

2025 Donor Journal



UnityPoint Health
Grinnell Regional
Medical Center Foundation



mission

The purpose of UnityPoint Health® - Grinnell Regional Medical Center Foundation is to enhance philanthropic activities to ensure the UnityPoint Health - Grinnell Regional Medical Center (GRMC) mission of improving the health of the people and communities it serves.

vision

The UnityPoint Health - Grinnell Regional Medical Center Foundation will inform and educate donors and the local communities regarding the work of GRMC while providing encouragement and opportunities to support the medical center's mission.

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FOUNDATION STAFF



Donna Fischer
Director of Development



Jan Veach
Foundation Database
Coordinator

Best wishes to Jan on her retirement in 2025. Thanks for your 23 years of service to GRMC!



Welcome

DEAR FRIENDS,

You made an impactful difference at GRMC in 2025. **Thank you!**

And, because of you, GRMC is making a difference for thousands of people - including you and your loved ones. You help provide training for team members, purchase new equipment, and support programs and services. Every day in many ways, you make a difference here at GRMC so GRMC can make a difference in our communities.

Your gift is like a seed out of which amazing things grow. One example is the community support making the expansion and renovation of GRMC's obstetrics unit a reality. Another example is the Bike Helmets for Third Graders program which, in its 29th year, gave 445 helmets to third graders in 11 area schools. Just read on to see how your philanthropy impacted GRMC last year. We think you'll be amazed and proud.

You inspire everyone at GRMC with your thoughtfulness and generosity. Thank you for sharing our vision and supporting our mission. You have our heartfelt gratitude.



A handwritten signature in blue ink that reads "David-Paul Cavazos".

David-Paul Cavazos
Rural President
UnityPoint Health - Grinnell Regional
Medical Center



A handwritten signature in black ink that reads "Dawn Disney-Bruggeman".

Dawn Disney-Bruggeman
Board Chair
UnityPoint Health - Grinnell Regional
Medical Center Foundation



A handwritten signature in black ink that reads "Donna Fischer".

Donna Fischer
Director of Development
UnityPoint Health - Grinnell Regional
Medical Center Foundation



Believe what you do makes a difference because it does.

2025 Disbursement of Gifts

The GRMC Foundation is honored to help you make a meaningful impact on the programs and services GRMC provides. With your donation, you partner with GRMC in fulfilling our mission to improve the health of the people and communities we serve.

In 2025, donations to the GRMC Foundation provided more than \$1.27 million in philanthropic support to GRMC. Listed below are some of the many areas impacted by the generosity of you, our donors.

- Hospice
- Obstetrics (OB) Unit
- Operating Room
- Physical Therapy

**100% of your gift stays local
TO BENEFIT THE HEALTH
CARE PROGRAMS AND
NEEDS IN ALL THE
COMMUNITIES WE SERVE.**

A YEAR IN REVIEW

ADMISSIONS

Hospital
Inpatients
1,672

Outpatients
83,597

Intensive
Care Unit
158

SURGERIES

Inpatient **428** Outpatient **1,478**

VISITS

Emergency Department
8,297

Walk-In Clinic
4,998

OBGYN Clinic
4,614



EMPLOYEES
393

BABIES BORN
326

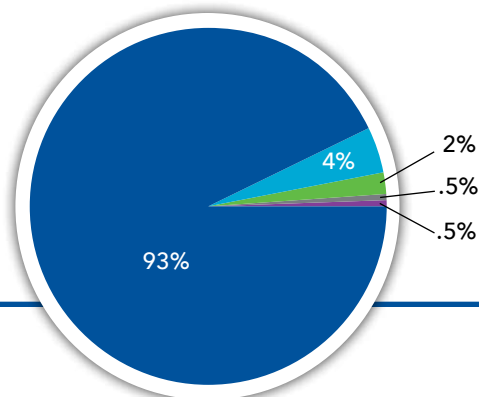


MEDICAL PROVIDERS
42

2025 DISBURSEMENTS OF GIFTS

■ Capital	-----	\$1,053,638.07
■ Employee Assistance & Education	-----	\$4,039.70
■ Equipment	-----	\$24,182.83
■ Patient Assistance	-----	\$4,401.05
■ Programs and Services	-----	\$46,897.51

Total: \$1,133,159.16



delivering

OUR FUTURE



Your support of the *Delivering Our Future* campaign is making the renovation and expansion of GRMC's obstetrics (OB) unit possible. Phase I of construction is completed, and Phase II began in March 2026. *The GRMC Foundation is very grateful for our donors who have partnered with us to make this improvement a reality.* (Pictured are the new entry to the OB unit, below, and the entrance to the new postpartum/recovery room, at right.)

