

St. Luke's Hospital

Department / Unit	Description of Job Shadow Opportunity	Observational Hours Available
Administration	A hospital administrators main role is to plan and oversee the health services that the hospital provides	At the discretion of the administrator being shadowed
Birth Care Center	Not Available	Not Available
Behavioral Health Geriatric Unit	Our Older Adult Unit provides specialized care for geriatric patients, many of whom have dementia and exhibit behavioral challenges, often transferring from other facilities for advanced behavioral management. The unit also serves as overflow for the Adult Unit, accommodating a diverse range of patients aged 18 to 100. Strong teamwork is essential, with staff conducting assessments, managing crises, providing care, and performing mental health evaluations, while maintaining a 1:4-5 staff-to-patient ratio for personalized care.	4 hour block, 1/day
Behavioral Health Adolscent Unit	We are a 17-bed unit that serves patients aged 5 to 18 and their families, addressing issues such as anxiety, depression, suicidal ideation, anger management, adjustment disorders, and substance abuse. Our care team includes psychiatrists, family therapists, nurses, recreation therapists, and social workers, with additional support from occupational therapy, dietary, and spiritual care to provide comprehensive services tailored to each patient's needs.	4 hour block, 1/day
Behavioral Health Adult Unit	We are a 24-bed unit serving patients 18 and older with mental health and substance abuse diagnoses. Our multidisciplinary care team includes psychiatrists, psychologists, nurses, mental health workers, social workers, and other specialists who collaborate to provide comprehensive care, including occupational therapy, dietary, and spiritual services.	4 hour block, 1/day

Breast & Bone (Mammography)	Not Available	Not Available
Care Management	RN Care Coordinators are part of a collaborative multidisciplinary team on primary care units, evaluating and assessing patients' care needs while in the hospital and for discharge	4 hour block, 1/day
Dietitian	Clinical Nutrition focused job shadow designed to share what a registered, licensed dietitian does in a hospital	Negotiable
Dining Services		
Emergency Department - Emergency Medicine Physician	College student with expressed interest in medical field	4 hour block, 1/day, 1/individual
Emergency Department - Nursing	Pre-hire RN's as determined post interview. Other opportunities for high school/college student with interest in nursing field.	4 hour block, 1/day
Emergency Department - Physician Assistant / Nurse Practitioner	Applicant must be in an undergraduate program with a strong interest in applying to PA/NP School	4 hour block, 1/day, 1/individual
Endoscopy / Digestive Health	Endoscopy refers to the process of examining the interior of the body, typically for medical purposes, using an instrument called an endoscope. This device allows healthcare professionals to view the inside of hollow organs or cavities within the body	Negotiable
Hospitalists		
Human Resources		
Imaging services	The imaging technologies include magnetic resonance imaging (MRI), computerized tomography (CT), nuclear medicine, ultrasound and x-ray.	2 hour block, 1/day
Laboratory	Observing the collection of clinical samples and conducting tests to analyze body fluids, tissues, and other substances for diagnostic purposes.	Negotiable
NICU (Neonatal Intensive Care Unit)	Not Available	Not Available

Nursing Unit (Surgical Specialty)	A surgical nurse monitors the patient's vital signs and overall assessment of our patients. Our patients usually have several drains in place and surgical incisions which must be monitored. We also use epidurals and PCA's for pain control. Our unit believes in early ambulation of surgical population. We also have the capacity to monitor our patient's heart rhythms. We care for cardiothoracic, vascular and abdominal surgical patients	
Nursing Unit (Orthopedic)		
Nursing Unit (Telemetry)	A Telemetry Nurse monitors patient's vital signs with an electrocardiogram or other life sign measuring device. They usually provide care to patients with gastrointestinal diseases, heart failure, diabetes, and other acute diagnoses.	
Nursing Unit (Oncology / Neurology)		
Nursing Unit (Pulmonary Specialty)		
Nursing Unit (Physical Medicine & Rehabilitation)		
Occupational Therapy - Hospital Therapies	Hospital inpatient OT/OTA observation	4 hour block, 1/day
Occupational Therapy- Pediatrics	Children's Therapy (Hiawatha/Cedar Rapids)	4 hour block, 1/day
Operating Rooms	Observe a surgery in progress and the many roles that participate to ensure high-quality patient care in this unique environment.	Negotiable
PACU	Observe care of patients recovering from surgery.	Negotiable
Palliative Care	Not Available	Not Available
Pathology	A scientist or medical doctor specializing in pathology, the field focused on diagnosing diseases through the examination of organs, tissues, and body fluids.	Negotiable
Pediatrics	Not Available	Not Available
Pharmacy	Observe the inpatient hospital pharmacy	4 hour block, 1/day
Physical Therapy - Hospital	Hospital inpatient PT/PTA observation	4 hour block, 1/day

