

2026**Program Title:** EFM Strip Review**Location:** Virtual via Microsoft Teams**Date:** Jan 22, Feb 26, Mar 26, Apr 23, May 28, June 25, July 23, Aug 27,
Sept 24, Oct 22, Nov 18, Dec 15**Time:** 1200-1300**Purpose:**

Healthcare providers have significant knowledge gaps in Electronic Fetal Monitoring (EFM) strip interpretation, primarily in consistency, accurate pattern classification, and clinical correlation. Regular EFM strip reviews are essential to bridge these gaps, standardize care, and improve patient safety by ensuring timely and appropriate responses to signs of fetal distress.

Target Audience:

Multidisciplinary, L&D nurses, physicians, residents and MFM's, UnityPoint team members system wide and interested non-UnityPoint Health registrants.

Continuing Education: UnityPoint Health is approved as a provider of nursing continuing professional development by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Faculty:

Rachel Petersen, BSN, RNC, C-EFM, C-IAP, Obstetrical Outreach Coordinator

Cost: No charge for the **1.0 contact hours** for UnityPoint Health team members.

Objectives:

Upon completion of this program, the participant will be able to:

1. Use NICHD terminology to discuss fetal monitor tracing characteristics.
2. Discuss maternal/fetal physiology r/t electronic fetal monitor tracings.
3. Review fetal heart rate patterns and discuss appropriate assessments and interventions.
4. Use advanced clinical judgement to make physiological based interventions.

Schedule:

Didactic content and discussion (1 hour), Evaluation/Conclusion

Fees/Cancellation/Refund

- The registration fee includes workshop materials, processing fee, and contact hours if requested.
- We reserve the right to cancel this program due to insufficient registration or inclement weather. If cancellation occurs, we will attempt to reach you. If the weather causes cancellation, announcements will be made on area radio stations. In either event a full refund will be given to you.
- If maximum registration has been reached, your payment will be returned in full. You may withdraw your registration if we receive a written request three business days before the program. A \$3.00 processing charge will be retained. For more information please contact: Staff Development/Continuing Education Department at 319-369-8750.

Continuing Education Credit

- St. Luke's Nursing Continuing Education will award credit only on the basis of full completion of the program. A record of your participation will be on file at UnityPoint Health – St. Luke's Hospital for 4 years following the program completion.
- Duplicate copies of your contact hour certificate are available upon request to Staff Development/Nursing Continuing Education.

Grievance

The Nursing Continuing Education Department should be contacted for any problems or concerns. A copy of the grievance policy is available upon written request.

It is UnityPoint Health – St. Luke's Hospital policy to provide healthier services to all persons regardless of race, color, creed, age, sex, national origin, ancestry, religion or handicap.