In January 2026, the GRMC Foundation announced the successful completion of the *Delivering Our Future* campaign. Funding for the \$4.1 million project came from a variety of sources. More than \$934,000 was donated by individuals and businesses in communities served by GRMC. Those generous donors are listed here. Additionally, the hospital was awarded a \$600,000 Community Facilities Block Grant in December 2023, and a portion of four Centers of Excellence Grants for Maternal Health will be used for this project. The GRMC Foundation Board also designated more than \$600,000 to the project from the GRMC Endowment's spendable distribution for the past four years. To complete the campaign, GRMC received \$1 million in Community Project Funding, a federal appropriations grant award championed by Congresswoman Ashley Hinson.

The GRMC Foundation thanks the donors listed for their support of the *Delivering Our Future* campaign for the OB unit's expansion and renovation.



DONOR LIST

A

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To stay informed up-to-date on the progress of this project, visit uph.link/DeliveringOurFuture.

FOUR FORMER SURGEONS Donate building to GRMC

On June 30, 2025, GRMC acquired the building commonly known as the Surgical Associates building and adjacent parking lot from David Coster, MD, Russell Bandstra, MD, Aaron Smith, DO, and Mathew Severidt, DO, the former partners of Surgical Associates, LLP. The acquisition was accomplished thanks to the extraordinary generosity of these four surgeons who were willing to donate 52% of the property's value. (The remaining 48% was funded by the GRMC Foundation to pay off the existing mortgage on the property.)

The building at 122 4th Avenue, acquired in 2025.



"This is an important acquisition for GRMC. These properties are significant space on our campus, and it made sense for us to acquire the building," stated David-Paul Cavazos, GRMC's President. "I am very grateful to Drs. Coster, Bandstra, Smith, and Severidt for all they have done for GRMC, first as surgeons and now as donors willing to make a transformative contribution to the hospital."

"This donation solidifies their legacy at GRMC as committed, compassionate surgeons and healthcare leaders," shares Donna Fischer, Director of Development at GRMC Foundation. "It also demonstrates their continued dedication to the patients and communities they served during their distinguished careers at GRMC."



Dr. David Coster; Dr. Aaron Smith; David-Paul Cavazos, GRMC's President; and Dr. Mathew Severidt pose next to the plaque commemorating the surgeons' donation.

Surgical Associates, LLP, was a fixture in Grinnell from 1968 until 2021, when it was folded into UnityPoint Health - Grinnell. The former partners are very proud of their accomplishments and the reputation they created for GRMC's surgery department.

"The surgeons in Grinnell were - and are - wholly committed first and foremost to the success of the hospital on behalf of the community," states Dr. David Coster, senior managing member of Grinnell Building, LLP, and Surgical Associates, LLP. "Every decision we made over the years as a group was decided through the lens of 'How will this help the hospital and the people who live here?'"

Dr. Aaron Smith adds, "I was extremely lucky to work at Surgical Associates during the formative time in my life and career. I am eternally grateful for the opportunity and hope the community will be blessed by the donation."

To commemorate the amazing generosity of Drs. Coster, Bandstra, Smith and Severidt, GRMC Foundation hosted an open house and ribbon cutting on November 14, 2025. Three of the four partners were present for the ceremony honoring them for their inspiring generosity and legacy of service as surgeons at GRMC. Also present were members of the GRMC staff, GRMC and GRMC Foundation Boards of Directors, and individuals from the community.

A plaque commemorating the surgeons' donation and highlighting many of their accomplishments has been placed in the upper-level lobby of the building. The inscription on the plaque concludes with the following statement:

"The donation of this building and adjacent property is an act of extraordinary generosity, honoring the decades-long dedication of Drs. Coster, Bandstra, Smith and Severidt, and stands as a lasting and visible legacy of their service to GRMC, the region, and beyond for years to come."

