

Because Your Independence Matters

When injury or illness leaves you or a loved one unable to perform activities of daily living, **UnityPoint Health - St. Luke's Physical Medicine & Rehabilitation (PM&R)** is here to help you reach your full potential. Our skilled rehab team works with people of all ages to recover from strokes, brain injuries, spinal cord injuries, chronic neurological conditions, and more.

St. Luke's PM&R services include intensive inpatient rehab; outpatient occupational, physical and speech therapies; and **Witwer Children's Therapy** - one of Iowa's largest outpatient pediatric therapy centers.

Serving **26**
counties in
Iowa

When Rick Trotter fell from a tree stand, a spinal cord injury left him unable to stand. But UnityPoint Health - St. Luke's Physical Medicine & Rehabilitation inpatient unit helped Rick get back on his feet again. Now he's home, using a walker, and continuing to gain strength with outpatient therapy from St. Luke's.

"From the time I arrived at St. Luke's, flat on my back, they were great!" says Rick. "I've made great progress with their support and encouragement. It's been rough going at times, but I have the will to get better, and everyone on my rehab team keeps me wanting to get better."





of inpatients
return home
after rehab

BETTER Because of You

Patients come to **St. Luke's PM&R** from Cedar Rapids and surrounding communities, across the state, and even from across state lines - drawn by the quality of our program and the expertise of our rehab team. But to continue providing the quality of care our patients rely on, **St. Luke's PM&R** needs your help. Generous donors like you are vital to maintaining up-to-date equipment and investing in advanced technology so we can do more for our patients than ever before.

"Our patients work extremely hard to gain as much independence and function as possible," says Mark Willis, director of UnityPoint Health - St. Luke's



Physical Medicine & Rehabilitation. "We'd love to see what our patients can achieve with the addition of new equipment to their treatment!"

More than
96%
of patients reach
their rehab goals