



UnityPoint Health
Grinnell Regional
Medical Center Foundation

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GRMC IN FOCUS



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Friends,

As I write this note, it is early March and Grinnell is experiencing blizzard conditions. Although I am very ready for spring, it is clear winter is not yet letting go. The wind is blowing, snowflakes are swirling in the air and the ground is mostly covered in white. Regardless of the weather, though, the GRMC team is present and committed to caring for our patients.

Inside this issue of *GRMC in Focus*, you will find some exciting news about the *Delivering Our Future* capital campaign to expand and renovate our obstetrics (OB) unit. Community support of this critically needed project is making a real difference for the growing families we serve. And the need becomes more pressing every day.

With the closure of MercyOne Newton's obstetrics (OB) unit last fall, we are already seeing an increase in families from Jasper County choosing to deliver their babies at GRMC. In January, our OB team delivered 33 babies, more than double the number of babies born in January 2024. February continues the upward trend, as our team delivered 30 babies compared to 20 babies in February 2024. What an exciting sign of growth for our OB unit!

We are very grateful for the support we've received to date, but we are not done fundraising yet. If you are interested in supporting this critical and timely project, reach out to me at (641) 236-2079 or Donna.Fischer@unitypoint.org for more information. Together, we can ensure our OB unit will have enough rooms to care for up to 100 more new parents and their babies. **Believe what you do makes a difference, because it does.**

Wishing you a spring filled with blue skies, colorful flowers, and good health.



Donna Fischer

Donna Fischer
Director of Development



For more information or to opt-out of future newsletters, call (641) 236-2079 or email donna.fischer@unitypoint.org.

ONE HUNDRED PERCENT of every dollar donated to the GRMC Foundation stays local to benefit the healthcare programs and needs in the GRMC service area. For more information and to make a gift, visit www.unitypoint.org/grinnell/foundation.

PHILANTHROPIC IMPACT

DELIVERING OUR FUTURE UPDATE

Thanks to your support, we are excited to share that GRMC is ready to begin the expansion and renovation of our obstetrics unit! A bid has been accepted, a contractor has been selected, and work is expected to begin in the second quarter of 2025. This will be a multi-phased project so the unit can continue to deliver babies and care for patients throughout the construction process. The first phase is expected to be completed in 2025.

To date, we have nearly \$2.3 million available for this critical project. Of this total, more than \$864,000 has been donated by you, the members of our communities. Thank you for making this possible!



GRMC'S LEGACY PARTNERS

Choosing to make a planned gift to any organization means you want to make a significant impact today and in the future. This says something special about you. You look to the future and care about the long-term availability of important services to your community. This requires a true heart for giving.

If you have made a planned gift to GRMC or are considering one, contact Donna Fischer at (641) 236-2079 or Donna.Fischer@unitypoint.org. We want to celebrate you by welcoming you into our **Legacy Partners** so you can receive special recognition in our publications, exclusive communications, and invitations to special events.

GRMC Foundation thanks our Legacy Partners today for the successes we will share tomorrow.

GRMC FOUNDATION BOARD UPDATES

The GRMC Foundation Board of Directors announces a new Secretary/Treasurer and welcomes three new members to the Board in 2025.



Jeff Menary, CEO of Grinnell Mutual, has served on the Board since 2023 and is stepping into the office of Secretary/Treasurer effective January 1. "I am honored to have been asked to replace Dennis Day as the Secretary/Treasurer of the Grinnell Regional Medical Center Foundation's Board," states Jeff. "The work done by the foundation's Board benefits everyone in the greater Grinnell area."



Lauren Gant, PhD, CPE, of Grinnell, is the Senior Workplace Advisory Manager at HNI Corporation and adjunct assistant professor at the University of Iowa. "I am so honored and excited to join the GRMC Foundation Board," says Lauren. "Having reliable access to quality healthcare is key to making life in Grinnell feel comfortable, safe, and viable. I am looking forward to assisting with the mission of the GRMC Foundation."



Jacque Goodman, of Marshalltown, is the Vice President of Business and Community Solutions at Iowa Valley Community College District. "By joining the UnityPoint Health - Grinnell Regional Medical Center Foundation Board, I'm committing to more than just healthcare - I'm embracing the opportunity to help build stronger, healthier, rural communities," states Jacque. "Together, we can create a lasting impact that not only improves lives but empowers individuals to thrive."