The four surgeons were also honored individually with dedicated spaces in the building: the medical library for Dr. Coster, a surgical procedure room for Dr. Severidt, and the urology suite for Drs. Bandstra and Smith.



Dr. David Coster stands outside the Medical Library dedicated in his honor.



Dr. Aaron Smith poses outside the Urology Suite dedicated in his and Dr. Bandstra's honor.



Dr. Mathew Severidt stands outside the Surgical Procedure Room dedicated in his honor.

LOCAL BUSINESSES SUPPORT Emergency Department Upgrades



Jeff Menary, then-CEO of Grinnell Mutual, presents donation to Donna Fischer, GRMC Foundation's Director of Development.

The GRMC Foundation is grateful to **Grinnell Mutual Group Foundation** (GMG) and **Grinnell College** for their significant contributions to two planned upgrades to GRMC's Emergency Department (ED). Their donations, totaling **\$105,000** cover 65% of the projected expenses for these projects. In addition to their donations, the GRMC Foundation Board of Directors has designated \$16,000 from the Grinnell Regional Mental Health Endowment toward these projects.

Patient and team member safety is one of GRMC's highest priorities, and the hospital department at the greatest risk of possible harm incidents is the ED. GRMC's ED sees, on average, 275 to 320 patients per year for evaluation and treatment of a mental health problem, such as anxiety, depression, alcohol or substance abuse, violent behavior, aggression, homicidal, suicidal (attempt or ideation), and overdoses. Depending on the treatment plan and room availability in a transferring facility, the ED may be required to keep mental health patients from one

to five days, and occasionally even longer, meaning the ED will often care for multiple mental health patients at the same time. To add to that situation, some mental health patients require one-on-one observation due to elopement risk, suicidal risk, or aggression. In recent years, the ED has had several patients attempt to harm themselves with items they have found in the treatment rooms and team members are often at risk of injury or have been injured by aggressive patients.

To reduce the risk of harm in these situations, GRMC currently has one exam room designed as a safety room to treat patients at risk of harming themselves or others. However, based on patients' length of stay while waiting for a transfer, GRMC has determined that a second safety room is required in the ED. The most significant modification needed to create a second safety room is the installation of a coiling door barrier to allow quick closure of all monitors, cords, sharps, cabinets, etc. Additionally, the patient restroom in the ED requires upgrades to eliminate hazards present in the current design which create potential for self-harm. Those upgrades include a new anti-ligature door system and toilet among other modifications. Until those upgrades are completed, patients at risk of self-harm must either have someone in the bathroom with them or someone standing at the door to keep it slightly ajar for quick access if the patient attempts to harm themselves.

"The Grinnell Mutual Group Foundation is pleased to provide this grant to the UnityPoint Health - Grinnell Regional Medical Center Foundation for facility upgrades that will improve the safety and well-being of the most vulnerable patients and those who serve them," notes

Jeff Menary, recently retired CEO of Grinnell Mutual and past GMG Foundation Board Chair.

"Grinnell College is proud to be considered a trusted partner alongside our community's vital organizations and institutions," says **Anne F. Harris**, President of Grinnell College. "Quality, reliable healthcare is a cornerstone for a thriving community with strong quality of life and we are glad to be in the position to support these important improvements to the Emergency Department."



Anne Harris

GRMC deeply appreciates Grinnell Mutual's and Grinnell College's support of these vital projects, helping GRMC provide a safe and respectful environment for our ED patients and team members.



Emergency department (ED) staff pose in the current ED safety room with a coil door barrier. From left to right: Jake Dunham, PCT; Kim Sears, RN, emergency department manager; Brittany Meyer, RN; Dr. Collin Thatcher and Dr. Karli Smith, resident.

GLENN AND GINGER STERK Giving Rooted in Gratitude

When Glenn and Ginger Sterk, Grinnell residents and long-time GRMC supporters, started to make plans for their 2025 gift to the GRMC Foundation, there was a specific program they wanted to support - GRMC's Physical Therapy and Rehabilitation Department (Rehab) - and they had a very specific reason for selecting it.

