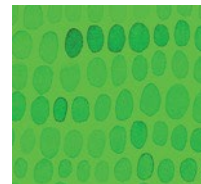




# 2024 Community Impact Report



# Our Mission



UnityPoint Health

**Mission:** Improve the health of the people and communities we serve.

**Vision:** Best outcome, every patient, every time.

UnityPoint Health is committed positively impacting the communities we serve. Whenever and wherever you receive UnityPoint Health services, you can expect a welcoming environment that supports our organizational values and upholds treating people with dignity and respect.

At UnityPoint Health – Trinity, we are improving healthcare outcomes for all patients by leveraging our expertise, community partnerships, and data-driven strategies to improve access to quality care by offering:

- Free and discounted care for people unable to afford health care.
- Care to low-beneficiaries of Medicaid and other indigent care programs.
- Services designed to improve community health and increase access to healthcare.

The following report shares highlights from 2024.

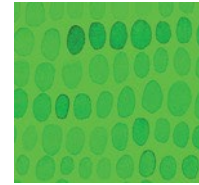
# YEAR-AT-A-GLANCE



UnityPoint Health



# By the Numbers

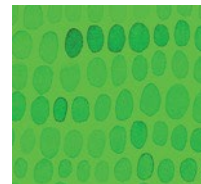


UnityPoint Health

- 528 Licensed Beds
- 15,431 Discharges
- 90,192 Emergency Room Visits
- 1,609 Births
- 11,495 Surgeries
- 500,227 UnityPoint Clinic Visits
- 478 Medical Staff Physicians
- 3,634 Team Members (hospitals, home health and clinics)
- 1,180 donors
- 434 Volunteers



# Community Benefit Programs & Charity Care



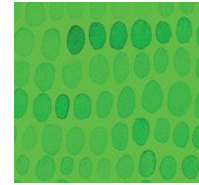
UnityPoint Health

Programs	Value
Financial and In-kind Contributions	\$62,000
Community Building Act	\$703,000
UP Clinic Financial & In-kind Contribution	\$11,988,000
Community Health Improvement Service	\$1,312,000
Research	\$106,000
Health Professional Education	\$331,000
Community Benefit Operations	\$3,900
<b>Total Community Benefit Programs</b>	<b>\$14,505,900</b>

Charity Care	Value
Cost of Charity Care	\$3,395,000
Cost of Uncompensated Medicaid	\$13,732,000
<b>Total Charity Care</b>	<b>\$17,127,000</b>
<b>Total Community Impact</b>	<b>\$31,632,900</b>