Physical Therapy (PT) Outpatient Orthopedics	Outpatient ortho physcial therapy (can provide observation experience for PT or PTA) - Therapy Plus	4 hour block, 1/day
Physical Therapy- Pediatrics	Children's Therapy (Hiawatha)	4 hour block, 1/day
Physical Therapy- Pediatrics	Children's Therapy (Southwest CR)	4 hour block, 1/day
Physician Assistants		
Physicians - Emergency Medicine		
Respiratory Care	Observe respiratory care procedures performed on patients with respiratory conditions or diseases in medical and critical care settings.	Negotiable
Social Services	Social workers are integral members of the collaborative multidisciplinary team in both primary care units and the emergency department (ED). They provide relationship-based continuity of care for patients and their families.	4 hour block, 1/day
Speech Language Pathology (SLP) Adult	Hospital inpatient/outpatient SLP observation	4 hour block, 1/day
Speech Therapy - Pediatrics	Children's Therapy (Southwest CR)	4 hour block, 1/day
Speech Therapy - Pediatrics	Children's Therapy (Hiawatha)	4 hour block, 1/day
Sterile Processing	Observe the care of instruments and equipment needed to care for patients in surgery.	Negotiable
St. Luke's Foundation (Fundraising)	Observe fundraising / developmental planning for critical issues in the hospital	Negotiable
Surgicare	Observe care of patients being prepared for and recovering from surgery.	Negotiable

Jones Regional Medical Center

Department / Unit	Description of Job Shadow Opportunity	Observational Hours Available
Cardiopulmonary Rehab		4 hour block, 1/day
Anamosa Family Medicine		4 hour block, 1/day
Patient Access		4 hour block, 1/day
Outpatient Pharmacy		4 hour block, 1/day
Inpatient Pharmacy		4 hour block, 1/day
Surgery		4 hour block, 1/day
Infusion Center		4 hour block, 1/day
Outpatient Specialty Clinic		4 hour block, 1/day
Urgent Care		4 hour block, 1/day
Emergency Department		4 hour block, 1/day
Imaging		4 hour block, 1/day

Therapy		4 hour block, 1/day
Lab		4 hour block, 1/day
EMS		4 hour block, 1/day
Med/Surg		4 hour block, 1/day

AbbeHealth

Department / Unit	Description of Job Shadow Opportunity	Observational Hours Available
Adult Day Care Health Centers	Adult Day Care Health Centers serve a variety of people age 18 and older. Our social workers assist with care plans, funding, and problem solving every day community needs. Nurses monitor medications, work with community physicians, and complete health assessments. Patient Care Assistants do many of the same tasks as a CNA such as: safety awareness/fall prevention, bathing, activities, and meal assistance. Program and activity specialists and our habilitation staff engage our participants in programming, outings, special events, and individualized programming that helps them meet their goals. Our dining staff make sure we are following special diets and honor personal choice.	4 hour block, 1/day
Community Homes	Shadow staff in a home in the community home that is staffed up to 24 hours per day to provide skill building and oversight and supervision to individuals with serious and persistent mental illness. Observational hours: Up to 4 hours	4 hour block, 1/day
Day Habilitation	Shadow a staff member leading skill teaching in a group format to individuals with serious and persistent mental illness. Services are provided both at the Day Habilitation location as well as community locations.	4 hour block, 1/day
Integrated Health Home (IHH)	BA/BS level students observe our multi-disciplinary team make referrals, provide case management/care coordination and health promotion services	4 hour block, 1/day

Program for Assertive Community Treatment (PACT)	Shadow a multidisciplinary team of professionals providing a variety of services to individuals who experience psychosis. Staff include case managers, peer support specialist, substance abuse specialist, vocational specialist, therapist, nurses, and prescribers. Services are provided in client homes or community locations.	4 hour block, 1/day
Abbe Mental Health Crisis Services	Shadow crisis intervention specialist (CIS) or social worker that is staff 24 hours per day at Mental Health Access Centers of Linn County Mental Health Access Center in Cedar Rapids and GuideLink in Iowa City. Our goal is to work with the individuals who are experiencing a mental well being crisis that is defined by the individual. This encompasses someone who may have a primary mental health diagnosis or may be someone with their first occurrence of mental health needs. We provide skill building on managing symptoms and crisis situations by learning skills as well as understanding the community resources.	4 hour block, 1/day