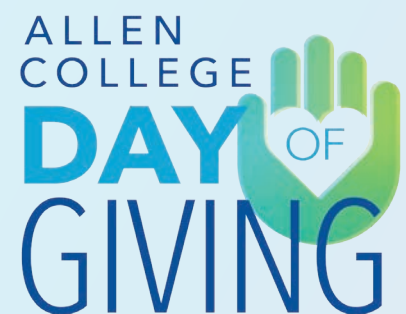
The Allen College Day of Giving on Tuesday, August 27, successfully raised more than \$25,000 to support essential programs like the Simulation Program and the Allen Legacy Program.

Alumni and friends went #ALLinforAllen with generous donations, including matching gifts from Debbie Caughron '76, Gil Schultz '87 and Dr. Dianne Schultz '84, as well as Allen College President Dr. Jared Seliger.

These funds will help expand the simulation space at Allen College, providing students with high-quality, hands-on training in realistic scenarios. Additionally, the funds offer continued support for the Allen Legacy Program, which strengthens the local healthcare workforce by keeping Allen College students in the UnityPoint Health system. To date, over \$1.5 million has been awarded since the Allen Legacy Program's inception and it's resulted in a 92% retention rate among participants.

"The Allen Legacy Program has done so much for me," shares Ben Ogle, Allen College alum, and Registered Nurse in the Intensive Care Unit at Allen Hospital. "Without the program, I would've doubled my student loans, and I may not have had the opportunity to serve my community in the Intensive Care Unit. I am thankful every day for the opportunity I was given and would recommend the Allen Legacy Program to any student."

**Stories like Ben's highlight the profound impact of donor support. If you would like to learn more about supporting future healthcare professionals at Allen College, contact the Allen Foundation at (319) 235-3960.**





# Donate to Educate

## CONTINUES TRADITION OF SUPPORTING ALLEN COLLEGE STUDENTS

The Allen College Alumni Association and Allen Foundation are grateful to everyone who participated in the 14th annual Donate to Educate scholarship benefit in February 2024. We're happy to share that more than \$24,000 was raised through sponsorships, a silent online auction and donations.

Special thanks to Allen College alumni Debbie Caughron (Class of '76) and Jan Erpelding (Class of '69) for donating featured items to the auction. The continued generosity from Allen College supporters helps us grow the next generation of caregivers.

The Allen College Alumni Association hosts Donate to Educate, along with several other fundraisers throughout the year, to support scholarships, equipment and campus enhancements at Allen College. To learn more and participate in future events, call (319) 235-3960.



## GERARD CIRCLE GIVING SOCIETY



Gerard Circle honors the work of longtime Allen physician and philanthropist Dr. Russell S. Gerard. Dr. Gerard shared a lifetime of generosity, reaching out to others at Allen Hospital and throughout our community. Perhaps he touched your life or the life of someone you know.

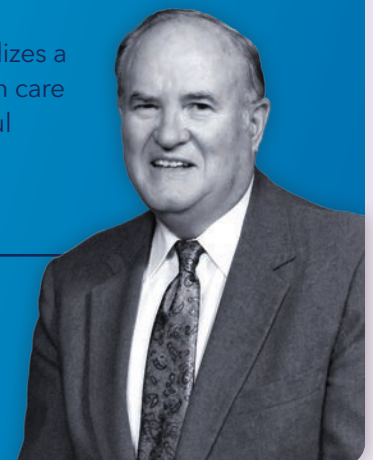
### QUALIFICATIONS FOR MEMBERSHIP IN THE GERARD CIRCLE GIVING SOCIETY:

- Pledge to contribute at least \$10,000 or more at a rate of not less than \$2,000 per year.
- Lifetime giving of \$10,000 or more in cash, securities, or real or personal property.
- Arrange a planned gift of at least \$50,000 through a bequest or a life-income trust, insurance or other charitable trust agreement.

### MEMBER BENEFITS:

- **Recognition** on a donor wall at Allen Hospital devoted exclusively to members of the Circle.
- **Recognition** at an annual celebration of Gerard Circle members.
- A **special gift** for new members.
- **Invitations** to special events and opportunities including seminars for estate planning.
- **Special recognition** on the Allen Foundation website.
- **Satisfaction** of knowing you will have a major impact on UnityPoint Health – Allen Hospital and Allen College for years to come.

Membership in Gerard Circle symbolizes a lifelong commitment to quality health care in the Cedar Valley, and we're grateful for the impact these gifts make each and every day.



To learn more about how to become a part of the Gerard Circle, call the Allen Foundation at (319) 235-3960. You can also visit [unitypoint.org](http://unitypoint.org) to learn more, see the full listing of members and read featured articles about individual members.

## YOUR LASTING IMPACT

# Making a Difference

There are countless ways giving is seen in our community. Through our work, we're a part of improvements in programming and services at Allen Hospital and the local UnityPoint Clinic locations, Black Hawk-Grundy Mental Health Center and UnityPoint Hospice services in Waterloo. Additionally, students at Allen College greatly benefit from support in their educational needs through scholarships and campus enhancements. Here are just a few of the many ways your gifts have made a difference.