Their gift in 2025 was rooted in their gratitude for Ginger's recent experience as a Rehab patient. She had a reaction to a medication which affected her muscles causing her to be sent to Rehab for evaluation at which time her therapist, Thomas Lair, DPT, OCS, referred her to a neurologist. What followed was several months of therapy, taking her from 20% ability to where she is today - without limitations! "The therapists were all so patient," Ginger remarks. "Thomas was particularly instrumental in my recovery, and he checked on me frequently - even when he saw me in church. I especially appreciated how the therapists pointed out my progress. They were very encouraging."

Thanks to the Sterks' generosity, the following pieces of physical therapy equipment were purchased as an expression of thanks for all the help and encouragement Ginger received as a patient.

- ❖ A high-low table with pregnancy cushion
- ❖ A vital sign monitor and stand
- ❖ An ultrasound/electrical stimulation machine
- ❖ Equipment for blood flow restriction therapy
- ❖ A spin disc for pediatric therapy



Pictured with Glenn and Ginger Sterk (center) are members of GRMC's Physical Therapy and Rehabilitation team.

In January 2026, Glenn and Ginger were invited to the Rehab department so the team could express their thanks and demonstrate the impact of this donation. The couple was deeply touched by the time the team spent with them explaining the uses of the equipment and by the team's genuine expressions of gratitude. "It's overwhelming to know we did something good today," states Glenn.

But Glenn and Ginger are people who have been doing good for many years. Some of those good things come out of tough times, such as the loss of their son, Dr. Kevin W. Sterk, in 2010. They often select projects they think Kevin would support, accomplishing many good works in his name through the Dr. Kevin W. Sterk Elementary Student Needs Fund at the Greater Poweshiek Community Foundation, begun with memorial gifts received at Kevin's passing. As Glenn often says, "You don't need to give a lot; small amounts make a difference." Those memorial gifts, combined with gifts received in the fifteen years since Kevin passed away, have impacted many young lives.

They especially feel called to help with needs not often heard about. For example, Glenn and Ginger make it possible for high school students who are in FFA to get jackets if they do not have the financial ability to purchase one. They also support Poweshiek County 4-Hers with a scholarship fund, donate to the Iowa State Fair Blue Ribbon Foundation, and support the United Methodist Church in Grinnell - where they were married 58 years ago.

Glenn was one of ten children in his family and the youngest of seven boys, which meant he wore a lot of hand-me-downs, so he remembered not always getting what he needed as a kid. When he grew up, he worked at DeKalb in Grinnell for 39 years and he also worked on the family farm outside Montezuma. Ginger grew up in Grinnell and was the oldest of five children in a family where her mom sewed all their clothes. As an adult, Ginger worked for ten years as a teacher's aide, and then another 29 years at Lincoln Savings Bank.

Now retired, they remember their humble beginnings and the legacy of their son's life and respond with a life of giving rooted in gratitude. But for Glenn and Ginger, the real joy is seeing other people happy with what they can share.



Thomas Lair, DPT, OCS, and Cory Spect, DPT, (center) discuss the benefits and uses of the new ultrasound/electrical stimulation machine.



Thomas Lair, DPT, OCS (right) demonstrates to Glenn and Ginger Sterk (left and center) how the blood flow restriction equipment is utilized.



THANK
YOU!

Philanthropic Impact

NEW EQUIPMENT FOR SURGERY DEPARTMENT

Thanks to your donations, the GRMC Foundation was able to help GRMC's Surgery Department and Pain Clinic purchase a new radiofrequency generator. This medical device is used in radiofrequency ablation, a minimally invasive procedure where heat generated by radiofrequency energy is used to destroy or ablate (disable) nerves causing chronic pain.

Pictured with the radiofrequency generator, left to right, are members of GRMC's surgery team: Amy Johannes, RN; Emily Renbarger, Surgical Technician; and Sam Manatt, RN.



BIKE HELMETS FOR THIRD GRADERS: YEAR 29

For the 29th year, your donations have made it possible to distribute free bike helmets to our region's third graders. In partnership with Imagine Grinnell and Iowa-Built Trailers, LLC, the PWA Fitness Center Team and volunteers handed out helmets to 445 students at 11 different area schools. *Thank you for supporting this program to help keep our children safe on wheels!*

Pictured, left to right, at a bike helmet distribution are Megan Jensen, Holly Pettlon, Craig Cooper, Dr. Laura Ferguson, and Kaylee McCain.

