

Allen Women's Health Family Planning Services 2025

MAKING A DIFFERENCE IN THE
CEDAR VALLEY

Allen Women's Health (AWH)

has provided publicly funded family planning services including physical examination, routine laboratory work, cancer screening and STI treatment for over **55 years.**

I.U.D.s and Implants are the most effective methods of contraception beyond abstinence.

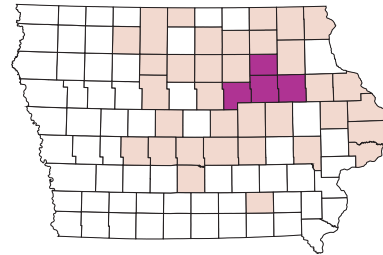
594

patients were under 100% of the Federal Poverty Line.

247 patients opted for one of these LARCs. (Long Acting Reversible Contraceptives)

AWH offers general gynecologic care.

CURRENT HHS SERVICE AREA



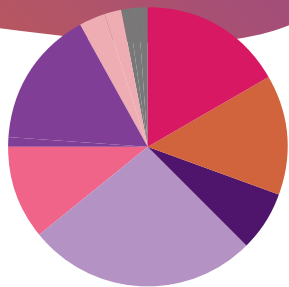
- Black Hawk
- Buchanan
- Bremer
- Grundy

HOWEVER we served individuals from **39 counties** in Iowa.

1,813 patients of all genders, races, ages and sexual orientation were served with

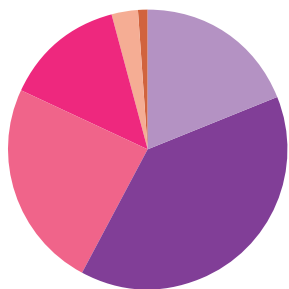
3,366 visits

AWH has condoms available at **NO COST** to all patients and visitors.



PATIENT CHOSEN CONTRACEPTIVE METHOD

- No Method: 17%
- Oral Contraceptive Pills: 14%
- Condom: 7%
- Injection: 27%
- Implant: 11%
- IUD: 16%
- Female sterilization and partner's vasectomy: 5%
- Less than 1%: Contraceptive Ring, Withdrawal, Cycle Tracking/Natural Method, Contraceptive Patch



AGE OF PATIENTS

- 13-20: 19%
- 21-30: 39%
- 31-40: 24%
- 41-50: 14%
- 51-60: 3%
- Over 60: less than 1%

Due to multiple social and regulatory changes, there was a **116% increase** in Family Planning Applications in 2025.

PUBLIC HEALTH IMPACT

Chlamydia and gonorrhea are two of the leading causes of preventable infertility. Syphilis is the fastest growing sexually transmitted infection in the state, with an 88% positivity increase from 2020 to 2023. In 2025 AWH treat 91 cases of chlamydia and/or gonorrhea, and 306 syphilis tests were performed.

FAMILY PLANNING BENEFITS

- **Telehealth appointments** continued to increase patient satisfaction and improve patient follow up.
- **Confidential services** offered for patients of any age.
- **Peri- and post-menopausal care** provided.
- All AWH patients receive **mental health screening** and **basic medication management** as appropriate.
- **Funding** offered for family planning services for uninsured patients.
- **ROUTINELY** screen for Gonorrhea, Chlamydia, and Syphilis with yearly exam visit.

AWH serves patients of many different backgrounds and uses interpreters whenever necessary. In 2025, we used interpretation services for 10 different languages. Four of the most frequent spoken languages other than English were Spanish, Burmese, French, and Haitian Creole