- Wheelchair-accessible scale for patients of the Allen Hospital wound center
- Purchase of a Sonosite ultrasound device for the Allen Hospital operating room
- Certifications and other professional development opportunities for team members
- More than \$724,000 toward Allen College student scholarships and awards for the 2023-2024 academic year
- Support of the new Child Abuse Prevention Program at the Allen Child Protection Center
- Help with Allen College's free medical clinic, now called the DeBonis Free Medical Clinic
- Ongoing support of UnityPoint Hospice in Waterloo
- Transportation and medical equipment needs allowing patients to safely discharge from the hospital
- Continued maintenance and growth of the diabetic garden at Prairie Parkway
- Implementation of the Summer Nurse Externship Program
- Food, transportation, rent assistance and other necessities for clients of Black Hawk-Grundy Mental Health Center
- Funding for a pediatrics simulation manikin for the Simulation Program at Allen College
- Partial funding of a new on-site PET/CT scanner at Allen Hospital
- Outdoor furniture for patients of the inpatient mental health unit at Allen Hospital
- Security cameras to ensure the safety of patients, visitors and staff of Black Hawk-Grundy Mental Health Center
- Medical supplies and other support for the LGBTQ Clinic at Prairie Parkway
- End-of-life wishes for hospice patients and their families through our G.I.F.T. fund (Giving It Forward Together)
- Pain management device for pediatric patients
- And much more!

In addition to the many generous gifts from individuals and businesses, Allen Foundation's Grant Services team secured \$2.2 million from 29 local, state and federal programs during 2024. Grants to Allen Hospital helped support the Allen Child Protection Center, maternal health and family planning programs, a nursing externship program, nurse apprenticeships, parking lot security and childcare center construction.



Thanks to hundreds of generous donors, the Allen Foundation impacts several areas surrounding local health care. We're grateful for your gifts and pleased to play a role as your partner in philanthropy.

Allen College grants support the DeBonis Free Medical Clinic and a recruitment program for psychiatric mental health nurse practitioner students. Black Hawk-Grundy Mental Health Center benefitted from grants for its school-based mental health program (operating in the Waterloo and Cedar Falls school districts), Transition from Homelessness program, mental health peer support services, care coordination and facility security enhancements.

Of the total grant dollars, 82% came from state and federal sources, which go directly to the institutions rather than to Allen Foundation. Even so, Allen Foundation's investment in these efforts generates widespread and positive returns across UnityPoint Health - Waterloo organizations and for the people and communities we serve.

**Thank you for your investment in a healthier Cedar Valley!** If you'd like to continue your generous support, see the giving options below:

- Gifts of cash or securities
- Pledges
- Memorials and tributes
- Gifts of grain
- Employee matching programs
- In-kind gifts
- Real estate gifts
- Retirement plan gifts
- Stock transfers
- Automatic withdrawal
- Donation of PTO (for UPH employees only)
- Planned gifts, such as bequests or life insurance
- Charitable remainder annuity trusts
- Charitable gift unitrusts
- Charitable gift annuities
- Charitable lead trusts
- Give online by scanning the QR code



**Contact us!** If you would like to learn more about our special projects, events or making a gift, we would love to hear from you. Contact Mike Lind, Executive Director of Allen Foundation, at (319) 235-3960 or michael.lind@unitypoint.org.

**\*Allen Foundation is a nonprofit organization, and all donations qualify for any available federal income tax deductions. This information is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor.**

## COMPLIMENTARY ESTATE PLANNING CONSULTATION

Does your will accomplish everything you want? Is it up to date? Is it valid? Do you even have a will?

Allen Foundation wants you to have the peace of mind that comes from knowing you have a valid estate plan. We want you to have a will that works well for you. That's why we offer complimentary estate planning assistance sessions with our partners at Thompson & Associates.

This free service also ensures you reduce or eliminate estate taxes, so you leave more to your loved ones and charitable organizations.

**To find out more or schedule your confidential appointment, call Allen Foundation at (319) 235-3960.**



*Dr. Eddie Thompson,  
Thompson & Associates*



# 2024 ALLEN FOUNDATION Board of Directors



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Atul Patel  
*Vice-Chair*



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Steve Armbrecht



Deb Caughron



Nickole Dillard



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Luke Lesyshen



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**BELIEVE  
WHAT YOU DO  
MAKES A  
DIFFERENCE.**

**Because it  
does.**



# UnityPoint Health Allen Foundation

1825 Logan Avenue  
Waterloo, IA 50703

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U.S. Postage  
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If you no longer wish to receive fundraising communications from UnityPoint Health - Allen Foundation, please send an email to [michael.lind@unitypoint.org](mailto:michael.lind@unitypoint.org) or call us at (319) 235-3960 to request that we remove you from our contact list to receive communications for this purpose.

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