



PHI Restrict Revoke

Request to Restrict/Limit Use and Disclosure of Protected Health Information (PHI)

Under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), you have a right to request restrictions on the use and disclosure of your protected health information (PHI) for (i) purposes of treatment, payment or health care operations, or (ii) to identified family members, friends, and others involved in your care or payment for care. Please complete this form to describe the restrictions or limitations you are requesting. Generally, we are not required to honor your request unless stipulated by law, or if PHI pertains solely to a health care item or service for which you have paid out-of-pocket in full prior to performance of the service. Otherwise, if we agree to honor it, we will comply with your request unless the information is needed to provide emergency care to you.

Please provide the following information:

Patient Name: _____

Patient Address: _____ City _____ State _____ Zip _____

Date of Birth: / /

City _____ State _____ Zip _____

I request the following protected health information (PHI) be restricted from disclosure:

I wish to limit or restrict release of my PHI to the following individuals or entities:

The purpose for limiting or restricting disclosure of my information is:

Understanding and Acknowledgement: I acknowledge that UnityPoint Health may refuse to honor my request to restrict / limit disclosure of my PHI unless required by law. I understand that I may revoke this request at a future date by signing the Revocation statement below:

Signature of Patient/Personal Representative

Relationship to Patient

Date of Request

**Return Completed form to: UPH_PrivacyOfficers@unitypoint.org or mail to
UnityPoint Health
Attn: Privacy Officer
1776 West Lakes Parkway; Suite 400
West Des Moines, IA 50266**

Many states operate their own Health Information Exchanges (HEI's). Patients must reach out to each exchange if they wish to submit a Request to Restrict information through those sites. Common HEI's utilized within the UnityPoint markets are listed below for patient reference:

- IA, NE: cynchealth.org/patients/#opt-in-out
- WI: wishin.org/patient-choice
- SD: sdhealthlink.org/opt-out-preferences

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