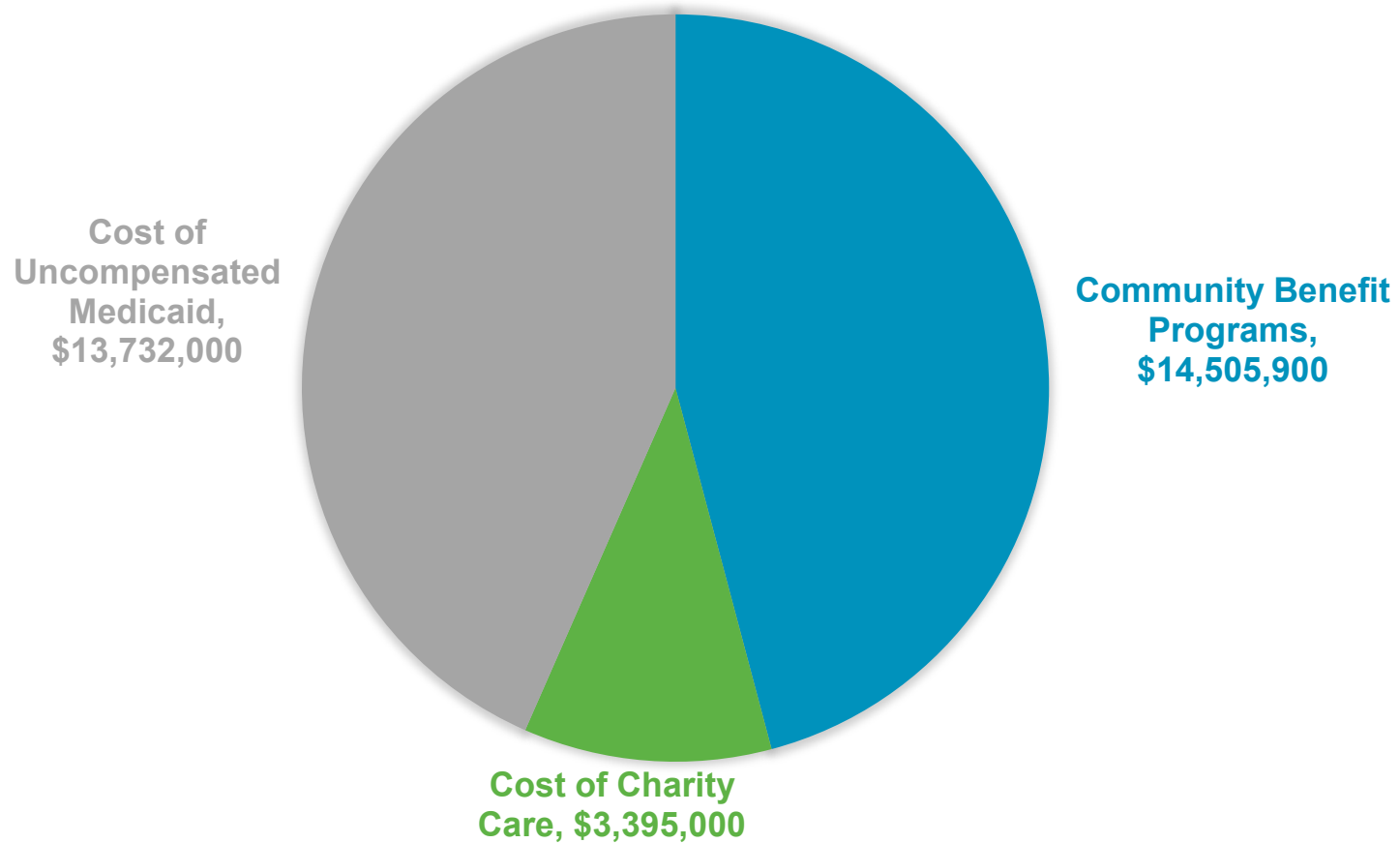


# Total Community Impact



UnityPoint Health

## 2024 COMMUNITY BENEFIT OVERVIEW



# COMMUNITY BENEFIT PROGRAM SUCCESS STORY



UnityPoint Health



# Prevention and Wellness for Heart, Diabetes & Cancer

## *Cooking with Heart Series*

Three popular series helped Quad Cities residents embrace healthier eating with quick, customizable meals built around Mediterranean and plant-focused recipes – all prepared in 15 minutes or less.

All classes are free, and no referral needed from a provider! The series offered includes:

- **Cooking with Heart Foundational**
- **Cooking with Heart for Diabetes**
- **Cooking with Heart for Cancer**

Nearly 200 people attended the 16<sup>th</sup> Annual Dr. V.R. Alla Community Symposium, "How to Stay Healthy Longer," which explored current U.S. life expectancy trends, the top 10 major leading causes of death, and actionable tips for disease prevention and long-term health.



UnityPoint Health

After learning the husband might need diabetes medication due to a high A1C, a couple spotted a flyer for cooking classes in the waiting area. With their doctor's OK, they chose to try lifestyle changes first.

They completed two series of plant-based cooking classes, gradually changing their eating habits.

Over six months, the husband lost more than 50 pounds, the wife over 20, and his A1C dropped from 5.7 to 5.2—no meds needed.

Now, they love the way they eat. The wife says she doesn't miss sweets and avoids processed foods with ease.

One favorite dish: Sweet Cauliflower Salad. She even freezes pomegranate seeds so her husband can enjoy it year-round. These classes helped them transform their health—and their relationship with food.

*- Participant Testimonial*

Learn more or reserve a seat at  
[unitypoint.org/CookingWithHeart](https://unitypoint.org/CookingWithHeart)