PHYSICAL THERAPY CERTIFICATIONS

Because of your support, three of our physical therapists received new training and certifications in 2025.

Thomas Lair, DPT, OCS, and **Cory Specht, DPT**, were newly certified in dry needling. Also known as trigger point dry needling and intramuscular stimulation, dry needling is typically part of a larger treatment plan. This technique can inactivate trigger points to relieve pain or improve range of motion. It can also help with the way nerves interact with muscles and can help speed up a patient's return to active rehab.

Maddie Major, DPT, received her final level of certification in pelvic floor physical therapy, making it possible for her to treat all patients, male and female, from pediatric through adult age groups. Pelvic floor physical therapy is a specialized non-invasive treatment targeting muscles in the pelvis to treat dysfunction like incontinence, pain, urinary urgency/frequency, and constipation.



Thomas Lair, , DPT, OCS



Cory Specht , DPT



Maddie Major , DPT

NEW GLUCOSE MONITORS

The GRMC Foundation is grateful for the continued support of the **Poweshiek County Alliance (PCA)** and the **Greater Poweshiek Community Foundation**. In 2025, a PCA grant helped GRMC purchase several new glucose monitors for use throughout the hospital and clinics. These new monitors will deliver accurate results more quickly and with a significantly reduced need for additional blood draws.

Thank you for helping GRMC improve our services to benefit our patients.



GRINNELL MOTORS SUPPORT GRMC WITH PINK TAG SALE

Thank you, **Grinnell Motors**, for selecting the GRMC Foundation as a beneficiary of your Pink Tag Sales Event in October 2025. Your support of oncology services at GRMC, your local healthcare provider, is inspiring.

Pictured at Grinnell Motors are Michael Machin, General Sales Manager; Donna Fischer, GRMC's Director of Development; and Ross Knobbe, owner of Grinnell Motors.

MONTEZUMA PIECEMAKERS QUILT GUILD DONATES QUILTS

The **Montezuma Piecemakers Quilt Guild** donated **17 handcrafted quilts** to GRMC in 2025. These one-of-a-kind quilts are distributed to chemotherapy and obstetric patients in need of a little extra comfort. *Pictured with one of the beautiful 17 quilts is Rae Schuman, a member of the guild.*



GRMC TEAM MEMBERS GIVE BACK

The GRMC Foundation is grateful to the **116 Grinnell team members** who participated in the 2026 Team Giving Campaign (TGC)! Together, they raised more than **\$30,000** in cash and pledges. Team members donated to the following funds: Delivering Our Future, Employee Crisis, Compassion, Area of Greatest Need, Bike Helmets for Third Graders, Emergency Department, Radiology, Surgery, and Hospice. Special thanks go to the GRMC Leadership team who achieved 100% participation in the campaign. *Thanks to all of you for connecting Your Passion with Our Purpose.*

GRMC RECEIVES TOP 100 RURAL & COMMUNITY HOSPITAL AWARD

UnityPoint Health - Grinnell Regional Medical Center was named a **Top 100 Rural & Community Hospital** by The Chartis Center for Rural Health. This prestigious recognition highlights outstanding performance among rural hospitals nationwide.



The Performance Leadership Awards are based on the Chartis Rural Hospital Performance INDEX - the most comprehensive and objective assessment of rural hospital performance. This data, trusted by rural hospitals and healthcare systems, evaluates key operational and financial areas that impact rural healthcare.

UNITYPOINT CLINIC AWARDS HIGHLIGHT GRINNELL CLINICS

UnityPoint Clinics announced the top performers for Quality and Patient Experience, as well as five-star locations for 2024.

Grinnell's Top Performer:
Internal Medicine Clinic

Five Stars in Quality:
Grinnell Family Practice Clinic
Internal Medicine Clinic
Montezuma Family Medicine Clinic

"It's no surprise to me that three of our clinics received a five-star rating for quality and patient care," said **Vicky Suiter**, Director of Clinic Operations. "These awards reflect the commitment and passion of our team, who consistently strive to deliver exceptional healthcare and service to every patient from start to finish."