Stacy Helm, of Montezuma, is the owner of English Valley Bed & Breakfast and Monte Motel. Her family also operates a farming business. "I am honored to join the GRMC Foundation Board of Directors," Stacy declares. "Ensuring access to quality healthcare for the residents of Poweshiek County and surrounding areas is essential, and I look forward to supporting this important mission."

We are grateful Lauren, Jacque, and Stacy are adding their expertise to that of our continuing Board members: Dawn Disney-Bruggeman (chair), Shane Hart, Laura Manatt, Mike McKeag, Jeff Menary (secretary/treasurer), and Shannon Reding (vice chair).

HOSPITAL NEWS

GRMC RECEIVES TOP 100 RURAL & COMMUNITY HOSPITAL AWARD



UnityPoint Health – Grinnell Regional Medical Center is proud to announce it has been named a 2025 Top 100 Rural & Community Hospital by The Chartis Center for Rural Health. This prestigious recognition highlights outstanding performance among rural hospitals nationwide.

"It's an honor to be recognized as a top rural hospital," said David-Paul Cavazos, GRMC President. "This recognition reflects our team's commitment to providing high-quality care and monitoring outcomes to meet the needs of our community. Rural health care is essential, ensuring that communities with limited access to services have the care they need close to home."

The Performance Leadership Awards are based on the Chartis Rural Hospital Performance INDEX – the most comprehensive and objective assessment of rural hospital performance. This data, trusted by rural hospitals and healthcare systems, evaluates key operational and financial areas that impact rural healthcare.

UNITYPOINT CLINIC AWARDS HIGHLIGHT GRINNELL CLINICS

UnityPoint Clinics has announced the top performers for Quality and Patient Experience, as well as five-star locations for 2024.

Grinnell's Top Performer:

- Internal Medicine Clinic

Five Stars in Quality:

- Grinnell Family Practice Clinic
- Internal Medicine Clinic
- Montezuma Family Medicine Clinic

"It's no surprise to me that three of our clinics received a five-star rating for quality and patient care," said **Vicky Suiter**, Director of Clinic Operations. "These awards reflect the commitment and passion of our team, who consistently strive to deliver exceptional healthcare and service to every patient from start to finish."

PUBLIC HEALTH STRIVES TO SAVE LIVES IN POWESHIEK COUNTY

Two important Public Health initiatives have begun and both have the potential to save lives in our communities.

Automated external defibrillators (AEDs) are being placed in outdoor locations around the county. Purchased with Public Health Emergency Preparedness Funds, the AEDs are protected in climate-controlled, safe boxes that are accessible by calling 9-1-1- to unlock the box. 9-1-1 will direct the caller to dial in a one-time code to unlock the box. By installing these devices in the community, a gap is secured providing individuals with 24/7 access to a life-saving device. Initial locations for the AEDs are Ahrens Park and Central Park in Grinnell, and Diamond Lake in Montezuma. Plans include adding 3 more around the county when funding is available.



Naloxone boxes and vending machines are also being placed in outdoor locations throughout Poweshiek County. Naloxone is a medicine that rapidly reverses an opioid overdose. It can quickly restore normal breathing to a person if their breathing has slowed or stopped because of an opioid overdose but has no effect on someone who does not have opioids in their system.

Naloxone boxes contain Naloxone and education in how to use the drug. The boxes will also provide sharps containers. There is no fee to access the boxes. They are located at the County Courthouse in Montezuma, the Iowa Valley Community College Campus in Grinnell, and the Brooklyn Library.



Naloxone vending machines are located at the Drake Library in Grinnell and on the Grinnell College campus. The vending machines (which do not require money to access the items inside) contain Naloxone and sharps containers as well as a variety of hygiene items and first aid kits to help with other harm reduction strategies.



"By making Naloxone easily accessible in public spaces, we reduce the barriers to timely intervention for those who may be experiencing an opioid overdose," states **Brooke Holder**, manager of Public Health. "This initiative empowers community members to act in emergency situations and fosters a compassionate and proactive approach to public health. Ultimately, Naloxone boxes are a simple yet powerful way to protect individuals, reduce stigma, and strengthen the safety and resilience of our communities."



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YOU MATTER
TO US AND TO
YOUR WORLD.



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