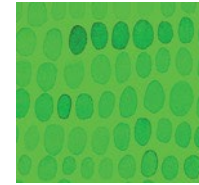


# TRINITY HEALTH FOUNDATION



UnityPoint Health

# Trinity Health Foundation



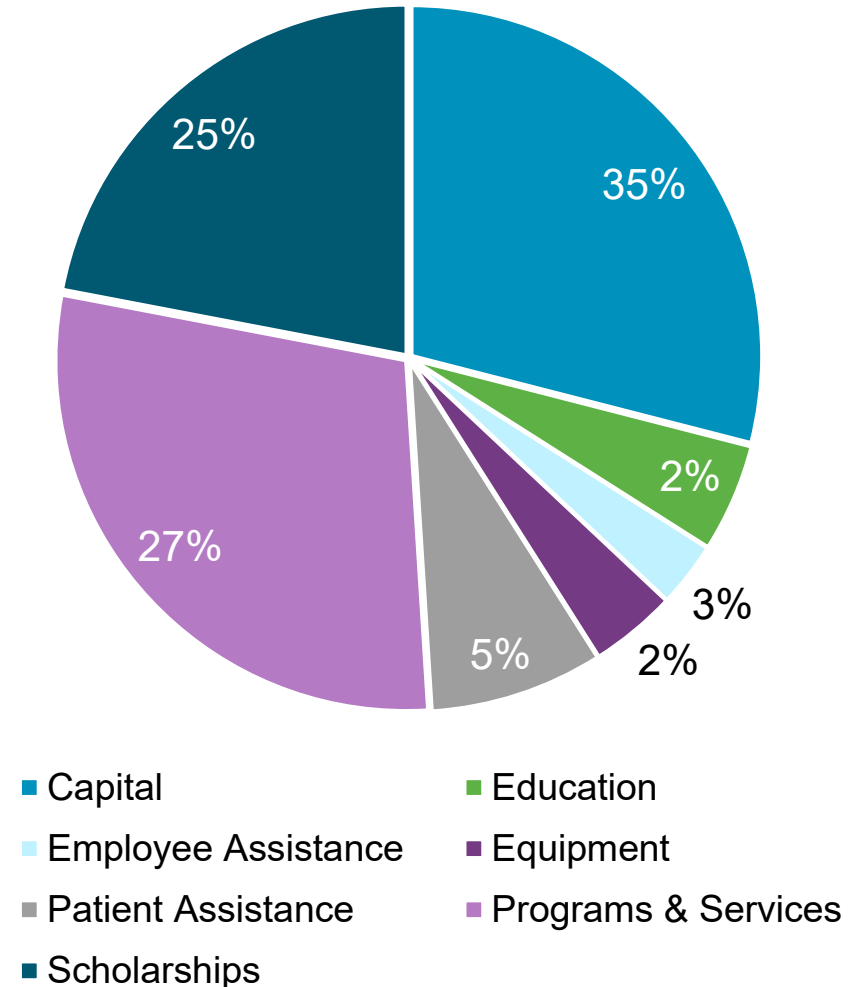
UnityPoint Health

Trinity Health Foundation brings people, organizations and philanthropic resources together to support the Trinity mission to improve the health of the people and communities it serves. In 2024, Trinity Health Foundation directed donations to more than 150 funds which support virtually every aspect of the healthcare at Trinity. Over \$1M in funding was provided for patient assistance, community outreach, staff education, equipment and supplies, scholarships and capital projects.

## 2023 Foundation Statistics

# of donors	1,180
# of gifts	1,428
Total donated	\$9,665,198

## 2023 Foundation Disbursements



# COMMUNITY OUTREACH



UnityPoint Health

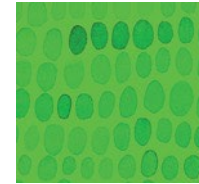


# Trinity Parish Nursing

For 36 years, Trinity Parish Nurse Program has served the community with wholistic health services which include many aspects of care such as emotional and spiritual support, health education and prevention services.

In 204, 25 churches participated in the Parish Nurse Program for all or part of the year. These programs served a combined church membership of approximately 18,133 people through eighteen Illinois churches and seven Iowa churches.

Their activities resulted in 11,348 individual contacts, 175 educational programs with 4,876 participants, 256 support group sessions with 4,945 participants. In addition, 291 blood pressure screening events were held with 1,014 individuals screened. Of those, 19% had an abnormal reading, and 190 individuals received follow up services and referrals.



UnityPoint Health



Trinity parish nurses worked a total of 10,529 hours and supervised an additional 3,134 hours volunteered by church members. Total contacts averaged 946 per month to improve and support the health of their members.



# Military & Veterans Services

UnityPoint Health – Trinity honors and supports Veterans in our workforce and community. The *Advisory Report* newsletter spotlights Trinity-employed Veterans and Quad Cities Community Veterans Engagement Board (CVEB) initiatives, while a new military-focused web page launched in January. Trinity led eight wellness sessions for Rock Island Arsenal's "Transformation Tuesdays," reaching thousands.