GRMC'S NEW MAMMOGRAPHY MACHINE

In 2025, GRMC installed a Fuji Aspire Cristalle mammography machine that offers several significant upgrades over the previous model, providing advanced features that enhance patient comfort and improve diagnostic accuracy. The machine includes comfort paddles, which distribute compression more evenly, reducing discomfort during screenings. In addition, the machine shortens the time spent in compression and lowers radiation exposure, ensuring a safer and more pleasant experience for patients. It is expected to serve more than 2,000 patients annually while improving the hospital's screening capacity and helping to reduce appointment backlogs. Grinnell mammography technologists have received specialized training from Fuji application specialists to ensure the highest level of care.



(Pictured with the new mammography machine are (L-R) Regina Eiben, RT; Amber Hanson, RT; and Kathy McNulty, RT.)

PUBLIC HEALTH STRIVES TO SAVE LIVES IN POWESHIEK COUNTY

Two important Public Health initiatives began in 2025, and both have the potential to save lives in our communities.

Automated external defibrillators (AEDs) have been placed in outdoor locations around the county. Purchased with Public Health Emergency Preparedness Funds, the AEDs are protected in climate-controlled, safe boxes that are accessible by calling 9-1-1 to unlock the box. 9-1-1 will direct the caller to dial in a one-time code to unlock the box. By installing these devices in the community, a gap is secured providing individuals with 24/7 access to a life-saving device. Initial locations for the AEDs are Ahrens Park and Central Park in Grinnell, and Diamond Lake in Montezuma. Plans include adding 3 more around Poweshiek County when funding is available.

Naloxone boxes and vending machines have also been placed in outdoor locations throughout Poweshiek County. Naloxone is a medicine that rapidly reverses an opioid overdose. It can quickly restore normal breathing to a person if their breathing has slowed or stopped because of an opioid overdose but has no effect on someone who does not have opioids in their system.

Naloxone boxes contain Naloxone and education in how to use the drug. The boxes also provide sharps containers. There is no fee to access the boxes. They are located at the County Courthouse in Montezuma, the Iowa Valley Community College Campus in Grinnell, and the Brooklyn Library.

Naloxone vending machines are located at the Public Health building in Grinnell and on the Grinnell College campus. The vending machines (which do not require money to access the items inside) contain Naloxone and sharps containers as well as a variety of hygiene items and first aid kits to help with other harm reduction strategies.

“Placing Naloxone boxes in the community is a crucial step in saving lives and addressing the opioid crisis. By making it easily accessible in public spaces, we reduce the barriers to timely intervention for those who may be experiencing an overdose,” states **Brooke Holder**, manager of Public Health. “This initiative not only empowers community members to act in emergency situations but also fosters a compassionate and proactive approach to public health. Ultimately, Naloxone boxes are a simple yet powerful way to protect individuals, reduce stigma, and strengthen the safety and resilience of our communities.”



CENTER OF EXCELLENCE GRANT RENEWED

UnityPoint Health - Grinnell received a fifth round of grant funding in 2025 from the Iowa Department of Health and Human Services (previously Iowa Department of Public Health) as a Center of Excellence in Rural Maternal Health Care. We have been awarded \$215,500 to continue establishing Iowa's framework for access to high quality obstetric services for rural populations.

GRINNELL SERVICE AREA HEALTHCARE COLLABORATIVE

UnityPoint Health - Grinnell is honored to collaborate with The Mayflower Community, St. Francis Manor, Seeland Park & Hammond Center for Assisted Living, Windsor Manor in Grinnell, Brooklyn Community Estate, Montezuma Specialty Care, Premier Estates of Toledo and Sunny Hill Care Center. Together, we are committed to improving patient outcomes and ensuring seamless transitions of care across various settings.

This collaboration reflects GRMC's dedication to continuous quality improvement and effective communication within our healthcare network across our rural communities. This multidisciplinary effort focuses on high-risk areas, ensuring the best care possible and promoting a future where health care is seamless for the communities we serve.



