



FOCUS ON PHILANTHROPY

August 2025

A publication of
UnityPoint Health -
Allen Foundation

Complimentary Estate Planning



Dr. Eddie Thompson
Thompson & Assoc.

Upcoming Dates:
— Tuesdays —

September 9

October 21

November 11



New E-Newsletter!

Allen Foundation is starting a new e-newsletter! If you'd like to receive news from the Foundation in your inbox, email us at AllenFoundation@unitypoint.org and we'll add you to our distribution list!

Gerard Circle Spotlight: Richard and Julie Westin Members of Gerard Circle Since 2019



Connection to UnityPoint Health: Julie's affiliation with Allen Hospital began in 1979 as a student in the Allen Medical Technology program. After a year of internship, she graduated from the University of Northern Iowa in August, 1980. She was offered a position in the laboratory at Allen in September of 1980.

Employment History: Julie was a generalist in the Allen Hospital lab, rotating through all the departments. She later worked in Microbiology and Special Chemistry. In 1997, she was offered the Microbiology Supervisor position (now called Team Lead), and she retired in April 2023 after 43 years.

Richard graduated from the University of Northern Iowa in 1975 with a degree in Physical Education. He worked as a professional firefighter for the City of Cedar Falls, retiring in 2011.

Why are you inspired to give back to the Allen Foundation and give so generously to local health care? Allen Hospital has been a huge part of our lives through Julie's education and career. We feel it is important to give back to the healthcare facility who gave so much to us throughout the years. We have been blessed with the healthcare we have received, not only for us, but for our family.

What does being a member of Gerard Circle mean to you? Being a member of Gerard Circle was a long-time goal of ours. Now, we are humbled and honored to be part of this group of like-minded individuals. As an entire body, Gerald Circle members can and have made a considerable impact on Allen Hospital, Allen College and our community. We are grateful to be part of the growth and service.

Why is philanthropy in our community/workplace important to you? We truly believe it is so important to give back anyway you are able, whether financially or by the gift of your time. We have been big believers in giving back to our place of worship, our community as volunteers, our scuba diving families in Honduras and of course, Allen Foundation. We hope that through this type of giving, we have been able to make a small impact and the world around us a bit better.

Read the full article at: <https://tinyurl.com/Gerard-Circle-Westin>





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New Team Member Joins Allen Foundation and UnityPoint Hospice



Sarah Pavelec recently joined the Allen Foundation and the UnityPoint Hospice program in July as Development Coordinator. She brings over a decade of experience in nonprofit development, marketing and communications.

Throughout her career, she has held several key roles, including Director of Individual and Corporate

Giving at Orchard Place in Des Moines, and Communications and Events Manager at Friends of the Family.

In her current position, Sarah leads the planning of the Hops for Hospice event, manages the IMPACT Grant program, and coordinates the Hospice Giving It Forward Together (G.I.F.T.) Fund. She also supports a variety of initiatives that benefit the patients and families served by UnityPoint Hospice in Waterloo.

Sarah lives in Cedar Falls and enjoys spending time with her family, including her four nephews and niece. In her free time, she loves reading, watching movies, and dreaming of visiting Scotland. A fun fact: she's also a professional voice actor.

Sarah is excited to be part of the team and to support the mission of the Allen Foundation and UnityPoint Hospice.

Allen College, UnityPoint Health Welcome Gifts Totaling \$750,000 from Pauline R. Barrett Charitable Foundation

The Pauline R. Barrett Charitable Foundation is generously contributing sizable gifts of \$500,000 and \$250,000 to help with two, local UnityPoint Health building projects.

The first donation of \$500,000 is being gifted to Allen College and its simulation lab expansion. This is a \$3 million project leaders plan to support entirely through private funding.

The expansion will add 8,000-plus square feet to the south side of McElroy Hall, while renovating an existing space for a skills lab. These major enhancements support the college's nursing, practitioner and health sciences programs with state-of-the-art, hands-on learning spaces. The project expects to break ground in the fall of 2025 and could be completed as soon as 2027.

The second gift of \$250,000 is going to the recently announced renovation of Allen College's Alumni Hall, which will later house the Child Protection Center (CPC) currently located at Allen Hospital. The CPC renovations are a \$1.5 million project and should begin by the end of 2025.

All told, Mrs. Barrett has contributed \$8.7 million as an individual to UnityPoint Health-related projects, while the Pauline R. Barrett Charitable Foundation has posthumously donated another \$1.3 million to the organization.

Save the Date!

Upcoming Events

Allen College Alumni Association Annual Fall Plant Sale - Extended Hours!

Allen Hospital Meeting Rooms 1-2-3 (off main entrance)

- Monday, August 25 | 11 a.m. – 7 p.m.
- Tuesday, August 26 | 7 a.m. – 3 p.m.

Fall for Allen | Oct. 3-5

You are invited to join our vibrant celebration of history, health and community spirit to honor the 100th Anniversary of Allen Hospital and Allen College.

The public event will take place on the Allen College campus (1990 Heath Street, Waterloo) beginning with a brief program at 7:30 a.m. Friday, October 3. The week-end-long exhibit will be open 10 a.m. to 6 p.m. daily through Sunday, October 5.

Hops for Hospice Thursday, October 9

Join us for an evening of beer and wine sampling, live music and light appetizers to support the patients and families of UnityPoint Hospice. This year's event will be held at the Diamond Event Center in Cedar Falls, featuring live music by acoustic guitarist, Beau Timmerman.