Additional efforts included suicide prevention training, Memorial Day and Veterans Day outreach, and recognition from the Quad Cities Regional Business Journal for Non-Profit Collaboration of the Year.

Planning is under way for the 2025 two-day Veterans Experience Action Center, again presented by UnityPoint Health – Trinity and the QC CVEB.

We're proud to serve those who've served.



UnityPoint Health

*CALM (Counseling on Access to Lethal Means) training for suicide prevention participants said:*

*"I was amazed at how informative this presentation was. I never thought of the how vs. the why."*

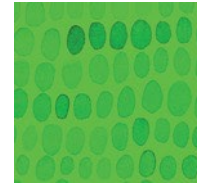
*"I have no background in weapons storage so this was very helpful in improving my confidence in having this discussion with my clients."*



# Military & Veterans Services

Some of the outcomes from 2024 include:

- 6,000 free rides for Veterans in the IL Quad Cities thanks to a partnership with MetroLINK.
- 1,274 reached with health information at Rock Island Arsenal Transformation Tuesday events.
- 58 women joined the newly created Women Veterans of the Quad Cities.
- 39 people trained in CALM (Counseling on Access to Lethal Means) to assist with suicide prevention.
- 13 Veterans provided health insights during focus group as part of the Community Health Needs Assessment.
- 10 hospice pinning ceremonies to honor Veterans.



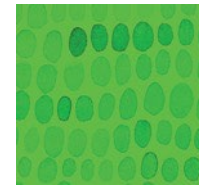
UnityPoint Health



UnityPoint Health – Trinity / Quad Cities Community Veterans Engagement Board was presented with the 2024 Nonprofit Collaboration of the Year awarded by the *Quad Cities Regional Business Journal*.

# Volunteer Services

Our volunteers are an engaged group dedicated to helping provide exceptional health care to the Quad Cities community. Volunteer services strives for a positive and meaningful volunteer experience. Volunteers are included in Friends of Trinity, a group with a mission to support the health system through service and fundraising efforts. Friends of Trinity has donated more than **\$4.5M** to the hospital since its inception.



UnityPoint Health

Total Volunteers	434
Total Volunteer Hours Provided	25,890
Total Caring Canines	58
Caring Canine Visits	17,748
Caring Closet Disbursements	1,722 patients served
Volunteer Escorts/Runs	23,217
Homemade Items Donated (baby blankets, prayer shawls, etc.)	210
Fundraising revenue	\$31,436
Grant funding by Friends of Trinity	\$39,648



# COMMUNITY CONNECTIONS

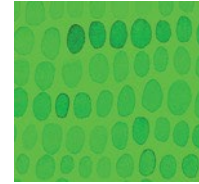
In the past year, UnityPoint Health - Trinity has participated in multiple community collaborations to address specific community health needs.



UnityPoint Health



# Community Connections



UnityPoint Health

## Health Literacy & Access

- The Project of the Quad Cities
- Medicine in the Barbershop
- Martin Luther King Center
- School Health Link

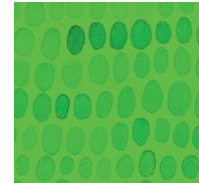
## Nutrition & Wellness

- Quad City Marathon
- River Bend Foodbank
- American Heart Association
- Heart of Hope Ministries
- Spurthi
- LifeServe Blood Center
- Be Healthy QC
- University of IL Extension

## Advocacy

- Quad Cities Chamber of Commerce
- NAMI Greater Mississippi Valley
- Renew Moline
- TMBC Lincoln Resource Center
- Greater Quad Cities Hispanic Chamber
- Iowa Hospital Association
- Illinois Hospital Association
- Veterans Experience Action Center
- Community Veterans Engagement Board

# Community Connections



UnityPoint Health

## Community Health Needs

- Quad City Health Initiative\*
- Quad City Behavioral Health Coalition
- Access to Care Committee
- Community Health Needs Assessment Steering Committee\*

*\* Partners include: UnityPoint Health-Trinity, Genesis, Rock Island Health Department, Scott County Health Department, Muscatine Public Health Department and Community Health Care.*

## Social Support

- Gilda's Club
- Boys & Girls Club
- Big Brothers Big Sisters
- EveryChild
- Two Rivers YMCA
- YMCA of the Iowa Mississippi Valley
- Family Resources
- Project Search
- United Way
- Hand in Hand
- The Project of the Quad Cities