IOWA PUBLIC RADIO VISITS GRMC

Iowa Public Radio came to GRMC seeking information about healthcare challenges facing rural hospitals and clinics. David-Paul Cavazos, GRMC's rural president, was interviewed and spoke about rural healthcare gaps and how GRMC is meeting those challenges. Additionally, Cherish Hansen, obstetrics (OB) unit manager, gave the interviewer a tour of the construction begun to expand our obstetrics unit.

NEW ADVISORY COUNCIL ESTABLISHED AT GRMC

GRMC launched its Patient and Family Advisory Council (PFAC) in 2025. GRMC's PFAC is the pilot program for the entire UnityPoint Health system. PFACs are designed to elevate the voices of patients, families, and caregivers as essential partners in care. They help hospitals to improve patient safety and care delivery, boost patient experience and outcomes, align with accrediting standards, and increase employee engagement. We are grateful to the team members and individuals from the community who have committed to participating on our Patient and Family Advisory Council.



SURGERY TEAM EARNS TWO AWARDS

GRMC has been recognized by the American College of Surgeons National Surgical Quality Improvement Program for achieving outstanding surgical outcomes in 2024. Only 76 hospitals nationwide earned this distinction, and GRMC was named to the "All Cases" Meritorious list for excellent results across all patient types. This recognition reflects our surgery team's commitment to using high-quality data to improve patient safety, reduce complications and deliver the best possible outcomes. Congratulations to the entire surgical team!

Congratulations, also, to GRMC's bariatric surgery team for, once more, being awarded the Comprehensive Center accreditation from MBSAIP (the accrediting agency for bariatrics). Additionally, Drs. Bilderback and Tayash were again verified by the agency. Elements of our program highlighted by the survey team included comprehensive patient education, bariatric support group, and overall team collaboration. Special recognition goes to Angie Chidester, bariatric coordinator; Natalie Cline, quality manager; Dr. Bilderback and Dr. Tayash for leading GRMC through this process

2025 AWARD RECIPIENTS

2025 Great Iowa Nurses



Kari Klein, RN
GRMC - Obstetrics



Robin Mann, RN
Montezuma Medical
Clinic



Michelle Moore, RN
GRMC - Obstetrics

CONGRATULATIONS, McKenzie Mellecker!



The ROSE
Award
Raising Our Standards of Excellence



The Friend of Nursing Award is given to a non-nursing team member who partners with nurses through collaboration, teaching, respect and support to achieve best outcomes for patients.



Nancy Hall - General Surgery & Weight Loss Surgery Clinic



Brooke Schmidt - Orthopedic Clinic

Congratulations 2025 DAISY Award Winner! Dawn Scanlon, RN



NEW PROVIDERS



Brenda Goodner, ARNP
Manatt Walk-In Clinic



Kyle Grover, MD
Grinnell Family Practice
Clinic



Lisa Vigue, MD, FACOG
Grinnell OBGYN Clinic



Alyssa Wunderlich, ARNP
Manatt Walk-In Clinic

UNITY IN THE COMMUNITY

The second Unity in the Community Fun Run/Walk was held on Saturday, October 4, 2025. Led by a group of UnityPoint Health - Grinnell employees, the event featured food, music and prizes as participants gathered in Grinnell's Central Park for the start of the 5K run/3K walk. The event brought attention to the importance of movement and having fun for a healthy lifestyle.

GRMC thanks the local sponsors, listed here, who made this event possible with their generous support.

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Sharon Burke, Supervisor of Physical Therapy and Unity in the Community Committee Chair, and Holly Pettlon, Supervisor of Wellness Center, pose with a check representing a donation of \$2,291.60 for the Bike Helmets for Third Graders Fund. The Unity in the Community Committee selected the Bike Helmet program to receive a portion of the net revenue from the 2025 Fun Run/Walk event.

WAYS TO SUPPORT THE GRMC FOUNDATION

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- Charitable remainder annuity trusts
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All donations to the GRMC Foundation may be designated to a specific service, department or program at GRMC or may be designated for the hospital's general use. The GRMC Foundation also welcomes gifts to the **GRMC Endowment Fund**, which is an investment for the future of the hospital. *One hundred percent* of every dollar donated to the GRMC Foundation *stays local* to benefit the health care programs and needs in the GRMC service area.



