



St. Luke's Imaging Services Patient/Family Information
**Small Bowel Follow Through
(Motor Meal)**

What is a small bowel follow through procedure?

A small bowel follow thru or motor meal procedure is an exam of the small intestine. The exam is performed in the fluoroscopy area and will take approximately 1-3 hours.

Special Note

Before the exam, please inform your physician if you are or think you may be pregnant.

Preparation

- Please bring your medication list with you to your exam.
- The patient may not eat or drink after midnight
- No medication or any food or drink in the morning before the exam

What Happens During the test?

The patient will lie on an exam table and an x-ray will be taken. The patient will then drink two 8 ounce glasses of barium. The first x-ray will be taken 15 minutes after drinking the barium and then at intervals of 30 minutes until the barium reaches the large intestine as viewed with fluoroscopy imaging. The radiologist will take x-rays of the abdomen when the barium reaches this point.

Who interprets the results and how do I get them?

The images that are taken for the exam will be reviewed shortly after the exam is completed by a radiologist who is a specially-trained physician. A written report will be sent to your doctor. Your doctor will discuss the results with you. Please allow your physician the time needed to review these results.

Outpatient Instructions

Please register 30 minutes before the scheduled exam time at the Outpatient Registration desk at the West Entrance. After registering, testing will be done in the Imaging Services department on the second floor. Please use the elevators past registration on the left.

Name _____

Exam date/time _____