UnityPoint Health
Grinnell Regional
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2025 Honorarium and Memorial Gifts

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2025 Family of Donors

Each donor listed below is a critical partner to GRMC in the fulfillment of our mission to improve the health of the people and communities we serve. The GRMC Foundation is pleased to have this opportunity to publicly recognize each thoughtful and generous donor who chose to include GRMC in their charitable giving in 2025.

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IMPACTING FUTURE GENERATIONS THROUGH

Legacy Gifts



The GRMC Foundation Legacy Partners is a recognition program for donors, patients, team members and providers who have included the GRMC Foundation in their estate plan or other type of future gift in support of the mission of GRMC.

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Choosing to add a philanthropic component to your estate plan or any other type of future gift is a process that requires purposeful reflection of the impact you want your gift to have on the organization(s) you desire to support, among many other factors.

If you decide to include a gift to the GRMC Foundation in your will, trust or by beneficiary designation, please let us know. Notifying us is the best way to ensure we receive the gift you intend for us and that your wishes for the use of your gift are honored when we receive it in the future. Your gift can be designated to general funds or for any project or program at UnityPoint Health - Grinnell. Please seek the advice of your financial and/or legal advisor while planning a legacy gift.

Donors who make a planned gift to the Foundation become one of our Legacy Partners. As a member, you will:

- Make a personal investment in GRMC's future and support local, quality health care for generations to come.
- Be recognized in print and on our donor wall. Donors can remain anonymous, if preferred.
- Be invited to special Foundation events.
- Help advance healing, caring and teaching at GRMC.

If you desire to make a gift by will or trust to GRMC Foundation, we recommend that you use the following language:

"I give, devise and bequeath the sum of \$____ (or property herein described or percentage of the estate or residue) to Grinnell Regional Medical Center Foundation or its successor, an Iowa nonprofit corporation, to be used for _____."

You may also need the following information when including the Foundation in your plans:

LEGAL NAME: Grinnell Regional Medical Center Foundation

ADDRESS: 210 4TH Avenue, Grinnell, IA 50112

FEDERAL TAX ID NUMBER: 42-1454737

To request more information or let us know you have made a gift by will or other type of future gift, please email Donna.Fischer@unitypoint.org. Because the Foundation is a nonprofit organization your donation will qualify as a tax deduction to the fullest extent of the law. One hundred percent of your gift remains local to support the mission of GRMC.

Visit the GRMC Foundation's planned giving website, plannedgiving.unitypoint.org/Grinnell, to access resources to help with your gift planning. This includes valuable tools and information about gifts of stock, IRA Qualified Charitable Deductions, bequests and more.

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* Deceased

If your name has been misspelled, listed incorrectly or unintentionally omitted, we apologize. Please notify Donna Fischer of the error so our records can be corrected. Contact Donna Fischer at (641) 236-2079, Donna.Fischer@unitypoint.org, or by mail at 210 4th Avenue, Grinnell, Iowa 50112.





Donor Bill of Rights

Philanthropy is based on voluntary action for the common good. It is a tradition of giving and sharing that is primary to the quality of life. To assure philanthropy merits the respect and trust of the general public, and donors and prospective donors can have full confidence in the not-for-profit organizations and causes they are asked to support, we declare that all donors have these rights:

1. To be informed of the organization's mission, of the way the organization intends to use donated resources, and of its capacity to use donations effectively for intended purposes.
2. To be informed of the identity of those serving on the organization's governing board, and to expect the board to exercise prudent judgment in its stewardship responsibilities.
3. To have access to the organization's most recent financial statements.
4. To be assured that their gifts will be used for the purposes for which they were given.
5. To receive appropriate acknowledgment and recognition.
6. To be assured that information about their donations is handled with respect and with confidentiality to the extent provided by law.
7. To expect that all relationships with individuals representing organizations of interest to the donor will be professional in nature.
8. To be informed whether those seeking donations are volunteers, employees of the organization, or hired solicitors.
9. To have the opportunity for their names to be deleted from mailing lists that an organization may intend to share.
10. To feel free to ask questions when making a donation and to receive prompt, truthful, and forthright answers.

Developed by the American Association of Fundraising Counsel (AAFRC), Association for Healthcare Philanthropy (AHP), Council for Advancement and Support of Education (CASE), and Association of Financial Professionals (AFP)



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